



Dermatologists Identify Sneaky Sign of Skin Cancer

Description

As the sun shines brightly, many enjoy the warm weather while hoping to protect their skin. However, knowing the primary sign of skin cancer is crucial for timely medical attention. Recognising this sign can help individuals seek advice from a dermatologist before serious issues arise.

Experts in dermatology, including Adam Friedman, M.D., from The George Washington University, and Michael Christopher, M.D., from Ironwood Dermatology, highlight the importance of early detection. The three most common types of skin cancer are basal cell carcinoma, squamous cell carcinoma, and melanoma. Dr. Friedman explains that basal and squamous cell cancers arise from skin rather than moles, presenting as sores, bumps, or irritated patches. Although these are highly treatable if detected early, melanoma, although less frequent, poses a greater risk of spreading and can be fatal.

According to Dr. Christopher, the main warning sign of skin cancer is change. This includes alterations in existing spots, such as moles that grow, bleed, itch, or do not heal properly. New spots on the skin should also prompt a consultation with a doctor. Such changes warrant immediate attention, as early detection significantly improves treatment outcomes. The American Cancer Society reports more than 99% survival for melanoma diagnosed before it spreads beyond the skin.

Prompt action upon noticing skin changes can be life-saving. Individuals should not delay seeking medical advice, ensuring they address any new or altered skin condition as early as possible.

Vocabulary List:

1. **dermatologist** //,dɜːmə'tɒlədʒɪst// (noun): a doctor who treats skin problems
2. **carcinoma** //,kɑːsə'noʊmə// (noun): a cancer that starts in the body's cells
3. **melanoma** //,melə'noʊmə// (noun): a serious skin cancer that can spread quickly
4. **detection** //dɪ'tɛkʃən// (noun): finding a disease or problem early
5. **crucial** //'krʊʃəl// (adjective): very important and needing quick attention
6. **warrant** //'wɒrənt// (verb): to make something needed or reasonable

Comprehension Questions



Multiple Choice

1. What is the primary sign of skin cancer according to experts?
 - Option: Change in skin color
 - Option: Painful skin
 - Option: Change in existing spots
 - Option: Dry skin
2. Which type of skin cancer is described as less frequent but poses a greater risk?
 - Option: Basal cell carcinoma
 - Option: Squamous cell carcinoma
 - Option: Melanoma
 - Option: Lymphoma
3. Who emphasizes the importance of early detection in skin cancer?
 - Option: Adam Friedman and Michael Christopher
 - Option: John Smith and Sarah Johnson
 - Option: Peter Parker and Bruce Wayne
 - Option: Clark Kent and Diana Prince
4. How can melanoma be described in terms of seriousness?
 - Option: Easily treatable
 - Option: Highly fatal
 - Option: Less frequent but more aggressive
 - Option: Completely harmless
5. What should individuals do upon noticing skin changes?
 - Option: Consult a dermatologist
 - Option: Ignore them
 - Option: Wait for six months
 - Option: Self-medicate
6. What percentage of patients diagnosed with melanoma before it spreads beyond the skin survive, according to the American Cancer Society?
 - Option: 50%
 - Option: 75%
 - Option: 99%
 - Option: 100%



True-False

7. Basal and squamous cell cancers arise from moles.
8. The main warning sign of skin cancer is change.
9. Moles that grow, bleed, or itch do not require medical attention.
10. Early detection of skin cancer significantly improves treatment outcomes.
11. Melanoma is more common than basal cell carcinoma.
12. Prompt action upon noticing changes in the skin can be life-saving.

Gap-Fill

13. The three most common types of skin cancer are basal cell carcinoma, squamous cell carcinoma, and _____.
14. Experts recommend consulting a dermatologist if there is a change in _____.
15. According to Dr. Christopher, the main warning sign of skin cancer is _____.
16. Individuals should not delay seeking medical advice to ensure they address any new or altered skin _____.
17. More than 99% survival for melanoma diagnosed before it spreads beyond the skin is reported by the _____.
18. Prompt action upon noticing skin changes can be _____.

Answer

Multiple Choice: 1. Change in existing spots 2. Melanoma 3. Adam Friedman and Michael Christopher
4. Less frequent but more aggressive 5. Consult a dermatologist 6. 99%

True-False: 7. False 8. True 9. False 10. True 11. False 12. True

Gap-Fill: 13. melanoma



14. existing spots 15. change 16. condition 17. American Cancer Society 18. life-saving

CATEGORY

1. Health - LEVEL5

POST TAG

1. dermatologists
2. ESL learning
3. esl news
4. health
5. Level 5
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