



Bachelorette's Katie Thurston, 34, Opens Up About Stage 4 Breast Cancer

Description

Katie Thurston recently took to social media to share the distressing news that her breast cancer has advanced to stage four, with doctors confirming that the cancer has spread to her liver. In an Instagram post on Friday, the former "Bachelorette" star expressed, "Unfortunately, I found out today that my breast cancer has spread to the liver."

Despite the sobering diagnosis, which places her firmly in stage four, Thurston reassured her followers that the cancerous spots on her liver are "fairly small."

In light of this development, the 34-year-old has a new treatment plan in place, beginning chemotherapy on April 4. She acknowledged, "I know stage four can sound very scary, and it can be," but she remains "very optimistic" about her prognosis. She believes that being "triple positive" and having caught the liver spots early contributes to her hopeful outlook.

Earlier in the week, Thurston revealed she scheduled a liver biopsy after her doctors in New York ordered a PET scan, which raised suspicions about her liver. "Unfortunately, it detected some spots that were a little suspicious," she noted in her Instagram Stories.

Thurston first disclosed her stage three breast cancer diagnosis in February, shortly after celebrating Valentine's Day with her husband, Jeff Arcuri. Reflecting on her emotional journey, she stated, "I experienced a range of emotions: despair, anger, sadness, denial... and then strength."

The couple recently tied the knot in a heartfelt ceremony in their New York City backyard, attended only by their parents. Thurston shared, "We were hoping to plan a wedding under happier circumstances, but life has its own agenda."

Vocabulary List:

1. **Distressing** /dɪ'stɹɛsɪŋ/ (adjective): Causing anxiety sorrow or pain; upsetting.
2. **Diagnosis** /ˌdaɪəɡ'nəʊsɪs/ (noun): The identification of the nature of an illness or other problem.
3. **Prognosis** /prɒɡ'nəʊsɪs/ (noun): The likely course of a medical condition or disease.
4. **Chemotherapy** /ˌki:məʊ'therəpi/ (noun): The treatment of disease especially cancer by the use of chemical substances.
5. **Suspicion** /sə'spɪʃən/ (noun): A feeling or belief that someone has done something wrong or illegal.
6. **Strength** /streŋkθ/ (noun): The quality or state of being strong in particular the capacity to endure or resist.



Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Which word best describes the news of the accident?
Option: Sobering
Option: Distressing
Option: Suspicious
Option: Ceremony
2. What term is used when someone causes harm to themselves?
Option: Tragically
Option: Self-inflicted
Option: Hysterical
Option: Cremated
3. Which word is synonymous with infamous?
Option: Disclosed
Option: Notorious
Option: Esteemed
Option: Ultimate
4. What word would you use to describe something that goes beyond the normal limit?
Option: Excessive
Option: Allegations
Option: Tirade
Option: Appalled
5. What is the term for putting something at risk or in danger?
Option: Shocking
Option: Provoked
Option: Jeopardizing
Option: Mediators
6. Which word describes a situation that causes intense sadness or distress?
Option: Tragically
Option: Deceased
Option: Heartbreaking
Option: Tribute
7. What is the term for feeling deep sorrow especially due to a loss?



- Option: Tragically
- Option: Grieve
- Option: Notorious
- Option: Disclosed

8. What word refers to the capacity to have an effect on someone or something?

- Option: Influence
- Option: Hysterical
- Option: Provoked
- Option: Engaging

9. What does one do when they accept or recognize a fact?

- Option: Sobering
- Option: Acknowledge
- Option: Suspicious
- Option: Ceremony

10. What is the emotion one experiences upon witnessing something shocking?

- Option: Provoked
- Option: Appalled
- Option: Self-inflicted
- Option: Jeopardizing

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

- 11. The doctor gave a _____ that the patient would recover fully within a month.
- 12. The actor's _____ death left fans in shock and disbelief.
- 13. The company _____ its financial losses during the quarterly report.
- 14. After years of training she reached her _____ goal of climbing Mount Everest.
- 15. He chose to have his remains _____ after his passing.
- 16. The customer went on a _____ shouting at the poor cashier for no reason.
- 17. The news of the scandal was _____ to the entire community.
- 18. The couple sought the help of _____ to resolve their marital disputes.



19. The book had an _____ plot that kept readers interested until the very end.

20. She was _____ with laughter after watching the comedy show.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The wedding had a beautiful and traditional to celebrate the union.
22. Her behavior became increasingly as they delved deeper into the investigation.
23. The community came together in support after the struck the small town.
24. The politician finally the truth about the corruption scandal.
25. She was an professor known for her groundbreaking research.
26. His inflammatory remarks anger among the crowd.
27. She found solace in daily to calm her mind and spirit.
28. The conference featured renowned who shared their expertise on various topics.
29. The family was engulfed in deep after the sudden loss of their loved one.
30. They sent their heartfelt to the bereaved family during this difficult time.

Answer

Multiple Choice: 1. Distressing 2. Self-inflicted 3. Notorious 4. Excessive 5. Jeopardizing 6. Heartbreaking 7. Grieve 8. Influence 9. Acknowledge 10. Appalled

Gap-Fill: 11. prognosis 12. tragic 13. disclosed 14. ultimate 15. cremated 16. tirade 17. shocking 18. mediators 19. engaging 20. hysterical

Matching sentence: 1. ceremony 2. suspicious 3. tragedy 4. disclosed 5. esteemed 6. provoked 7. meditation 8. speakers 9. grief 10. condolences

CATEGORY

1. Entertainment - LEVEL4

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