



COVID cases on the rise in Southern California due to contagious FLiRT variant

Description

A recent surge in COVID-19 cases in Southern California has experts concerned, as many residents have become lax in following safety protocols. Tracey Benson, a caregiver from Inglewood, stresses the importance of remaining vigilant to protect her mother's health. The spread of the FLiRT variant, which is 20% more contagious but less severe, is a cause for alarm according to infectious disease specialist Dr. Suman Radhakrishna.

California's wastewater has shown high levels of COVID, and cases and hospitalizations have spiked in the past month. Dr. Radhakrishna reminds the public to learn from past mistakes and take necessary precautions, like testing and isolating if exposed.

Vaccination remains the best defense against the virus, especially for vulnerable populations. Benson urges everyone to follow safety measures and get vaccinated to protect not only themselves, but their loved ones as well.

As summer continues, it is crucial to prioritize health and safety to prevent further spread of the virus. Dr. Radhakrishna emphasizes the importance of staying proactive in the fight against COVID-19.

Vocabulary List:

1. **Surge** /sɜːrdʒ/ (noun): A sudden and powerful increase.
2. **Vigilant** /'vɪdʒɪlənt/ (adjective): Keeping careful watch for possible danger or difficulties.
3. **Contagious** /kən'teɪdʒəs/ (adjective): Capable of being transmitted from person to person.
4. **Precaution** /prɪ'kɔːʃən/ (noun): A measure taken in advance to prevent something dangerous or unpleasant from happening.
5. **Isolating** /,aɪsə'leɪtɪŋ/ (verb): Setting apart from others; to separate.
6. **Proactive** /prəʊ'æktɪv/ (adjective): Creating or controlling a situation rather than just responding to it after it has happened.

Comprehension Questions



Multiple Choice

1. Who stresses the importance of remaining vigilant to protect her mother's health?
Option: Tracey Benson
Option: Dr. Suman Radhakrishna
Option: Infectious disease specialists
Option: California residents

2. What is the FLiRT variant known for?
Option: Being less contagious
Option: Being more severe
Option: Being less severe but more contagious
Option: Being vaccine-resistant

3. What has California's wastewater shown in high levels?
Option: COVID vaccination rates
Option: COVID-19 cases
Option: Flu cases
Option: Hospitalizations

4. Who emphasizes the importance of getting vaccinated to protect vulnerable populations?
Option: Tracey Benson
Option: Dr. Suman Radhakrishna
Option: Infectious disease specialists
Option: California residents

5. What is crucial to prioritize as summer continues to prevent further spread of the virus?
Option: Social gatherings
Option: Health and safety
Option: Traveling abroad
Option: Economic recovery

6. Who stresses the importance of staying proactive in the fight against COVID-19?
Option: Tracey Benson
Option: Dr. Suman Radhakrishna
Option: Infectious disease specialists
Option: California residents



Answer

Multiple Choice: 1. Tracey Benson 2. Being less severe but more contagious 3. COVID-19 cases 5. Health and safety 6. Dr. Suman Radhakrishna

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What term describes a statistical measure indicating the extent to which two or more variables fluctuate together?

- Option: Causation
- Option: Moderating
- Option: Nuanced
- Option: Correlation

2. What is the process of administering a vaccine to stimulate the immune system to develop immunity against a specific disease?

- Option: Exemption
- Option: Hesitancy
- Option: Vaccination
- Option: Impressive

3. Which type of food has been altered from its natural state for convenience or shelf-life?

- Option: Upbringing
- Option: Calorie-dense
- Option: Processed
- Option: Nutritional

4. What term refers to the way a disease spreads such as through direct contact or the air?

- Option: Sanitization
- Option: Directive
- Option: Transmission
- Option: Isolation

5. Which word describes a sudden and significant increase as seen in cases of a contagious disease?



- Option: Surge
- Option: Vigilant
- Option: Contagious
- Option: Precaution

6. What term means absolutely necessary or crucial?

- Option: Isolating
- Option: Proactive
- Option: Essential
- Option: Nutritional

7. Which term refers to a variable that affects the strength of a relationship between other variables?

- Option: Impressive
- Option: Moderating
- Option: Exemption
- Option: Pediatrician

8. What is a firm instruction or official order given by an authority?

- Option: Isolation
- Option: Guidelines
- Option: Directive
- Option: Transmission

9. Which term describes a reluctance or uncertainty to proceed with something?

- Option: Additives
- Option: Processed
- Option: Hesitancy
- Option: Mindful

10. What term relates to the quality and value of nutrients in food that sustains life and growth?

- Option: Surge
- Option: Vaccination
- Option: Exemption
- Option: Nutritional

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. The research findings have significant _____ for future public health policies.

12. It is important to check food labels for artificial _____ that may not be beneficial to



health.

13. Many fast foods are known to be high in _____ contributing to weight gain.
14. Practicing _____ eating involves being fully present and aware of the food being consumed.
15. Individuals with confirmed cases of infectious diseases may need to undergo _____ to prevent spread.
16. Taking _____ measures can help reduce the likelihood of encountering potential risks.
17. Highly _____ diseases can spread rapidly within communities.
18. It is advisable to take necessary _____ when handling hazardous materials.
19. There was a sudden _____ in the number of cases reported this week.
20. Being _____ about personal hygiene can help prevent the spread of infections.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. Understanding the differences in cultural practices is essential for effective communication.
22. Qualified individuals may be eligible for a tax under certain conditions.
23. A _____ specializes in the medical care of infants children and adolescents.
24. Regular _____ of surfaces helps prevent the spread of germs and illnesses.
25. Health authorities issue _____ to assist healthcare providers in delivering optimal care.
26. The _____ of the virus is a key factor in determining its spread within a population.
27. Quarantining and _____ infected individuals are crucial steps in controlling outbreaks.
28. The _____ progress in vaccine development has been truly _____ in terms of speed and efficacy.



29. It is important to differentiate between and correlation in scientific studies.

30. Identifying potential factors can help refine predictive models.

Answer

Multiple Choice: 1. Correlation 2. Vaccination 3. Processed 4. Transmission 5. Surge 6. Essential 7. Moderating 8. Directive 9. Hesitancy 10. Nutritional

Gap-Fill: 11. Implications 12. Additives 13. Calorie-dense 14. Mindful 15. Isolation 16. Proactive 17. Contagious 18. Precaution 19. Surge 20. Vigilant

Matching sentence: 1. Nuanced 2. Exemption 3. Pediatrician 4. Sanitization 5. Guidelines 6. Transmissibility 7. Isolating 8. Impressive 9. Causation 10. Moderating

CATEGORY

1. Health - LEVEL4

Date Created

2024/07/17

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