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# Cooking Oils Linked to Cancer: What You Need to Know

## Description

In a recent survey, scientists discovered that more than half of the world's great rivers are drying up. This study, published in a famous science journal, explains that big rivers like the Colorado in the United States and the Yangtze in China are losing water. This is very concerning because many people, animals, and plants depend on these rivers for survival.

The scientists found that human activity is one of the main reasons for this issue. There are many dams being built across the world, which block the natural flow of rivers. Also, a lot of water is taken out for farming and for use in our homes. Another big factor is climate change. As the Earth gets warmer, rainfall patterns change, and this can cause rivers to have less water.

This situation can lead to serious problems. Millions of people depend on these rivers for drinking water, fishing, and farming. If the rivers dry up, it could hurt the economy and people's way of living. Many species of fish and other wildlife that live in or around rivers might also be at risk.

To fix this, the scientists suggest several solutions. They recommend using water more efficiently and building fewer dams. They also say it is crucial to fight climate change by reducing pollution and using more renewable energy sources like wind and solar power.

Overall, taking care of our rivers is important for the health of people and nature. It is essential for governments and individuals to work together to protect this vital resource.

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## Vocabulary List:

1. **Dams** /dæmz/ (noun): Barriers built across rivers to control water flow.
2. **Climate Change** /'klaɪ.mət tʃeɪndʒ/ (noun): Long-term alteration of temperature and typical weather patterns in a place.
3. **Efficiently** /ɪ'fɪʃ.ənt.li/ (adverb): In a manner that achieves maximum productivity with minimum wasted effort or expense.
4. **Vital** /'vaɪ.təl/ (adjective): Absolutely necessary or important; essential.
5. **Concerning** /kən'sɜːnɪŋ/ (adjective): Causing worry or concern.
6. **Survival** /sə'rvaɪ.vəl/ (noun): The state or fact of continuing to live or exist typically in spite of an accident or ordeal or difficult circumstances.

## Comprehension Questions



### Multiple Choice

1. What is one of the main reasons for the drying up of the world's great rivers?

- Option: Increased rainfall
- Option: Construction of dams
- Option: Plant irrigation
- Option: Reduced pollution

2. Which two big rivers are mentioned in the text as losing water?

- Option: Amazon and Nile
- Option: Colorado and Yangtze
- Option: Ganges and Rhine
- Option: Euphrates and Mekong

3. What is suggested as a solution to help prevent rivers from drying up?

- Option: Building more dams
- Option: Taking more water for farming
- Option: Using water more efficiently
- Option: Ignoring climate change

4. Which activity is not mentioned as a contributor to the drying up of rivers?

- Option: Farming
- Option: Household water usage
- Option: Climate change
- Option: Refilling rivers with water

5. What can happen if rivers dry up according to the text?

- Option: Decrease in pollution
- Option: Boost in economy
- Option: Harm to economy and people's way of living
- Option: Increase in wildlife population

6. What is essential for governments and individuals to do to protect rivers?

- Option: Ignore the issue
- Option: Work together to protect the resource
- Option: Build more dams
- Option: Increase pollution



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### True-False

- 7. Many people, animals, and plants depend on the world's great rivers for survival.
- 8. Dams have no impact on the natural flow of rivers.
- 9. Climate change is not a factor contributing to the drying up of rivers.
- 10. Reducing pollution is recommended as a solution by the scientists.
- 11. Millions of people do not depend on rivers for drinking water, fishing, and farming according to the text.
- 12. Using more renewable energy sources is suggested to fight climate change.

### Gap-Fill

- 13. Millions of people depend on these rivers for drinking water, fishing, and \_\_\_\_\_.
- 14. Big rivers like the Colorado in the United States and the Yangtze in China are losing \_\_\_\_\_.
- 15. One of the main reasons for the drying up of rivers is the construction of many \_\_\_\_\_.
- 16. The scientists recommend using water more \_\_\_\_\_ to help prevent rivers from drying up.
- 17. It is essential for governments and individuals to work together to protect this vital \_\_\_\_\_.
- 18. Many species of fish and other wildlife that live in or around rivers might be at \_\_\_\_\_ if the rivers dry up.



