



2024 U.S. Contraceptive Eligibility Guidelines: What You Need to Know

Description

The U.S. Medical Eligibility Criteria for Contraceptive Use, 2024 provides recommendations for safe contraceptive use, removing barriers to access. It is based on global guidance from the World Health Organization and adapted for the United States. The guidelines aim to support health care providers in offering comprehensive contraceptive services in a noncoercive manner, respecting individual values and autonomy. This report includes new and revised recommendations, including guidance for persons with chronic kidney disease and additional contraceptive methods. It emphasizes equitable access to contraception for all individuals. The document also addresses the importance of patient-centered contraceptive counseling to help individuals make informed decisions about their reproductive health. For more information, visit the CDC website.

Vocabulary List:

1. **Eligibility** /ˌɛlɪdʒɪˈbɪlɪti/ (noun): The state of being qualified or entitled to something.
2. **Contraceptive** /ˌkɒntrəˈseptɪv/ (adjective): Relating to methods or devices that prevent pregnancy.
3. **Recommendations** /ˌrekəmenˈdeɪʃənz/ (noun): Suggestions or advice regarding a course of action.
4. **Equitable** /ˈɛkwɪtəbl/ (adjective): Fair and impartial in treatment or access.
5. **Counseling** /ˈkaʊnsəlɪŋ/ (noun): Professional guidance in resolving personal conflicts and emotional issues.
6. **Autonomy** /ɔːˈtɒnəmi/ (noun): The right or condition of self-government or independence.

Comprehension Questions

Multiple Choice

1. What is the purpose of the U.S. Medical Eligibility Criteria for Contraceptive Use 2024?
Option: To provide recommendations for safe contraceptive use and remove barriers to access
Option: To promote a specific contraceptive brand
Option: To restrict access to contraceptives
Option: To discourage individuals from using contraceptives
2. Who provided global guidance that the U.S. Medical Eligibility Criteria for Contraceptive Use 2024 is



based on?

- Option: The World Health Organization
- Option: The Centers for Disease Control and Prevention
- Option: The American Medical Association
- Option: The United Nations

3. What is the aim of the guidelines in the U.S. Medical Eligibility Criteria for Contraceptive Use 2024?

- Option: To support health care providers in offering comprehensive contraceptive services
- Option: To limit access to contraceptives
- Option: To impose coercive measures on individuals
- Option: To enforce specific contraceptive methods

4. What is emphasized in the document regarding access to contraception?

- Option: Equitable access for all individuals
- Option: Access based on income level
- Option: Access limited to specific demographics
- Option: Restricted access to contraceptives

5. What does the U.S. Medical Eligibility Criteria for Contraceptive Use 2024 provide guidance on for persons with chronic kidney disease?

- Option: Contraceptive methods
- Option: Healthy eating habits
- Option: Exercise routines
- Option: Stress management techniques

6. What aspect of patient care is highlighted in the document?

- Option: Patient-centered contraceptive counseling
- Option: Prescribing specific medications
- Option: Conducting surgery
- Option: Disregarding individual values

Answer

Multiple Choice: 1. To provide recommendations for safe contraceptive use and remove barriers to access
2. The World Health Organization 3. To support health care providers in offering comprehensive contraceptive services 4. Equitable access for all individuals 5. Contraceptive methods 6. Patient-centered contraceptive counseling

Vocabulary quizzes



Multiple Choice (Select the Correct answer for each question.)

1. What documents are provided by physicians for medication?
Option: Identification
Option: Prescriptions
Option: Certificates
Option: Receipts
2. What type of methods are used to prevent pregnancy?
Option: Contraceptive
Option: Antibiotics
Option: Painkillers
Option: Vitamins
3. What condition is characterized by a decline in cognitive function?
Option: Diabetes
Option: Hypertension
Option: Dementia
Option: Arthritis
4. Which term refers to the standard or degree of excellence?
Option: Weight
Option: Quantity
Option: Quality
Option: Speed
5. How is a disease passed from one person to another referred to as?
Option: Transition
Option: Transgression
Option: Transmission
Option: Transcription
6. What are the expenses associated with goods or services called?
Option: Profits
Option: Costs
Option: Savings
Option: Income
7. What is the ability to make decisions independently called?
Option: Leadership
Option: Dependency
Option: Autonomy



Option: Guidance

8. What is the act of satisfying desires or impulses?

Option: Control

Option: Restraint

Option: Temperance

Option: Indulgence

9. What term is used to describe a sudden large increase or rise?

Option: Decline

Option: Stagnation

Option: Plummet

Option: Surge

10. What is the action or state of keeping careful watch for possible danger called?

Option: Negligence

Option: Vigilance

Option: Carelessness

Option: Indifference

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. Overcoming _____ is a part of personal growth.

12. Consuming too much _____ food can be detrimental to health.

13. Foods that are _____ tend to have high energy content.

14. To apply for the scholarship students must meet certain _____ criteria.

15. Recognizing your _____ is essential for personal development.

16. It is important to ensure that meals are balanced and _____ adequate.

17. Justice should be _____ and fair for all individuals.

18. The doctor _____ that the patient follow a specific diet plan.

19. Enjoying treats in _____ is key to a balanced diet.

20. The list of _____ used in the recipe should be checked for allergens.



Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The new regulations impacted the industry .
22. The website is designed to be easily on various devices.
23. The latest fashion is minimalist clothing.
24. Individuals may seek to manage stress and anxiety.
25. Preventing mosquito bites can help reduce the risk of contracting .
26. Highly foods often contain added sugars and preservatives.
27. Engaging in puzzles can help maintain abilities.
28. With age there may be a in muscle mass if not actively maintained.
29. is considered a significant global environmental concern.
30. Regular handwashing can help prevent the spread of germs and .

Answer

Multiple Choice: 1. Prescriptions 2. Contraceptive 3. Dementia 4. Quality 5. Transmission 6. Costs 7. Autonomy 8. Indulgence 9. Surge 10. Vigilance

Gap-Fill: 11. Difficulties 12. Processed 13. Calorie-dense 14. Eligibility 15. Limitations 16. Nutritionally 17. Equitable 18. Recommended 19. Moderation 20. Ingredients

Matching sentence: 1. Significantly 2. Accessible 3. Trend 4. Counseling 5. Dengue 6. Processed 7. Cognitive 8. Decline 9. Climate Change 10. Infection

CATEGORY

1. Health - LEVEL2

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