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## Concern Over Sister Learning Mum's Death Story Online

### Description

A 10-year-old's mother passed away when her sibling, Ren, was just a baby. The mother suffered from severe mental health issues, which led to her suicide when Ren was nearly one year old. Ren is aware that her mother died when she was a baby, but the specific circumstances remain unknown to her.

The tragic event occurred after the mother ceased taking her medication for over a month. She took Ren to a rooftop and threatened to jump with her. Fortunately, a negotiator convinced her to put Ren down, yet the mother tragically jumped and did not survive.

Ren, now 11, was adopted by her stepmother after her father remarried when Ren was three. She regards her stepmother as her mother and has no memories of her birth mother. With growing internet access, there's a concern that Ren might discover the truth online before her father can explain it. Her older sibling has urged their father to discuss the situation, but he is unsure how to proceed.

Experts suggest that the father inform Ren about her mother's suicide rather than her discovering it online, which could feel like a betrayal. If Ren appears ready for the conversation, it might begin with minimal details, allowing her questions to guide the discussion. The aim is to prepare her for this challenging truth gradually.

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### Vocabulary List:

1. **suffered** //ˈsʌfəd// (verb): had serious physical or mental pain for some time
2. **suicide** //ˈsuːɪsaɪd// (noun): killing oneself on purpose, causing own death
3. **circumstances** //ˈsɜːkəmstænsɪz// (noun): the facts and details around a past event
4. **negotiator** //nɪˈɡoʊʃieɪtər// (noun): someone who talks to others to reach agreement
5. **adopted** //əˈdɒptɪd// (verb): became legally part of another family
6. **betrayal** //bɪˈtreɪəl// (noun): when someone breaks another person's trust or loyalty

### Comprehension Questions

#### Multiple Choice

1. How old was Ren when her mother passed away?



- Option: 10 years old
- Option: 1 year old
- Option: 3 years old
- Option: Just a baby

2. What severe issue did Ren's mother suffer from?

- Option: Physical illness
- Option: Mental health issues
- Option: Substance abuse
- Option: Financial problems

3. How did Ren's mother die?

- Option: In a car accident
- Option: From suicide
- Option: Illness
- Option: Old age

4. What was Ren's age when she was adopted by her stepmother?

- Option: 1 year old
- Option: 10 years old
- Option: 3 years old
- Option: 11 years old

5. What concern do experts have regarding Ren discovering the truth?

- Option: She may forget her mother
- Option: Her stepmother may leave
- Option: She might find out online
- Option: Her father may become upset

6. What does Ren's older sibling urge their father to do?

- Option: Take Ren on a vacation
- Option: Talk to Ren about their mother
- Option: Move to another city
- Option: Forget about the past

### True-False

7. Ren was aware of her mother's death but not the specifics of how it happened.



8. Ren's mother survived after the negotiator convinced her.
9. Ren regards her stepmother as her mother.
10. Ren has vivid memories of her birth mother.
11. Experts recommend that Ren should discover the truth about her mother online.
12. Ren is 11 years old at the time of the discussion about her mother.

### Gap-Fill

13. Ren's mother suffered from severe mental health issues, which led to her \_\_\_\_\_  
when Ren was nearly one year old.
14. The tragic event occurred after the mother ceased taking her medication for over  
\_\_\_\_\_ month.
15. Ren is now \_\_\_\_\_ years old and was adopted by her stepmother.
16. Experts suggest that the father inform Ren about her mother's \_\_\_\_\_ rather than her  
discovering it online.
17. Her older sibling has urged their father to \_\_\_\_\_ the situation with Ren.
18. The aim is to prepare Ren for this challenging \_\_\_\_\_ gradually.

