



Bay Area, California experiences a surge in COVID cases during summer months

Description

Summer COVID Surge Hits California

As the summer heat rises, so do COVID cases in the Bay Area and across California. The latest data shows worrisome trends, with high levels of the virus detected in cities like San Jose and communities around the region.

Wastewater analysis in San Jose nearly set a new record for COVID levels this week, coming close to the peak seen during the Omicron surge earlier this year. Similar trends are being seen in other areas like Palo Alto, Sunnyvale, and Gilroy.

Statewide, the positivity rate for COVID tests has more than doubled since June, raising concerns about the current surge. However, health experts emphasize that the virus is not as deadly as before, thanks to the availability of vaccines and treatments.

While the overall risk has decreased for most people, those at high risk are urged to take precautions, including getting vaccinated and considering booster shots. Health professionals are closely monitoring the situation and advising the public to stay informed and protected.

Vocabulary List:

1. **Surge** /sɜːrdʒ/ (noun): A sudden increase or rise particularly in regard to levels or amounts.
2. **Positivity** /ˌpɒzɪˈtɪvɪti/ (noun): The quality or state of being positive; in medical terms the rate of test results that are positive for a disease.
3. **Precautions** /ˌpreɪˈkɔːʃənz/ (noun): Measures taken in advance to prevent something dangerous unpleasant or inconvenient from happening.
4. **Monitoring** /ˈmɒnɪtərɪŋ/ (verb): Observing and checking the progress or quality of something over a period of time.
5. **Worrisome** /ˈwɜːrɪsəm/ (adjective): Causing concern or anxiety.
6. **Availability** /əˌveɪləˈbɪləti/ (noun): The state of being able to be used or obtained.

Comprehension Questions



Multiple Choice

1. What is causing the rise in COVID cases in California according to the text?
 - Option: Winter season
 - Option: Summer heat
 - Option: Fall allergies
 - Option: Spring showers

2. Which city nearly set a new record for COVID levels in wastewater analysis?
 - Option: Palo Alto
 - Option: Gilroy
 - Option: Sunnyvale
 - Option: San Jose

3. What has more than doubled since June in terms of COVID tests statewide?
 - Option: Number of hospitals
 - Option: COVID fatalities
 - Option: Positivity rate
 - Option: Vaccination rate

4. What is emphasized by health experts regarding the current state of the virus?
 - Option: Increased lethality
 - Option: Decreased contagiousness
 - Option: Not as deadly as before
 - Option: Complete eradication

5. Who is urged to take precautions such as getting vaccinated and considering booster shots?
 - Option: Low-risk individuals
 - Option: General public
 - Option: Healthcare workers
 - Option: High-risk individuals

6. What are health professionals advising the public to do to stay protected?
 - Option: Stay indoors at all times
 - Option: Ignore vaccination offers
 - Option: Stay informed and protected
 - Option: Avoid wearing masks



Answer

Multiple Choice: 1. Summer heat 2. San Jose 3. Positivity rate 4. Not as deadly as before 5. High-risk individuals 6. Stay informed and protected

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Which disease is caused by a virus that affects the nervous system?

Option: Rabies

Option: Influenza

Option: Malaria

Option: Cholera

2. What preventive measure involves administering a vaccine to build immunity against a particular disease?

Option: Medication

Option: Surgery

Option: Vaccinating

Option: Physical therapy

3. What term is used to describe a sudden and significant increase?

Option: Decline

Option: Plateau

Option: Surge

Option: Stabilize

4. What are measures taken in advance to prevent harm or danger?

Option: Compliments

Option: Precautions

Option: Reactions

Option: Interventions

5. Someone who is averse to something strongly dislikes or has an opposition to it.

Option: Content

Option: Impartial

Option: Favorable

Option: Averse



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6. What is the process of providing or obtaining the food necessary for health and growth?
Option: Restoration
Option: Hydration
Option: Nutrition
Option: Purification
7. What verb means to judge or determine the significance worth or quality of something?
Option: Analyze
Option: Prescribe
Option: Evaluate
Option: Implement
8. What term describes something that continues to exist or endure over a prolonged period?
Option: Brief
Option: Transient
Option: Intermittent
Option: Persistent
9. Which term refers to extreme tiredness resulting from mental or physical exertion?
Option: Euphoria
Option: Vigilance
Option: Fatigue
Option: Elation
10. What is the body's response to injury or infection causing redness swelling and pain?
Option: Circulation
Option: Inflammation
Option: Detoxification
Option: Oxygenation

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. Radiation _____ can lead to health concerns if not properly managed.
12. The _____ of fresh water is essential for human survival.
13. Accurate _____ is crucial when venturing into unknown territories.
14. The economic _____ of the decision are far-reaching.
15. Balanced diet ensures adequate nutrient _____ for the body.



16. Nurses and doctors are dedicated _____ in healthcare facilities.
17. The results of the medical tests were _____ warranting further investigation.
18. The _____ of diabetes is increasing globally due to sedentary lifestyles.
19. The chef was known for creating dishes using _____ ingredients.
20. Regular health _____ is important for early detection of any issues.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The lion was to a large enclosure to ensure the safety of visitors.
22. Maintaining a sense of can greatly impact one's overall well-being.
23. The field of focuses on creating intelligent machines that can mimic human behavior.
24. Using technology individuals can immerse themselves in a computer-generated environment.
25. The participants had to navigate through a complex to reach the finish line.
26. It is essential to the performance of the new system before full implementation.
27. Improving one's can enhance navigation skills and memory retention.
28. Engaging in challenging puzzles can help maintain sharp abilities.
29. Fruits and vegetables are excellent sources of essential for the body.
30. His efforts to master the skill paid off when he won the competition.

Answer

Multiple Choice: 1. Rabies 2. Vaccinating 3. Surge 4. Precautions 5. Averse 6. Nutrition 7. Evaluate 8. Persistent 9. Fatigue 10. Inflammation

Gap-Fill: 11. exposures 12. availability 13. navigation 14. implications 15. consumption 16. caretakers 17. worrisome 18. prevalence 19. versatile 20. monitoring

Matching sentence: 1. confined 2. positivity 3. artificial intelligence 4. virtual reality 5. maze 6. evaluate 7. spatial memory 8. cognitive 9. nutrient 10. persistent



CATEGORY

1. Health - LEVEL2

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Author

aimeeyoung99

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