

## Billions of Microplastics Lurking in Your Tea Bag

#### **Description**

A new sports complex has opened in the town of Greendale, offering residents a wide range of exciting activities. The complex, called "Greendale Sports Hub," was officially opened last Saturday with a big ceremony that included speeches, music performances, and a tour of the facilities.

The new sports hub is located in the center of town, making it easy for everyone to reach. It has a modern design and features state-of-the-art facilities. There are two large swimming pools, one for casual swimming and another for professional training. People can also enjoy a spacious gym equipped with the latest exercise machines, and there are several courts for basketball, tennis, and volleyball.

For those who love running or walking, there is a long track that goes around the complex. This track is available for everyone, whether they are serious runners or just want to take a leisurely walk. Moreover, the hub offers classes in yoga, aerobics, and dance. These classes are taught by professional instructors, and both beginners and experienced participants are welcome.

The sports complex also includes a café where visitors can relax and enjoy healthy snacks and drinks. There is also a discussion area where sports events will be shown on a big screen. This makes it a great place for people to meet and talk.

The Mayor of Greendale, Jane Wilson, expressed her happiness at the opening ceremony. She said, "We believe this new sports hub will improve the health and well-being of our community. I hope everyone will have fun and stay active."

# **Vocabulary List:**

- 1. Complex /'kpm.pleks/ (noun): A different or difficult situation or an organized set of related things.
- 2. Facilities /fəˈsɪl.ɪ.tiz/ (noun): Buildings or equipment used for a particular activity.
- 3. Equipped /I'kwIpt/ (adjective): Having the necessary tools equipment or skills.
- 4. Leisurely /ˈlɛʒ.ər.li/ (adjective): Acting or done without haste; at a relaxed pace.
- 5. **Participants** /pɑːrˈtɪs.ɪ.pənts/ (noun): Individuals who take part in an activity or event.
- 6. Well-being /'wɛl,bi:.ɪŋ/ (noun): The state of being comfortable healthy or happy.

# **Comprehension Questions**



#### **Multiple Choice**

1. Where is the new sports complex, Greendale Sports Hub, located?

Option: East of town Option: West of town Option: Center of town Option: South of town

2. How many swimming pools are there in Greendale Sports Hub?

Option: One Option: Three Option: Two Option: Four

3. What classes are offered at the sports hub?

Option: Cooking and sewing

Option: Yoga, aerobics, and dance

Option: Science and math Option: Art and music

NEWS.COM 4. What facilities can visitors enjoy at the sports hub?

Option: Movie theater and shopping mall Option: Amusement park and bowling alley Option: Gym and various sports courts

Option: Library and art gallery

5. Who officially opened the Greendale Sports Hub?

Option: Mayor Jane Wilson Option: A famous actor Option: A renowned athlete

Option: An international musician

6. What is available at the café in the sports complex?

Option: Fast food and soda

Option: Healthy snacks and drinks Option: Alcoholic beverages only Option: No food or drink allowed



#### **True-False**

- 7. The new sports complex is located in the outskirts of Greendale.
- 8. The sports hub offers classes in cooking and sewing.
- 9. The Mayor of Greendale is named Jane Wilson.
- 10. Only serious runners are allowed on the track at the sports complex.
- 11. The sports complex has facilities for basketball and volleyball but not for tennis.
- 12. The discussion area in the sports complex shows sports events on a small screen.

#### **Gap-Fill**

| 13. The new sports hub is calledSports Hub.   |
|---|
| 14. There are large swimming pools at the sports hub.   |
| 15. The track around the complex is available for   |
| 16. The Mayor of Greendale expressed her happiness at the opening ceremony and hoped everyone would |
| have fun and stay   |
| 17. Visitors can relax and enjoy healthy snacks and drinks at the in the sports                     |
| complex.  |
| 18. The sports complex features state-of-the-art facilities and has a modern                        |

### **Answer**

Multiple Choice: 1. Center of town 2. Two 3. Yoga, aerobics, and dance 4. Gym and various sports courts 5. Mayor Jane Wilson 6. Healthy snacks and drinks

