



CDC Clinical Guidelines for the United States in 2024: Using Doxycycline Postexposure Prophylaxis to Prevent Bacterial Sexually Transmitted Infections

Description

New CDC Guidelines Released on Using Doxycycline for STI Prevention

A multidisciplinary team of CDC physicians worked together to develop new guidelines on using doxycycline to prevent bacterial sexually transmitted infections (STIs) such as syphilis, chlamydia, and gonorrhea. By reviewing various studies published through June 2023, the team aimed to determine if taking doxycycline after sexual activity could reduce the risk of acquiring these infections. The evidence was carefully evaluated and recommendations were made using a systematic approach similar to established health guidelines.

In addition, experts, stakeholders, and community members discussed the benefits and potential harms of using doxycycline during a recent virtual consultation. Ethical considerations were also taken into account, with bioethics experts and community advocates providing valuable insights.

Peer reviewers from diverse backgrounds in infectious diseases and STI prevention were involved in the process of refining the guidelines, ensuring a comprehensive and unbiased approach. The final recommendations were developed with input from CDC staff and are now available for public comment before implementation.

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Vocabulary List:

1. **Multidisciplinary** // (adjective): Involving multiple distinct academic disciplines or professional specializations.
2. **Prevent** // (verb): To keep something from happening or arising.
3. **Infections** // (noun): The process of infecting or the state of being infected.
4. **Recommendations** // (noun): Suggestions or advice about the best course of action to be taken.
5. **Ethical** // (adjective): Related to principles of right and wrong behavior.
6. **Implementation** // (noun): The process of putting a decision or plan into effect.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Which condition is characterized by high levels of glucose in the blood?

- Option: Diabetes
- Option: Arthritis
- Option: Infections
- Option: Loneliness

2. What is the term for taking actions to stop something from happening?

- Option: Strain
- Option: Prevent
- Option: Exacerbated
- Option: Impact

3. What term is used to describe a widespread occurrence of a disease in a specific community at a particular time?

- Option: Well-being
- Option: Epidemic
- Option: Cycling
- Option: Secretions

4. What does it mean to make suffering deficiency or a problem less severe?

- Option: Surgeon General



- Option: Alleviate
- Option: Multidisciplinary
- Option: Debris

5. Which exercise type focuses on building muscle mass and strength?

- Option: Stationary
- Option: Swimming
- Option: Therapist
- Option: Strength training

6. Which term relates to principles of right and wrong behavior?

- Option: Impact
- Option: Ethical
- Option: Nonprofit
- Option: Recommendations

7. Which word describes having difficulty and making efforts to overcome it?

- Option: Diabetes
- Option: Struggling
- Option: Inflammatory
- Option: Caregiver

8. What term describes something that has been missed or not considered?

- Option: Prevent
- Option: Overlooked
- Option: Alleviate
- Option: Diabetes

9. What is the feeling of being sad and alone?

- Option: Multidisciplinary
- Option: Loneliness
- Option: Impact
- Option: Surgeon General

10. Which type of medication is used to treat fungal infections?

- Option: Antifungal
- Option: Exacerbated
- Option: Cycling
- Option: Arthritis

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. _____ from healthcare professionals can help individuals manage their condition



better.

12. The new policy had a significant _____ on the community.
13. Heavy lifting can put a lot of _____ on your back muscles.
14. After the storm the streets were covered in _____ from damaged buildings.
15. Social activities can help combat feelings of _____ in individuals.
16. Proper hand hygiene is crucial in preventing the spread of _____ in healthcare settings.
17. The lack of rain _____ the drought conditions in the region.
18. A _____ provides support and assistance to individuals who need help with daily activities.
19. The construction of a new road will have a significant _____ on local traffic.
20. Regular exercise is important for overall health and _____.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The organization operates as a nonprofit and focuses on charitable activities to support the community.
22. Mucus and other bodily fluids are examples of these that can transmit infections.
23. The treatment plan involved a approach including input from doctors therapists and nutritionists.
24. The is responsible for providing information on public health and wellness initiatives at a national level.
25. is a great low-impact exercise that can improve cardiovascular health and muscle strength.
26. Regular can help improve joint mobility and overall fitness levels.



27. is a condition that causes inflammation and stiffness in the joints leading to pain and reduced mobility.

28. Using a bike at home is a convenient way to get in some cardio exercise.

29. The physical guided the patient through exercises to help improve muscle strength and flexibility.

30. An response in the body can cause redness swelling and pain.

Answer

Multiple Choice: 1. Diabetes 2. Prevent 3. Epidemic 4. Alleviate 5. Strength training 6. Ethical 7. Struggling 8. Overlooked 9. Loneliness 10. Antifungal

Gap-Fill: 11. Recommendations 12. Impact 13. Strain 14. Debris 15. Loneliness 16. Infections 17. Exacerbated 18. Caregiver 19. Impact 20. Well-being

Matching sentence: 1. Nonprofit 2. Secretions 3. Multidisciplinary 4. Surgeon General 5. Swimming 6. Cycling 7. Arthritis 8. Stationary 9. Therapist 10. Inflammatory

CATEGORY

1. Health - LEVEL2

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