

Embrace Your Illness: Shedding Shame and Stigma

Description

Thousands of people gathered in the city center this weekend to celebrate the annual Spring Festival. This popular event has become a favorite tradition for families and visitors over the years.

The festival lasted three days, starting on Friday and ending on Sunday evening. It was filled with colorful activities and exciting performances. There was something for everyone to enjoy, from music and dance shows to delicious food stalls offering tasty treats from around the world.

On Friday, the festival started with a big parade. People dressed in bright costumes marched through the streets, waving flags and playing musical instruments. Many schools and local community groups took part, making it a lively and cheerful event.

The main attraction on Saturday was the international food market. Visitors could taste dishes from different countries, like spicy Indian curries, Italian pizzas, and sweet French pastries. Cooking shows also took place throughout the day, where chefs demonstrated how to make these delicious meals at home.

Sunday focused on activities for children. Families enjoyed puppet shows, storytelling sessions, and face painting. There were also fun workshops where kids could learn to make crafts or try new activities, like painting or dancing.

Many people said that the Spring Festival was a fantastic experience for the whole community. It brought people together to celebrate different cultures, learn new things, and enjoy each other's company. Organizers expressed their happiness with the success of the event and are already planning next year's festival, hoping it will be even bigger and better. Everyone left with smiles, looking forward to more joyful moments.

Vocabulary List:

- 1. **Celebration** /,sel.ə'breɪ.ʃən/ (noun): The action of marking one's pleasure at an important event or occasion.
- 2. Festival /'fɛs.tɪ.vəl/ (noun): A day or period of celebration typically for a particular event or culture.
- 3. Attraction /ə'træk.[ən/ (noun): A place or thing that draws people's interest or attention.
- 4. **Delicious** /dɪ'lɪʃ.əs/ (adjective): Highly pleasant to the taste.
- 5. **Community** /kəˈmjuː.nɪ.ti/ (noun): A group of people living in the same place or having a particular characteristic in common.
- 6. Experience /ɪk'spɪə.ri.əns/ (noun): Practical contact with and observation of facts or events.



Comprehension Questions

Multiple Choice

1. What was the main attraction on Saturday during the Spring Festival?

Option: Music and dance shows

Option: Puppet shows

Option: International food market

Option: Craft workshops

2. Which day of the week did the festival start on?

Option: Wednesday Option: Friday Option: Saturday Option: Sunday

3. What activity was NOT mentioned as part of the Sunday festivities?

Option: Storytelling sessions

Option: Face painting
Option: Music concerts
Option: Craft workshops

4. What type of costumes did people wear for the parade on Friday?

Option: Professional attire
Option: Casual clothing
Option: Bright costumes
Option: Traditional garments

5. Which group was mentioned as participating in the Friday parade?

Option: Local businesses

Option: Schools and community groups

Option: Government officials Option: International artists

6. What was the overall sentiment expressed by the community about the Spring Festival?

Option: Disappointment



Option: Indifference

Option: Joy and togetherness Option: Sorrow and mourning

True-False

- 7. The festival lasted four days, starting on Thursday and ending on Sunday.
- 8. Cooking shows were held on Saturday as part of the festival activities.
- 9. Children did not participate in any activities during the festival.
- 10. The Spring Festival is a new event that just started this year.
- 11. The organizers are already planning next year's festival.
- ESL-NEWS. 12. The festival mainly focused on sports activities throughout the weekend.

Gap-Fill

13. The festival lasted three days, starting on	and ending on Sunday evening.
14. Visitors could taste dishes from different countries at the	·
15. Many people described the Spring Festival as a fantastic experience	e for the whole
·	
16. Organizers expressed their happiness with the success of the event	t and are already planning next year's
·	
17. On Friday, people dressed in bright costumes marched through the	streets, waving flags and playing
instruments.	
18. Sunday focused on activities for	



Answer

Multiple Choice: 1. International food market 2. Friday 3. Music concerts 4. Bright costumes 5. Schools and

community groups 6. Joy and togetherness

True-False: 7. False 8. True 9. False 10. False 11. True 12. False

Gap-Fill: 13. Friday 14. international food market 15. community 16. festival 17. musical 18. children

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What feeling do people often experience during a celebration?

