

Dad's Unending Guilt Over Daughter's Tragic Death

Description

Gareth Williamst Rhiannon, depicted with brown hair tied back, wearing a black leather coat and white blo Gareth Williams

Rhiannon Williams had been undergoing therapy for depression and anxiety.

The father expressed that his daughter's suicide impacted him profoundly, likening it to a "depth charge" that devastated him in inexplicable ways.

Following Rhiannon's passing, Gareth Williams aims to raise awareness about the extreme dangers of poor mental health.

Recent statistics reveal that the suicide rate in Wales in 2023 soared to its highest in a decade, averaging approximately one per day.

Mr. Williams' remarks coincide with the implementation of a Welsh government-supported service throughout Wales to aid those impacted by suicide.

Vocabulary List:

- 1. Impact /'ɪm.pækt/ (noun): The strong effect or influence that something has on a situation or person.
- 2. Profoundly /prəˈfaʊndli/ (adverb): In a way that has a very great effect on someone or something.
- 3. Awareness /əˈwεər.nəs/ (noun): Knowledge or perception of a situation or fact.
- 4. Dangers /'deɪn.dʒərz/ (noun): The possibility of suffering harm or injury.
- 5. **Statistics** /stə'tɪs.tɪks/ (noun): Numerical data that represents information or a collection of information.
- 6. Implementation /,Implimen'teifən/ (noun): The process of putting a decision or plan into effect.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)



1. What term refers to the ability of a product to provide a desired effect or result?

Option: Consequences

Option: Efficacy

Option: Neurodevelopmental

Option: Emotional

2. Which term is related to blood vessels?

Option: Statistics Option: Gastroparesis

Option: Impact Option: Vascular

3. What substance is known for its antioxidant properties found in foods like berries and tea?

Option: Polyphenol Option: Prescription Option: Detrimental Option: Awareness

4. Which term refers to the process of putting a decision or plan into effect? ESL-NEW

Option: Vascular Option: Efficacy

Option: Implementation

Option: Ischemic

5. What word describes an option or choice that can be used instead of the usual?

Option: Biliary Option: Alternative Option: Inflammation Option: Cessation

6. Which term relates to the growth and development of the nervous system?

Option: Neurodevelopmental

Option: Dangers

Option: Complications Option: Retinopathy

7. What process often occurs in response to injury or infection?

Option: Efficacy

Option: Inflammation

Option: Cues Option: Afflicted



8. Which term involves the collection analysis and interpretation of data?

0	Option: Nutrition Option: Statistics Option: Precautionary Option: Mindful
9. W	What word describes a powerful effect or influence on something or someone?
	option: Polyphenol
	Option: Impact Option: Profoundly
	Option: Intuitive
10.	Which hormone raises glucose levels in the blood?
	Option: Glucagon
	Option: Ischemic
	Option: Cessation
О	Option: Emotional
Gap	o-Fill (Fill in the blanks with the correct word from the vocabulary list.)
11.	Smoking has many effects on health.
10	
12.	Public campaigns aim to educate people about important issues.
13.	An stroke occurs when blood flow to the brain is blocked.
14.	The region was by a severe drought.
15.	Every action has its own set of
16	A balanced diet is crucial for good
10.	A balanced diet is crucial for good
17.	She had an understanding of the problem.
18.	The movie had a very ending.
19.	Body language can provide important about a person's feelings.
20.	It is important to be of your surroundings at all times.



Matching Sentences (Match each definition to the correct word from the vocabulary list.)

- 21. The surgery was successful but unexpected arose during recovery.
- 22. Patients with diabetes may experience delayed gastric emptying a condition known as .
- 23. The system is responsible for producing and transporting bile.
- 24. Diabetic is a complication that affects the eyes due to damage to blood vessels in the retina.
- 25. The loss of a loved one can impact a person affecting every aspect of their life.
- 26. The doctor recommended a series of measures to prevent the spread of infection.
- 27. Mountaineering involves many risks and that climbers must be aware of.
- 28. The film's powerful story evoked strong reactions from the audience.
- 29. The company announced the of its operations in the region.
- 30. Increasing public about mental health is crucial in breaking the stigma.

Answer

Multiple Choice: 1. Efficacy 2. Vascular 3. Polyphenol 4. Implementation 5. Alternative 6.

Neurodevelopmental 7. Inflammation 8. Statistics 9. Impact 10. Glucagon

Gap-Fill: 11. Detrimental 12. Awareness 13. Ischemic 14. Afflicted 15. Consequences 16. Nutrition 17.

Intuitive 18. Emotional 19. Cues 20. Mindful

Matching sentence: 1. Complications 2. Gastroparesis 3. Biliary 4. Retinopathy 5. Profoundly 6. Precautionary

7. Dangers 8. Emotional 9. Cessation 10. Awareness

CATEGORY

1. Health - LEVEL6

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