



Carolyn Hax: When do parents tell kids about grandma's ongoing affair?

Description

Dear Carolyn: My mother-in-law is cheating on her husband, my father-in-law. She has a boyfriend who she goes away with for a week every other month. My small kids, aged three and an infant at five months, often see their grandmother. When she's not around, they ask about her whereabouts. We tell them she's out of town. I want to be truthful with my children because I was lied to growing up and it hurt me when I found out, but I also want to protect them. I want them close to their grandparents, just as my husband desires. How and when should I tell them about their grandmother's affair?

Dear Nana's Out of Town: The simple answer is: don't. It's really not anyone else's business if two people have an open marriage. Mind your own affairs and let your mother-in-law and father-in-law deal with theirs.

When your kids ask about their grandmother, there are many truthful yet appropriate ways to respond. You can say, "Nana's got other plans today," "Nana's busy," or "Nana couldn't make it." If they question further as they grow older, explain the concept of privacy and boundaries to them.

A helpful thing to remember is that you should always be mindful of your behavior as your kids learn from what they see. Create a relationship atmosphere where honesty, respect, and privacy are highly valued.

Dear Carolyn, I split up from a bad marriage two years ago and I currently have no interest in dating at all. My children feel sorry for me being alone, but I really don't know if I should force myself to date again or just enjoy my own company for a while.

Dear Anonymous:

There is no need to rush into a relationship after escaping an abusive marriage. Instead of focusing on seeking a romantic bond, strive to build a community of friends. Participate in activities that you find rewarding and fulfilling. Relationships should never feel forced and should only be pursued when you are more than ready.

Throughout the journey of establishing new connections, make sure to observe how you feel around these people. True friends should make you feel respected and free to be yourself. Abuse can often rob you of self-trust, so take the needed time to regain it.

Remember, peace isn't just about staying alone but also about being with trustworthy friends.

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Vocabulary List:

1. **Affair** // (noun): A romantic or sexual relationship usually kept secret.
2. **Open marriage** // (noun): A marriage in which both partners agree to have extramarital affairs or relationships.
3. **Privacy** // (noun): The state or condition of being free from public attention.
4. **Boundaries** // (noun): Limits that define acceptable behavior or actions.
5. **Respect** // (noun): A feeling of deep admiration for someone or something elicited by their abilities, qualities, or achievements.
6. **Atmosphere** // (noun): The mood, tone, or feelings that exist in a place.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. How does a virus spread from one person to another?

Option: Through vaccination

Option: Through transmission

Option: Through isolation

Option: Through quarantine

2. What is the term used for isolating people who have been exposed to a contagious disease to prevent its spread?



- Option: Confinement
- Option: Vaccination
- Option: Quarantine
- Option: Medication

3. Which mental disorder is characterized by abnormal social behavior and failure to understand what is real?

- Option: Depression
- Option: Anxiety
- Option: Schizophrenia
- Option: Bipolar disorder

4. What does HPAI stand for in the context of bird diseases?

- Option: Highly Pathogenic Avian Influenza
- Option: Healthy Poultry and Avian Infections
- Option: High-Affinity Poultry Antiviral Infection
- Option: Hybrid Protein And Infection

5. What term is commonly used to describe a romantic or sexual relationship outside of marriage?

- Option: Marital bond
- Option: Conjunction
- Option: Affair
- Option: Connection

6. What is the envelope of gases surrounding the Earth or another planet?

- Option: Biosphere
- Option: Atmosphere
- Option: Ionosphere
- Option: Troposphere

7. Which medical professionals specialize in diagnosing and treating disorders of the nervous system?

- Option: Orthopedists
- Option: Cardiologists
- Option: Neurologists
- Option: Dermatologists

8. Which term describes someone who is susceptible to physical or emotional harm?

- Option: Protected
- Option: Powerful
- Option: Vulnerable
- Option: Resilient

9. How would you describe someone who is fully awake and attentive to what is happening around them?



- Option: Drowsy
- Option: Asleep
- Option: Alert
- Option: Unconscious

10. What term refers to limits or borders that define a person's space physical or emotional?

- Option: Barriers
- Option: Boundaries
- Option: Frontiers
- Option: Territories

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. Medical professionals may recommend _____ for individuals infected with contagious diseases.

12. It is natural for parents to have _____ for the safety and well-being of their children.

13. The strong _____ coming from the garbage bin indicated that it needed to be emptied.

14. Respecting someone's _____ means not intruding on their personal matters without permission.

15. In any relationship _____ for each other is crucial for maintaining harmony and understanding.

16. The storm caused extensive _____ to the crops leading to financial losses for the farmers.

17. Cats are known for their agility and the ability to make high _____ to reach elevated surfaces.

18. The neighbors were involved in a _____ over the property boundary causing tension



in the community.

19. The smell of burning rubber is extremely _____ and can cause headache and nausea.

20. The team captain was _____ victory after a hard-fought match against their rivals.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. A is a global outbreak of a disease that affects a large population across multiple countries or continents.
22. An is a marital arrangement where both partners agree to have extramarital relationships.
23. is a neuropsychological condition in which faces are perceived in a distorted manner.
24. A is a set of rules or instructions to help people carry out a task effectively and safely.
25. The car accident resulted in significant to the vehicle's front end.
26. Individuals with pre-existing health conditions are at of developing severe complications from certain illnesses.
27. The speaker captured the audience's with her engaging presentation on the topic.
28. is a mental disorder characterized by abnormalities in perception and expression of reality.
29. Skin are areas of damaged tissue resulting from injury or disease.
30. The security guard remained throughout the night to ensure the safety of the premises.

Answer

Multiple Choice: 1. Through transmission 2. Quarantine 3. Schizophrenia 4. Highly Pathogenic Avian Influenza 5. Affair 6. Atmosphere 7. Neurologists 8. Vulnerable 9. Alert 10. Boundaries

Gap-Fill: 11. isolation 12. concern 13. odor 14. privacy 15. respect 16. damage 17. jumps 18. dispute 19. unpleasant 20. claiming

Matching sentence: 1. Pandemic 2. Open marriage 3. Prosopometamorphopsia (PMO) 4. Guideline 5. Damage 6. Higher Risk 7. Attention 8. Schizophrenia 9. Lesions 10. Alert



CATEGORY

1. Health - LEVEL3

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