



# CDC Clinical Guidelines for the Use of Doxycycline for Preventing Bacterial Sexually Transmitted Infections after Exposure in the United States, 2024

## Description

New Guidelines Released for Preventing STIs

A team of experts at the Centers for Disease Control and Prevention (CDC) have developed new guidelines aimed at reducing the spread of bacterial sexually transmitted infections (STIs). The guidelines, which were created after a thorough review of existing research, focus on the use of doxycycline as a prophylactic measure after engaging in vaginal, anal, or oral sex. The team considered a range of factors, including potential benefits and harms, to inform their recommendations.

In addition to reviewing scientific literature, the team consulted with a variety of experts and community members to gather diverse perspectives on the issue. The guidelines were also subject to a thorough peer review process and public comments before being finalized. The team hopes that these guidelines will help individuals make informed decisions about their sexual health and reduce the risk of STIs in the population.

**Warning:** Trying to access array offset on false in `/home/u750883576/domains/esl-news.com/public_html/wp-content/plugins/gpt-post-quiz/includes/admin/forms/gpoq-post-pdf-questions.php` on line 76

**Warning:** Trying to access array offset on false in `/home/u750883576/domains/esl-news.com/public_html/wp-content/plugins/gpt-post-quiz/includes/admin/forms/gpoq-post-pdf-questions.php` on line 76

**Warning:** Trying to access array offset on false in `/home/u750883576/domains/esl-news.com/public_html/wp-content/plugins/gpt-post-quiz/includes/admin/forms/gpoq-post-pdf-questions.php` on line 76

**Warning:** Trying to access array offset on false in `/home/u750883576/domains/esl-news.com/public_html/wp-content/plugins/gpt-post-quiz/includes/admin/forms/gpoq-post-pdf-questions.php` on line 76

**Warning:** Trying to access array offset on false in `/home/u750883576/domains/esl-news.com/public_html/wp-content/plugins/gpt-post-quiz/includes/admin/forms/gpoq-post-pdf-questions.php` on line 76

**Warning:** Trying to access array offset on false in `/home/u750883576/domains/esl-news.com/public_html/wp-content/plugins/gpt-post-quiz/includes/admin/forms/gpoq-post-pdf-questions.php` on line 76



---

---

## Vocabulary List:

1. **Guidelines** // (noun): Official recommendations or advice on how to do something.
2. **Preventing** // (verb): Taking action to stop something from happening.
3. **Experts** // (noun): People with a high level of knowledge or skill in a particular area.
4. **Spread** // (noun/verb): The process of something moving in different directions.
5. **Bacterial** // (adjective): Related to or caused by bacteria.
6. **Prophylactic** // (adjective/noun): Intended to prevent disease or infection.

## Vocabulary quizzes

### Multiple Choice ( Select the Correct answer for each question. )

1. What is important to do in order to keep muscle mass?  
Option: Eat a balanced diet  
Option: Sleep less  
Option: Avoid exercise  
Option: Ignore hydration
2. Which term refers to the ability to sustain prolonged physical or mental effort?  
Option: Maintain  
Option: Muscle mass  
Option: Metabolism  
Option: Endurance
3. What type of infection is caused by bacteria?  
Option: Viral  
Option: Parasitic  
Option: Bacterial  
Option: Fungal
4. What type of measure is taken to prevent disease?  
Option: Curative  
Option: Prophylactic  
Option: Symptomatic  
Option: Chronic
5. Which term relates to the mental processes of perception memory and reasoning?



- Option: Alleviate
- Option: Complications
- Option: Cognitive
- Option: Immature

6. What type of disorders affect the nerves and brain?

- Option: Endurance
- Option: Alleviate
- Option: Neurological
- Option: Metabolism

7. Which compound is associated with the health benefits of pomegranates?

- Option: Bacterial
- Option: Urolithin
- Option: Aloe
- Option: UV

8. What term describes minor illnesses?

- Option: Infection
- Option: Ailments
- Option: Complications
- Option: Excessive

9. What term describes something not fully developed or grown?

- Option: Preventing
- Option: Immature
- Option: Spread
- Option: Guidelines

10. What is the result of excessive exposure to UV radiation?

- Option: Precautions
- Option: Alleviate
- Option: Sunburn
- Option: Crucial

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

11. Regular exercise helps to maintain \_\_\_\_\_.

12. It is crucial to drink enough water to prevent \_\_\_\_\_.



13. Exercise can boost your \_\_\_\_\_ helping you burn more calories.
14. Consult with \_\_\_\_\_ to get reliable health advice.
15. Washing hands regularly can help prevent the \_\_\_\_\_ of germs.
16. \_\_\_\_\_ consumption of sugary drinks can lead to health issues.
17. Ignoring early symptoms of an illness can lead to serious \_\_\_\_\_.
18. Applying sunscreen can protect your skin from \_\_\_\_\_ radiation.
19. Follow safety \_\_\_\_\_ to avoid accidents and injuries.
20. Painkillers can help \_\_\_\_\_ discomfort caused by headaches.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

21. Regular exercise and a healthy diet are essential for illness.
22. Using cold packs can help swelling after an injury.
23. Getting enough sleep is for overall health and well-being.
24. Antibiotics are used to treat bacterial .
25. Following safety can help reduce workplace accidents.
26. vera is known for its soothing properties and is commonly used for sunburns.
27. Regular exercise can increase your rate aiding in weight management.
28. Protect your skin from harmful rays by wearing sunscreen.
29. Strength training exercises can help maintain and increase .
30. Good hygiene practices can prevent the of infectious diseases.

## Answer

**Multiple Choice:** 1. Eat a balanced diet 2. Endurance 3. Bacterial 4. Prophylactic 5. Cognitive 6. Neurological 7. Urolithin



---

8. Ailments 9. Immature 10. Sunburn

**Gap-Fill:** 11. Muscle mass 12. Dehydration 13. Metabolism 14. Experts 15. Spread 16. Excessive  
17. Complications 18. UV 19. Guidelines 20. Alleviate

**Matching sentence:** 1. Preventing 2. Alleviate 3. Crucial 4. Infection 5. Guidelines 6. Aloe 7. Metabolism 8. UV  
9. Muscle mass 10. Spread

## CATEGORY

1. Health - LEVEL1

### Date Created

2024/06/06

### Author

aimeeyoung99

ESL-NEWS.COM