True-False: 7. False 8. False 9. True 10. False 11. False 12. False

Gap-Fill: 13. Greendale 14. two 15. everyone 16. active 17. café 18. design



# Vocabulary quizzes

#### Multiple Choice (Select the Correct answer for each question.)

1. Which natural disaster can significantly impact an ecosystem?

Option: Droughts Option: Earthquakes Option: Tornadoes Option: Floods

2. Who conducts scientific studies and experiments to make new discoveries?

**Option: Doctors** Option: Researchers Option: Engineers Option: Teachers

3. What is the instinctual drive to stay alive in challenging situations called? ESL-NEWS

Option: Relaxation Option: Excitement Option: Survival Option: Adaptation

4. Which substance acts as a chemical messenger in the body?

Option: Vitamin Option: Mineral Option: Hormone Option: Antibody

5. What is the obligation to take care of something or someone known as?

Option: Leisure Option: Freedom Option: Responsibility Option: Carelessness

6. Where are well-equipped places or services provided for a particular purpose?

Option: Streets Option: Homes Option: Parks Option: Facilities

7. What term is used to describe finding or learning something new?



| Option: Loss Option: Discovery Option: Forgetfulness Option: Mistake              |  |
|---|--|
| 8. What encourages an individual to take  | action or work towards a goal?                         |
| Option: Procrastination Option: Motivation Option: Rejection Option: Demotivation |  |
| 9. What is the bond or friendship between   | n individuals or animals called?                       |
| Option: Loneliness Option: Isolation Option: Companionship Option: Rivalry        |  |
| 10. What term describes a disease that s  | preads over a large geographic area?                   |
| Option: Epidemic Option: Outbreak Option: Pandemic Option: Endemic                | preads over a large geographic area?                   |
|   | correct word from the vocabulary list. )               |
| 11. Understanding the   | nature of the human brain requires extensive research. |
| 12. It is essential to take breaks to   | one's energy and focus.                                |
| 13. Always ensure that your sources of in   | nformation are credible and                            |
| 14. Success is often the result of consiste                                       | ent hard work and determined                           |
| 15. Not achieving your goals can leave yo   | ou feeling and demotivated.                            |
| 16. The team was well   | to handle any challenges that came their way.          |
| 17. After the long weekend the company  | had a significant of work to catch up or               |
| 18. Proper communication is   | in maintaining healthy relationships.                  |



| 19. The couple strolled through the park at a pace enjoying the sunshine.                     |  |  |
|---|--|--|
| 20. Regular exercise and a balanced diet are essential for overall health and                 |  |  |
| Matching Sentences ( Match each definition to the correct word from the vocabulary list. )    |  |  |
| 21. The immune system uses antibodies to protect the body from harmful invaders.              |  |  |
| 22. Scientists conduct controlled tests to study the effects of different variables.          |  |  |
| 23. Despite facing adversity the community showed remarkable strength and adaptability.       |  |  |
| 24. Individuals who volunteered for the research study were considered the participants.      |  |  |
| 25. The cozy blanket provided warmth and a sense of security during the cold night.           |  |  |
| 26. The pep talk from the coach inspired the team to give their best performance.             |  |  |
| 27. The interdependent relationships of plants animals and the environment form an ecosystem. |  |  |
| 28. The state-of-the-art gymnasium offers top-notch facilities for fitness enthusiasts.       |  |  |
| 29. Endocrine glands secrete hormones that regulate various bodily functions.                 |  |  |
| 30. Taking care of a pet comes with the responsibility of providing food shelter and love.    |  |  |

### **Answer**

**Multiple Choice:** 1. Droughts 2. Researchers 3. Survival 4. Hormone 5. Responsibility 6. Facilities 7. Discovery 8. Motivation 9. Companionship 10. Pandemic

**Gap-Fill:** 11. complex 12. renew 13. valid 14. efforts 15. frustrated 16. equipped 17. backlog 18. crucial 19. leisurely 20. well-being

**Matching sentence:** 1. Defenses 2. Experiments 3. Resilient 4. Participants 5. Comfort 6. Motivation 7. Ecosystem 8. Facilities 9. Hormones 10. Responsibility

#### **CATEGORY**

1. Health - LEVEL3

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