## Answer

**Multiple Choice:** 1. Construction of dams 2. Colorado and Yangtze 3. Using water more efficiently 4. Refilling rivers with water 5. Harm to economy and people's way of living 6. Work together to protect the resource

**True-False:** 7. True 8. False 9. False 10. True 11. False 12. True

**Gap-Fill:** 13. farming 14. water 15. dams 16. efficiently 17. resource 18. risk

## Vocabulary quizzes

### Multiple Choice ( Select the Correct answer for each question. )

1. What structures are typically built to store water?

Option: Houses

Option: Dams

Option: Schools

Option: Factories

2. What term refers to the surroundings in which an organism operates and interacts?

Option: Infrastructure

Option: Environment

Option: Economy

Option: Technology

3. What is the contamination of the environment with harmful substances known as?

Option: Purification

Option: Pollution

Option: Fertilization

Option: Irrigation

4. What process involves returning something to its former condition?

Option: Destruction

Option: Conservation

Option: Restoration

Option: Disposal

5. What layer of gases surrounds the Earth?



- Option: Crust
- Option: Atmosphere
- Option: Mantle
- Option: Core

6. A group of people living in the same place or having a particular characteristic in common is known as a:

- Option: Herd
- Option: Community
- Option: Pack
- Option: Flock

7. What term describes the state of being comfortable healthy or happy?

- Option: Distress
- Option: Well-being
- Option: Misery
- Option: Sorrow

8. What word refers to a number of different types of things or people?

- Option: Monotony
- Option: Uniformity
- Option: Regularity
- Option: Variety

9. The state or fact of continuing to live or exist typically in spite of an accident or ordeal is known as:

- Option: Survival
- Option: Extinction
- Option: Demise
- Option: Death

10. Who has the power or right to give orders make decisions and enforce obedience?

- Option: Authorities
- Option: Citizens
- Option: Rebels
- Option: Refugees

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

11. The new hotel boasts state-of-the-art \_\_\_\_\_ to make guests feel comfortable during their stay.



12. In case of an \_\_\_\_\_ please follow the evacuation procedures immediately.
13. After the earthquake the region experienced aftershocks in the form of continued \_\_\_\_\_.
14. It is always wise to stay \_\_\_\_\_ for unforeseen events.
15. Probiotics can promote a healthy \_\_\_\_\_ system by aiding in food breakdown.
16. The artist felt \_\_\_\_\_ to create beautiful paintings after visiting the art gallery.
17. After a sumptuous meal the diners were \_\_\_\_\_ with the delicious food.
18. The political candidate held a \_\_\_\_\_ to gather support from the community.
19. The fans \_\_\_\_\_ slogans to cheer on their favorite team during the match.
20. Drinking enough water is \_\_\_\_\_ for maintaining good health.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

21. The news about the pandemic was alarming and caused significant worry among the population.
22. The new software helped the company process orders and manage inventory in a more productive manner.
23. The town hall meeting was scheduled to allow residents to come together and discuss important community issues.
24. Oxygen is a element for sustaining life on Earth.
25. The conference had over 500 from various countries sharing their research and findings.
26. Protecting the is crucial for the well-being of future generations.
27. The motivational speaker left the audience feeling ready to pursue their dreams.
28. The rapid rate of in the Amazon rainforest is a cause for global concern.
29. The drive along the coast offered breathtaking views of the ocean and cliffs making it a route.



30. The local urged residents to evacuate the area due to the approaching hurricane.

## Answer

**Multiple Choice:** 1. Dams 2. Environment 3. Pollution 4. Restoration 5. Atmosphere 6. Community 7. Well-being 8. Variety 9. Survival 10. Authorities

**Gap-Fill:** 11. Facilities 12. Emergency 13. Tremors 14. Prepared 15. Digestive 16. Inspired 17. Satisfied 18. Rally 19. Chanted 20. Essential

**Matching sentence:** 1. Concerning 2. Efficiently 3. Gather 4. Vital 5. Participants 6. Environment 7. Inspired 8. Deforestation 9. Scenic 10. Authorities

## CATEGORY

1. Health - LEVEL3

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