

7 million U.S. children diagnosed with ADHD, study reveals: Shots

Description

A new report from the Centers for Disease Control and Prevention reveals that attention-deficit/hyperactivity disorder (ADHD) is becoming a growing concern in the U.S. The report indicates that about 1 in 9 children aged 3 to 17 have been diagnosed with ADHD, with the number of diagnoses rising to 7.1 million in 2022, up from 6.1 million in 2016.

Lead author Melissa Danielson explains that the increase in diagnoses during the pandemic may be attributed to heightened stress, depression, and anxiety experienced by children. The awareness of ADHD has also led to more girls being diagnosed with the disorder, narrowing the gap with boys. Girls tend to manifest ADHD in a more inattentive way, while boys typically display hyperactive or impulsive symptoms.

While the study found an increase in ADHD diagnoses, only about half of the children diagnosed are receiving medication for treatment. Pediatric neurologist Dr. Max Wiznitzer emphasizes the importance of medication and therapy for managing ADHD symptoms.

The report also highlights that many children diagnosed with ADHD have other associated disorders such as behavioral problems, anxiety, and developmental delays. Left untreated, ADHD can increase the risk of serious health concerns in adulthood.

Parents seeking information on treatment and services for ADHD can turn to resources like CHADD (Children And Adults with ADHD), a nonprofit organization. Wiznitzer advises parents to start the conversation about ADHD treatment with their pediatrician.

Increasing awareness and diagnosis of ADHD are crucial in helping children manage the condition and prevent potential health risks in the future.

Vocabulary List:

1. **Diagnosed** // (verb): Identified with a particular disease or condition.
2. **Manifest** // (verb): To show or display a quality or feeling.
3. **Impulsive** // (adjective): Acting or doing things suddenly and without careful thought.
4. **Association** // (noun): A connection or relationship between things.
5. **Untreated** // (adjective): Not receiving medical attention or care.
6. **Crucial** // (adjective): Extremely important or necessary.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Which term describes adding something extra to complete or enhance?

- Option: Definitive
- Option: Promoted
- Option: Essential
- Option: Supplementing

2. Which term describes not leading to a definite result or conclusion?

- Option: Diagnosed
- Option: Manifest
- Option: Impulsive
- Option: Inconclusive

3. Which term means a connection or link between things?

- Option: Untreated
- Option: Crucial
- Option: Association
- Option: Differentiate

4. Which word describes something that is different in form or quality from others of the same kind?

- Option: Variant
- Option: Circulating
- Option: Mimic
- Option: Reliable

5. Which term is related to the study of genes and heredity?

- Option: Vigilant
- Option: Susceptibility
- Option: Genetic
- Option: Endogenous

6. Which term describes a mental state characterized by feelings of sadness?

- Option: Cumulative
- Option: Sequential
- Option: Integral
- Option: Depressive

7. What is the medical examination of a dead body to determine the cause of death?

- Option: Systematic
- Option: Supervised
- Option: Autopsy

Option: Coordinated

8. Which term relates to the study of diseases?

Option: Intuitive

Option: Abrasive

Option: Pathological

Option: Ambiguous

9. Which term describes something transmitted or carried by a vector such as an insect or animal?

Option: Indifferent

Option: Apocalyptic

Option: Vectored

Option: Interchangeable

10. Which term describes having a high reputation or honor?

Option: Unique

Option: Marginal

Option: Prestigious

Option: Typical

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. Taking vitamins is _____ for maintaining good health.

12. The doctor _____ the illness after running several tests.

13. After his hard work he was _____ to a managerial position.

14. It is important to _____ between the various species of birds.

15. Proper nutrition is _____ for children's growth and development.

16. Having a _____ source of information is important in decision-making.

17. Hormones are examples of _____ substances produced within the body.

18. Children have a higher _____ to certain diseases than adults.

19. The symptoms of the illness began to _____ after a few days.

20. The news about the event started _____ among the attendees.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. Some animals the features of other dangerous creatures for protection.
22. Having a family history of heart disease is considered a for developing heart problems.
23. Leaving a bacterial infection can lead to serious complications.
24. His decision to quit his job surprised everyone.
25. The loss of her pet left her in a state for weeks.
26. The doctors conducted a study to understand the progression of the disease.
27. Proper hydration is for athletes to perform at their best.
28. The new software update includes a of features for improved user experience.
29. The test results were requiring further analysis and tests.
30. The cause of death was determined through a detailed examination.

Answer

Multiple Choice: 1. Supplementing 2. Inconclusive 3. Association 4. Variant 5. Genetic 6. Depressive 7. Autopsy 8. Pathological 9. Vectored 10. Prestigious

Gap-Fill: 11. Essential 12. Diagnosed 13. Promoted 14. Differentiate 15. Crucial 16. Reliable 17. Endogenous 18. Susceptibility 19. Manifest 20. Circulating

Matching sentence: 1. Mimic 2. Genetic Risk Factor 3. Untreated 4. Impulsive 5. Depressive 6. Pathological 7. Crucial 8. Variant 9. Inconclusive 10. Autopsy

CATEGORY

1. Health - LEVEL6

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