### Answer

**Multiple Choice:** 1. Just a baby 2. Mental health issues 3. From suicide 4. 3 years old 5. She might find out online 6. Talk to Ren about their mother

**True-False:** 7. True 8. False 9. True 10. False 11. False 12. True

**Gap-Fill:** 13. suicide 14. a 15. 11 17. discuss 18. truth

### Vocabulary quizzes



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**Multiple Choice ( Select the Correct answer for each question. )**

1. What is a common term for the act of intentionally causing one's own death?  
Option: Homicide  
Option: Suicide  
Option: Accident  
Option: Negligence
  
2. Which condition is associated with a decline in cognitive function and memory?  
Option: Dementia  
Option: Anxiety  
Option: Depression  
Option: Alzheimer's
  
3. What hormone is often referred to as the stress hormone?  
Option: Insulin  
Option: Cortisol  
Option: Adrenaline  
Option: Serotonin
  
4. What term is used to describe the scale of materials that are measured in nanometers?  
Option: Microscale  
Option: Macroscale  
Option: Nanoscale  
Option: Centimeter scale
  
5. What is the act of being disloyal or treacherous to someone called?  
Option: Trust  
Option: Betrayal  
Option: Loyalty  
Option: Commitment
  
6. What is the process called when a product or treatment is tested in a controlled environment?  
Option: Experiment  
Option: Trial  
Option: Report  
Option: Conclusion
  
7. What is the body's response to injury or infection characterized by redness and swelling called?  
Option: Inflammation  
Option: Infection  
Option: Allergy



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Option: Disorder

8. What type of speaker is specifically designed to reproduce low-frequency sounds?

Option: Tweeters

Option: Midrange speakers

Option: Subwoofers

Option: Woofers

9. What is the degree to which a person can be influenced by suggestion called?

Option: Dominance

Option: Suggestibility

Option: Persuasiveness

Option: Manipulation

10. What term describes the biological processes occurring within a living organism?

Option: Psychological

Option: Sociological

Option: Physiological

Option: Philosophical

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

11. Many people have suffered from mental health issues during their lives, leading to various outcomes like \_\_\_\_\_.

12. The study of how dementia affects \_\_\_\_\_ functions is important for developing better treatments.

13. The presence of certain physiological \_\_\_\_\_ can help in diagnosing diseases.

14. New drugs must undergo clinical \_\_\_\_\_ to ensure their effectiveness and safety.

15. Researchers aim to \_\_\_\_\_ the structure of natural materials using nanoscale technology.

16. The water source was declared unsafe due to being \_\_\_\_\_.

17. The new product was tested for its \_\_\_\_\_ properties against various bacteria.



18. High pressure can lead to the \_\_\_\_\_ of pipes if not monitored carefully.
19. Certain strains of bacteria have become \_\_\_\_\_ to common antibiotics, making treatment more challenging.
20. The news of unresolved murder cases can be quite \_\_\_\_\_.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

21. He proved to be a skilled negotiator during the peace talks between the two countries.
22. Dementia is a progressive condition that affects memory and other cognitive functions.
23. Cortisol levels can rise in response to stress, affecting overall health and well-being.
24. Inflammation can be a natural response to injury, but chronic inflammation can lead to health issues.
25. Clinical trials are necessary for testing the efficacy and safety of new medical treatments.
26. Scientists often study how to mimic natural processes in order to create innovative technologies.
27. The researchers were concerned that the soil had become contaminated with heavy metals.
28. The new surface material promises antimicrobial properties that could reduce the spread of germs.
29. Some bacteria have developed into forms that are resistant to multiple antibiotics, posing a significant challenge to healthcare.
30. The level of suggestibility varies greatly from person to person and can influence their susceptibility to persuasion.

**Answer**

**Multiple Choice:** 1. Suicide 2. Dementia 3. Cortisol 4. Nanoscale 5. Betrayal 6. Trial 7. Inflammation 8. Subwoofers 9. Suggestibility 10. Physiological

**Gap-Fill:** 11. suicide 12. cognitive 13. indicators 14. trials 15. mimic 16. contaminated 17. antimicrobial 18. rupturing 19. resistant 20. unsettling

**Matching sentence:** 1. negotiator 2. dementia 3. cortisol 4. inflammation 5. trial 6. mimic 7. contaminated 8. antimicrobial 9. resistant 10. suggestibility



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1. Health - LEVEL4

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