



Diagnoses of Kate Middleton and other celebrities may fuel public concerns about cancer

Description

Cancer deaths have decreased by one-third since 1991, but fear of the disease remains. Experts attribute this to more open discussions about cancer, including high-profile cases. Despite advancements in treatment, cancer is still seen as a formidable foe, leading to anxiety and unnecessary medical procedures. However, the five-year survival rates for various cancers have significantly improved over the years. Scientists emphasize the importance of reducing cancer risk through lifestyle changes such as quitting smoking and maintaining a healthy diet. Mind-body interventions and seeking support from professionals and loved ones can also help alleviate fears. It's essential to address anxiety openly and seek help when needed to prevent delays in seeking medical attention. Overcoming the fear of cancer is crucial for early detection and successful treatment.

Vocabulary List:

1. **Survival** /sə'rvaɪ.vəl/ (noun): The state of continuing to live or exist especially in spite of difficult conditions.
2. **Formidable** /fɔːr'mɪdə.bəl/ (adjective): Inspiring fear or respect through being impressively large powerful intense or capable.
3. **Anxiety** /æŋ'zaɪ.ə.ti/ (noun): A feeling of worry nervousness or unease about something with an uncertain outcome.
4. **Interventions** /,ɪn.tər'ven.fənz/ (noun): Actions taken to improve a situation especially a medical one.
5. **Attribute** /ə'trɪb.ju:t/ (verb): Regard something as being caused by (someone or something).
6. **Alleviate** /ə'liː.vi.ɛt/ (verb): Make (suffering deficiency or a problem) less severe.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What is a product that is added to the diet to make up for a nutritional deficiency?
Option: Concentration
Option: Supplement
Option: Prevalent
Option: Epidemic
2. Which term refers to the process of the body breaking down substances to obtain energy?



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- Option: Consult
Option: Metabolize
Option: Susceptibility
Option: Vigilant
3. What are measures taken in advance to prevent something dangerous or inconvenient?
Option: Life-threatening
Option: Precautions
Option: Permeability
Option: Physiological
4. Which term means to make a problem bad situation or negative feeling worse?
Option: Evaluation
Option: Ischemic
Option: Neuropathy
Option: Exacerbate
5. What is a written instruction from a medical practitioner that authorizes a patient to be provided a medicine or treatment?
Option: Consult
Option: Interventions
Option: Attribute
Option: Prescription
6. Which term refers to regard something as being caused by someone or something?
Option: Alleviate
Option: Survival
Option: Formidable
Option: Attribute
7. What is the making of a judgment about the amount number or value of something?
Option: Inflammatory
Option: Consult
Option: Evaluation
Option: Symptoms
8. Which term refers to the science of light and vision?
Option: Ischemic
Option: Neuropathy
Option: Optic
Option: Anxiety
9. What is the state or fact of continuing to live or exist typically in spite of an accident ordeal or difficult



circumstances?

- Option: Survival
- Option: Anxiety
- Option: Formidable
- Option: Optic

10. Which term refers to disease or dysfunction of one or more peripheral nerves typically causing numbness or weakness?

- Option: Neuropathy
- Option: Ischemic
- Option: Anxiety
- Option: Exacerbate

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. The _____ of the active ingredient in the medication was too high.
12. The patient has a high _____ to allergies.
13. The doctor prescribed an _____ diet to reduce swelling and pain.
14. It is important to be _____ about monitoring your health regularly.
15. The disease can be _____ through contact with bodily fluids.
16. Obesity is a _____ issue in many developed countries.
17. The patient's condition was considered _____ and required immediate intervention.
18. The _____ of the cell membrane allows for the passage of certain substances.
19. Regular exercise has positive effects on both the physical and _____ aspects of health.
20. Excessive worry and uneasiness are common symptoms of _____ disorders.
21. The team faced a _____ opponent in the final match of the tournament.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)



22. The chef added each to the recipe with precision.
23. The liver helps to drugs and other substances in the body.
24. Before starting any new exercise program it is advisable to a fitness expert.
25. The patient experienced severe coughing and fever as initial of the illness.
26. The doctor diagnosed the patient with heart disease.
27. The ophthalmologist specializes in treating diseases of the nerve.
28. The wilderness expert taught the group essential skills for outdoor .
29. In critical cases immediate medical are necessary to save lives.
30. The team's success was largely to their strong teamwork and dedication.
31. Applying ice to the injury can help to the pain and swelling.

Answer

Multiple Choice: 1. Supplement 2. Metabolize 3. Precautions 4. Exacerbate 5. Prescription 6. Attribute 7. Evaluation 8. Optic 9. Survival 10. Neuropathy

Gap-Fill: 11. concentration 12. susceptibility 13. inflammatory 14. vigilant 15. transmitted 16. prevalent 17. life-threatening 18. permeability 19. physiological 20. anxiety 21. formidable

Matching sentence: 1. ingredient 2. metabolize 3. consult 4. symptoms 5. ischemic 6. optic 7. survival 8. interventions 9. attribute 10. alleviate

CATEGORY

1. Health - LEVEL1

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