Option: A. Joy

Option: B. Sadness Option: C. Anger Option: D. Fear

2. What is the harmful contamination of the environment called?

Option: A. Purity
Option: B. Pollution
Option: C. Freshness
Option: D. Clarity

3. What word describes having a range of different things?

Option: A. Monotony Option: B. Diversity Option: C. Uniformity Option: D. Simplicity

4. What process involves converting waste materials into reusable objects?

Option: A. Production Option: B. Extraction Option: C. Recycling Option: D. Disposal

5. What term refers to buildings equipment and services provided for a particular purpose?



Option: A. Hindrances	
Option: B. Obstacles	
Option: C. Amenities	
Option: D. Barriers	
6. What event is typically marked by festivities	and rejoicing?
Option: A. Funeral	
Option: B. Celebration	
Option: C. Protest	
Option: D. Disaster	
7. What is the presence in or introduction into t	he environment of a substance that has harmful effects?
Option: A. Pollution	
Option: B. Cleanliness	
Option: C. Purity	
Option: D. Freshness	
8. What term describes improving something b	y adding or replacing components?
Option: A. Downgrade	
Option: B. Degrade	
Option: C. Enhance	
Option: D. Maintain	y adding or replacing components?
9. What term describes things people do for en	
Option: A. Inactivities	
Option: B. Tasks	
Option: C. Assignments	
Option: D. Activities	
10. Who are the people living in a specific place	2?
Option: A. Tourists	
Option: B. Visitors	
Option: C. Locals	
Option: D. Nomads	
Gap-Fill (Fill in the blanks with the corre	ct word from the vocabulary list.)
11. It is essential to protect the	for future generations.

12. A strong sense of ______ fosters unity and support among people.



13. The chef prepared a	meal that left everyone satisfied.	
14. The company a new product launch happening next month.		
15. Some types of can be beneficial for digestion.		
16. The neighborhood's actively participate in local events.		
17. The picturesque scenery made the location ve	ery to visitors.	
18. The news of the upcoming concert brought m	uch to the fans.	
19. The buffet offered a wide of dishes to cater to different tastes.		
20. The resort provides a range of recreational	for guests to enjoy.	
Matching Sentences (Match each definition to the correct word from the vocabulary list.)		
21. Organic material can naturally over time and turn into compost.		
22. The hotel staff were very and made us feel right at home.		
23. The city threw a grand to honor its founding anniversary.		
24. The park is a sanctuary for diverse wildlife and native habitats.		
25. The company plans to its technology infrastructure to improve efficiency.		
26. The new employee will have to themselves to the team during the meeting.		
27. The museum has an impressive of rare artifacts from various historical periods.		
28. The local came together to organize a charity event for the homeless.		
29. Traveling to different countries allows you to gain valuable and learn about diverse cultures.		
30. The company's new packaging is designed to be more friendly and reduce waste.		

Answer

Multiple Choice: 1. A. Joy 2. B. Pollution 3. B. Diversity 4. C. Recycling 5. C. Amenities 6. B. Celebration 7. A. Pollution



8. C. Enhance 9. D. Activities 10. C. Locals

Gap-Fill: 11. Environment 12. Community 13. Delicious 14. Announced 15. Bacteria 16. Residents 17. Attractive 18. Excitement 19. Variety 20. Activities

Matching sentence: 1. Decompose 2. Welcoming 3. Celebration 4. Natural 5. Upgrade 6. Introduce 7. Collection 8. Community 9. Experience 10. Environmentally

CATEGORY

1. Health - LEVEL3

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