

Contraception Advisory for Men on Sodium Valproate

Description

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Men who are prescribed sodium valproate are advised to use contraception during treatment due to a possible heightened risk of autism and other neurodevelopmental issues in their offspring. This precaution, issued by the Medicines and Healthcare products Regulatory Agency (MHRA), applies until three months after discontinuing the medication. Sodium valproate, known under brand names like Epilim and Depakote, effectively manages conditions such as epilepsy and bipolar disorder.

The European Medicines Agency identified a concerning trend, where children born to fathers on sodium valproate showed a higher incidence of harm, although causality could not be definitively established. As a safety measure, the MHRA urges individuals to consult with healthcare providers before altering their treatment.

Families affected by the drug express frustration over delayed warnings and inadequate investigations into associated risks. Karen Buck's daughter, Bridget, born with Fetal Valproate Syndrome, illustrates the profound impact of such oversights. Despite recent restrictions on sodium valproate usage, a sizable number of individuals under 55 still rely on the drug, emphasizing the importance of informed medical decisions.

In light of these developments, the MHRA emphasizes the need for ongoing dialogue between patients and healthcare providers to ensure informed and personalized treatment plans.

Vocabulary List:

1. **Prescribed** /prɪ'skraɪbd/ (verb): Recommended or ordered a medicinal treatment.
2. **Contraception** /ˌkɒn.trə'sep.ʃən/ (noun): The deliberate use of techniques to prevent pregnancy.
3. **Neurodevelopmental** /ˌnjʊə.rəʊ.drɪ'vel.əp.mənt.əl/ (adjective): Relating to the development of the nervous system.
4. **Incidence** /'ɪn.sɪ.dəns/ (noun): The occurrence or frequency of a particular event.
5. **Causality** /kɔː'zæl.ɪ.ti/ (noun): The relationship between cause and effect.
6. **Oversights** /'oʊ.vər.saɪts/ (noun): Mistakes or failures to notice something.

Vocabulary quizzes



Multiple Choice (Select the Correct answer for each question.)

1. What is used to describe the rapidly increasing number of COVID-19 cases?
Option: Easing
Option: Fluctuating
Option: Soaring
Option: Stagnant
2. Which adverb emphasizes the need for immediate action?
Option: Casually
Option: Reluctantly
Option: Urgently
Option: Diligently
3. What term refers to the critical nature or seriousness of situation?
Option: Trivial
Option: Severity
Option: Mildness
Option: Insignificant
4. What word is used when medication is officially recommended by a doctor?
Option: Optional
Option: Customized
Option: Prescribed
Option: Suggested
5. What term relates to the growth and development of the brain and nervous system?
Option: Muscular
Option: Neurodevelopmental
Option: Respiratory
Option: Digestive
6. What is the term for the careful examination or inspection?
Option: Neglect
Option: Scrutiny
Option: Approval
Option: Superficiality
7. Which process involves providing guidance or support to someone in need?
Option: Judging
Option: Compromising
Option: Counselling



Option: Accusing

8. What term describes inappropriate behavior or wrongdoing?

Option: Pristine

Option: Misconduct

Option: Ethical

Option: Compliant

9. What is the term for a thorough examination and repair or renovation?

Option: Neglect

Option: Overhaul

Option: Patchwork

Option: Minimal

10. What term refers to the frequency of occurrence of something?

Option: Relevance

Option: Frequency

Option: Incidence

Option: Negligence

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. The company was struggling due to a huge _____ of orders that needed to be processed.

12. The new medicine aims to _____ pain and reduce inflammation.

13. The community was _____ by the natural disaster with homes destroyed and lives lost.

14. The stadium has a seating _____ of 50,000 spectators.

15. Lack of funding has been a major _____ to the project's progress.

16. The new software system improved the company's overall _____ and productivity.

17. Family planning includes methods of birth control and _____ to prevent unwanted pregnancies.

18. The errors were not intentional but were due to several _____ in the quality control



process.

19. Scientists are studying the relationship between smoking and lung cancer to determine if there is a direct _____.

20. Leaders must take _____ for their actions and decisions.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The play depicted a story of love and loss that moved the audience to tears.
22. The campaign aimed to raise about the importance of environmental conservation.
23. The project's failure was attributed to several in the planning phase.
24. The university is known for its groundbreaking in the field of robotics.
25. The evidence presented in court was proven to be leading to a mistrial.
26. The company prides itself on its commitment to honesty and in all its dealings.
27. The theater has a seating of 500 making it suitable for large productions.
28. The patient needs to be seen by a doctor due to the severity of the symptoms.
29. Effective time management includes tasks based on their importance and deadlines.
30. The of flu cases usually rises during the winter months.

Answer

Multiple Choice: 1. Soaring 2. Urgently 3. Severity 4. Prescribed 5. Neurodevelopmental 6. Scrutiny 7. Counselling 8. Misconduct 9. Overhaul 10. Incidence

Gap-Fill: 11. Backlog 12. Alleviate 13. Devastated 14. Capacity 15. Impediment 16. Efficiency 17. Contraception 18. Oversights 19. Causality 20. Accountability

Matching sentence: 1. Tragic 2. Awareness 3. Oversights 4. Research 5. Fabricated 6. Integrity 7. Capacity 8. Urgently 9. Prioritization 10. Incidence

CATEGORY

1. Health - LEVEL4



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