

Comparison between Samsung's new smart ring with biometric health monitoring and the Oura Ring

Description

Samsung has introduced a new line of AI-powered wearable technology designed to enhance everyday wellness experiences through intelligent health features, including menstrual cycle tracking and sleep behavior monitoring. The unveiling of Samsung's expanded range of wearable products took place at the Galaxy Unpacked event in Paris, where the new Galaxy Ring was introduced. This sleek and compact ring offers advanced health monitoring capabilities and seamless integration with Samsung's ecosystem.

Key features of the Samsung Galaxy Ring include advanced health monitoring, biofeedback and stress management, sleep tracking, fitness and activity tracking, and integration with the Samsung Health app. The Galaxy Ring is competitively priced at \$399.99, offering features such as water resistance up to 100 meters and a battery life of up to seven days.

Comparisons with the Oura Ring from Oura Health highlight differences in materials, price, and basic functionality. The Galaxy Ring caters to users looking for a multi-functional wearable device that provides comprehensive health metrics, while the Oura Ring focuses primarily on sleep tracking. Both devices offer unique features and are available for pre-order with general availability starting on July 24.

Vocabulary List:

- 1. Integrate /'In.ti.greit/ (verb): To combine one thing with another to form a whole.
- 2. Enhanced /In'hænst/ (adjective): Improved in quality value or extent.
- 3. **Capabilities** /,keɪ.pə'bɪl.ɪ.tiz/ (noun): The qualities or features that enable someone or something to perform a function.
- 4. **Monitoring** /'mpn.i.tər.iŋ/ (verb): The act of observing and checking the progress or quality of something over a period of time.
- 5. Comparisons /kəm'pɛr.ɪ.sənz/ (noun): The act of evaluating or comparing two or more items.
- 6. Functionality /ˌfʌŋk.ʃə'næl.ɪ.ti/ (noun): The quality of being suited to serve a purpose well; practicality.

Comprehension Questions



Multiple Choice

1. Where was the unveiling of Samsung's expanded range of wearable products held?

Option: Tokyo Option: Paris Option: New York Option: Dubai

2. What is a key feature of the Samsung Galaxy Ring?

Option: Waterproof up to 50 meters

Option: Battery life of 3 days

Option: Advanced health monitoring Option: Compatibility with iOS only

3. What is the price of the Samsung Galaxy Ring?

Option: \$299.99 Option: \$399.99 Option: \$499.99 Option: \$599.99

NEWS.COM 4. What is a unique feature of the Oura Ring mentioned in the text?

Option: Comprehensive health metrics Option: Water resistance up to 100 meters Option: Integration with Samsung Health app

Option: Focus on sleep tracking

5. When will the Samsung Galaxy Ring be available for general purchase?

Option: July 17 Option: July 24 Option: August 1 Option: August 15

6. What is the primary focus of the Samsung Galaxy Ring according to the text?

Option: Fitness and activity tracking Option: Comprehensive health metrics

Option: Biofeedback and stress management

Option: Sleep tracking



Answer

Multiple Choice: 1. Paris 2. Advanced health monitoring 3. \$399.99 4. Focus on sleep tracking 5. July 24 6. Comprehensive health metrics

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What is a vast system of stars that include the Earth and the Sun?

Option: A) Universe Option: B) Galaxy Option: C) Nebula

Option: D) Constellation

2. What term is used to describe extremely large black holes with masses millions to billions of times that ESL-NEWS of the Sun?

Option: A) Miniature Option: B) Supermassive Option: C) Moderate Option: D) Average

3. What is the process of adding more of a nutrient or substance to something?

Option: A) Depletion Option: B) Reduction Option: C) Enrichment Option: D) Deprivation

4. Which substance is typically hard shiny malleable fusible and ductile with good electrical and thermal conductivity?

Option: A) Metal Option: B) Plastic Option: C) Wood Option: D) Paper

5. What term refers to new methods or ideas to make something better or more efficient?



Option: A) Traditions Option: B) Innovations Option: C) Conventions Option: D) Rituals	
6. Which term describes the power or all Option: A) Restrictions Option: B) Impediments Option: C) Potentials Option: D) Capabilities	bility to do something?
7. What term describes the quality of be Option: A) Inefficiency Option: B) Dysfunctionality Option: C) Functionality Option: D) Ineffectiveness	eing suited to serve a purpose well?
8. What term is used to describe someth Option: A) Commonplace Option: B) Traditional Option: C) Groundbreaking Option: D) Conventional	hing innovative or pioneering?
	s smooth and continuous with no apparent gaps or interruptions?
10. What term refers to the act of super Option: A) Ignoring Option: B) Overlooking Option: C) Monitoring Option: D) Neglecting	rvising and checking continuously over time?
Gap-Fill (Fill in the blanks with the	e correct word from the vocabulary list.)
11. The explorers made a	that led to the finding of an ancient civilization.
12 The hikers were well	with all the necessary gear for their journey



13. The company achieved	success with its latest product launch.	
14. The software update the	ne performance of the application.	
15. There was much about	the outcome of the election.	
16. The fans waited in for the release of the new album.		
17. The new version of the phone comes with severa	al to its camera features.	
18. Physical fitness is at the	_ of a healthy lifestyle.	
19. The construction of the bridge required a large amount of		
20. The entrepreneur explored various	to expand her business globally.	
Matching Sentences (Match each definition to the correct word from the vocabulary list.)		
21. They conducted experiments to test their hypotheses and gather data for analysis.		
22. Efforts to protect the environment are essential for ensuring the future of our planet.		
23. The archaeological team unearthed ancient artifacts that shed light on early civilizations.		
24. The tailor offered personalized options to ensure each customer's satisfaction.		
25. The car manufacturer built a strong frame to serve as the foundation for the vehicle.		
26. The coded messages were difficult to decipher without the key.		
27. The air was filled with excitement as the audience waited for the performer to take the stage.		
28. Technology companies are constantly striving to introduce new inventions to stay ahead in the market.		
29. Analysts conducted side-by-side evaluations of the competing products to determine their strengths and weaknesses.		
30. The aim is to combine different systems seamlessly to create a unified solution.		



Answer

Multiple Choice: 1. B) Galaxy 2. B) Supermassive 3. C) Enrichment 4. A) Metal 5. B) Innovations 6. D)

Capabilities 7. C) Functionality 8. C) Groundbreaking 9. C) Seamless 10. C) Monitoring

Gap-Fill: 11. discovery 12. equipped 13. unprecedented 14. enhanced 15. speculation 16. anticipation

17. enhancements 18. core 19. metal 20. avenues

Matching sentence: 1. researchers 2. sustaining 3. discovery 4. customization 5. chassis 6. cryptic 7.

anticipation 8. innovations 9. comparisons 10. integrate

CATEGORY

1. Sci/Tech - LEVEL2

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