



Alarming Increase in Teen Social Media Issues: Study

Description

A new study shows that young people are using social media in a troubling way more since COVID-19. Researchers surveyed nearly 280,000 kids aged 11, 13, and 15 in 44 countries.

The study found that 11% of young people used social media in a problematic way in 2022, up from 7% in 2018. This is a concern for the mental health of European youth.

The report suggests we need to encourage healthier online habits. It found that mostly 13-year-olds struggle with social media, especially girls. Many young people spend a lot of time online, mostly for connecting with friends.

The study also raised worries about teenagers spending too much time gaming. Boys especially are at risk, with many spending long hours gaming each day.

Experts suggest we need to teach young people how to use the internet wisely and that parents, teachers, and authorities must help.

Vocabulary List:

1. **Problematic** /ˌprɒbləˈmætɪk/ (adjective): Causing or constituting a problem.
2. **Surveyed** /səˈveɪd/ (verb): Conducted a study to gather information.
3. **Encourage** /ɪnˈkʌrɪdʒ/ (verb): To support or promote the development of something.
4. **Worries** /ˈwɜːrɪz/ (noun): Concerns or anxieties about something.
5. **Authorities** /əˈθɔːrɪtiz/ (noun): The organizations or people with official power.
6. **Healthier** /ˈheɪθiər/ (adjective): Conducive to good health; more beneficial for health.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Which process involves gradual development and change over time?

- Option: Evolved
- Option: Pectoral
- Option: Prey
- Option: Habitat



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2. Who is responsible for enforcing rules and regulations?
- Option: Encourage
 - Option: Authorities
 - Option: Worries
 - Option: Habitat
3. What should be monitored to ensure compliance?
- Option: Surveyed
 - Option: Encourage
 - Option: Content
 - Option: Worries
4. Who should ensure the safe and proper functioning of systems?
- Option: Regulator
 - Option: Responsible
 - Option: Regulation
 - Option: Astronaut
5. What determines the territory where regulations apply?
- Option: Restricts
 - Option: Violation
 - Option: Jurisdiction
 - Option: Concerns
6. What must be protected in the context of data collection?
- Option: Connection
 - Option: Livestreamed
 - Option: Privacy
 - Option: Clarify
7. Which state is desirable for ecosystems to thrive?
- Option: Monitor
 - Option: Healthier
 - Option: Regulator
 - Option: Concern
8. Which term describes situations presenting difficulties or issues?
- Option: Clarify
 - Option: Content
 - Option: Problematic
 - Option: Responsible



9. Who typically travels and works in space?

- Option: Regulation
- Option: Astronaut
- Option: Clarity
- Option: Satellite

10. What is crucial for communication between devices?

- Option: Privacy
- Option: Concern
- Option: Connection
- Option: Livestreamed

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. The area was thoroughly _____ to gather data for analysis.

12. Teachers should _____ students to ask questions and seek knowledge.

13. The new policy _____ employees from using social media during work hours.

14. The meeting addressed the major _____ of the community regarding the proposed construction project.

15. The presentation lacked _____ causing confusion among the audience.

16. The industry is overseen by a government _____ that sets standards for operation.

17. Repeated _____ of the safety protocols led to severe penalties for the company.

18. Parents often have _____ about their children's well-being especially when they are away from home.

19. Conservation efforts aim to protect the natural _____ of endangered species.

20. The research groups worked _____ to reach their findings without any collaboration.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)



21. Weightlifters often focus on strengthening their chest and shoulder .
22. The treasure was deep underground to hide it from looters.
23. The government agency acts as a for ensuring fair competition in the market.
24. It is essential to constantly the temperature of the sensitive equipment.
25. The concert was online for fans who could not attend in person.
26. The company introduced a new dress code to improve professionalism.
27. The welfare of animals in captivity is a major for animal rights activists.
28. The weather provides data on storms and atmospheric conditions.
29. The public library has a strict no-noise to ensure a quiet study environment.
30. The local investigated the case and made arrests in connection with the robbery.

Answer

Multiple Choice: 1. Evolved 2. Authorities 3. Content 4. Responsible 5. Jurisdiction 6. Privacy 7. Healthier 8. Problematic 9. Astronaut 10. Connection

Gap-Fill: 11. Surveyed 12. Encourage 13. Restricts 14. Concerns 15. Clarity 16. Regulation 17. Violations 18. Worries 19. Habitat 20. Independently

Matching sentence: 1. Pectoral 2. Buried 3. Regulator 4. Monitor 5. Livestreamed 6. Policy 7. Concern 8. Satellite 9. Policy 10. Authorities

CATEGORY

1. Sci/Tech - LEVEL1

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