



Embrace Your Illness: Shedding Shame and Stigma

Description

Thousands of people gathered in the city center this weekend to celebrate the annual Spring Festival. This popular event has become a favorite tradition for families and visitors over the years.

The festival lasted three days, starting on Friday and ending on Sunday evening. It was filled with colorful activities and exciting performances. There was something for everyone to enjoy, from music and dance shows to delicious food stalls offering tasty treats from around the world.

On Friday, the festival started with a big parade. People dressed in bright costumes marched through the streets, waving flags and playing musical instruments. Many schools and local community groups took part, making it a lively and cheerful event.

The main attraction on Saturday was the international food market. Visitors could taste dishes from different countries, like spicy Indian curries, Italian pizzas, and sweet French pastries. Cooking shows also took place throughout the day, where chefs demonstrated how to make these delicious meals at home.

Sunday focused on activities for children. Families enjoyed puppet shows, storytelling sessions, and face painting. There were also fun workshops where kids could learn to make crafts or try new activities, like painting or dancing.

Many people said that the Spring Festival was a fantastic experience for the whole community. It brought people together to celebrate different cultures, learn new things, and enjoy each other's company. Organizers expressed their happiness with the success of the event and are already planning next year's festival, hoping it will be even bigger and better. Everyone left with smiles, looking forward to more joyful moments.

Vocabulary List:

1. **Celebration** /ˌsɛl.əˈbreɪ.ʃən/ (noun): The action of marking one's pleasure at an important event or occasion.
2. **Festival** /ˈfɛs.tɪ.vəl/ (noun): A day or period of celebration typically for a particular event or culture.
3. **Attraction** /əˈtræk.ʃən/ (noun): A place or thing that draws people's interest or attention.
4. **Delicious** /dɪˈlɪʃ.əs/ (adjective): Highly pleasant to the taste.
5. **Community** /kəˈmjʊː.nɪ.ti/ (noun): A group of people living in the same place or having a particular characteristic in common.
6. **Experience** /ɪkˈspɪə.ri.əns/ (noun): Practical contact with and observation of facts or events.



Comprehension Questions

Multiple Choice

1. What was the main attraction on Saturday during the Spring Festival?
Option: Music and dance shows
Option: Puppet shows
Option: International food market
Option: Craft workshops
2. Which day of the week did the festival start on?
Option: Wednesday
Option: Friday
Option: Saturday
Option: Sunday
3. What activity was NOT mentioned as part of the Sunday festivities?
Option: Storytelling sessions
Option: Face painting
Option: Music concerts
Option: Craft workshops
4. What type of costumes did people wear for the parade on Friday?
Option: Professional attire
Option: Casual clothing
Option: Bright costumes
Option: Traditional garments
5. Which group was mentioned as participating in the Friday parade?
Option: Local businesses
Option: Schools and community groups
Option: Government officials
Option: International artists
6. What was the overall sentiment expressed by the community about the Spring Festival?
Option: Disappointment



- Option: Indifference
- Option: Joy and togetherness
- Option: Sorrow and mourning

True-False

- 7. The festival lasted four days, starting on Thursday and ending on Sunday.
- 8. Cooking shows were held on Saturday as part of the festival activities.
- 9. Children did not participate in any activities during the festival.
- 10. The Spring Festival is a new event that just started this year.
- 11. The organizers are already planning next year's festival.
- 12. The festival mainly focused on sports activities throughout the weekend.

Gap-Fill

- 13. The festival lasted three days, starting on _____ and ending on Sunday evening.
- 14. Visitors could taste dishes from different countries at the _____.
- 15. Many people described the Spring Festival as a fantastic experience for the whole _____.
- 16. Organizers expressed their happiness with the success of the event and are already planning next year's _____.
- 17. On Friday, people dressed in bright costumes marched through the streets, waving flags and playing _____ instruments.
- 18. Sunday focused on activities for _____.



Answer

Multiple Choice: 1. International food market 2. Friday 3. Music concerts 4. Bright costumes 5. Schools and community groups 6. Joy and togetherness

True-False: 7. False 8. True 9. False 10. False 11. True 12. False

Gap-Fill: 13. Friday 14. international food market 15. community 16. festival 17. musical 18. children

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What feeling do people often experience during a celebration?

- Option: A. Joy
- Option: B. Sadness
- Option: C. Anger
- Option: D. Fear

2. What is the harmful contamination of the environment called?

- Option: A. Purity
- Option: B. Pollution
- Option: C. Freshness
- Option: D. Clarity

3. What word describes having a range of different things?

- Option: A. Monotony
- Option: B. Diversity
- Option: C. Uniformity
- Option: D. Simplicity

4. What process involves converting waste materials into reusable objects?

- Option: A. Production
- Option: B. Extraction
- Option: C. Recycling
- Option: D. Disposal

5. What term refers to buildings equipment and services provided for a particular purpose?



- Option: A. Hindrances
- Option: B. Obstacles
- Option: C. Amenities
- Option: D. Barriers

6. What event is typically marked by festivities and rejoicing?

- Option: A. Funeral
- Option: B. Celebration
- Option: C. Protest
- Option: D. Disaster

7. What is the presence in or introduction into the environment of a substance that has harmful effects?

- Option: A. Pollution
- Option: B. Cleanliness
- Option: C. Purity
- Option: D. Freshness

8. What term describes improving something by adding or replacing components?

- Option: A. Downgrade
- Option: B. Degrade
- Option: C. Enhance
- Option: D. Maintain

9. What term describes things people do for enjoyment or interest?

- Option: A. Inactivities
- Option: B. Tasks
- Option: C. Assignments
- Option: D. Activities

10. Who are the people living in a specific place?

- Option: A. Tourists
- Option: B. Visitors
- Option: C. Locals
- Option: D. Nomads

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. It is essential to protect the _____ for future generations.

12. A strong sense of _____ fosters unity and support among people.



13. The chef prepared a _____ meal that left everyone satisfied.
14. The company _____ a new product launch happening next month.
15. Some types of _____ can be beneficial for digestion.
16. The neighborhood's _____ actively participate in local events.
17. The picturesque scenery made the location very _____ to visitors.
18. The news of the upcoming concert brought much _____ to the fans.
19. The buffet offered a wide _____ of dishes to cater to different tastes.
20. The resort provides a range of recreational _____ for guests to enjoy.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. Organic material can naturally over time and turn into compost.
22. The hotel staff were very _____ and made us feel right at home.
23. The city threw a grand _____ to honor its founding anniversary.
24. The park is a sanctuary for diverse wildlife and native habitats.
25. The company plans to _____ its technology infrastructure to improve efficiency.
26. The new employee will _____ to themselves to the team during the meeting.
27. The museum has an impressive _____ of rare artifacts from various historical periods.
28. The local _____ came together to organize a charity event for the homeless.
29. Traveling to different countries allows you to gain valuable _____ and learn about diverse cultures.
30. The company's new packaging is designed to be more friendly and reduce waste.

Answer

Multiple Choice: 1. A. Joy 2. B. Pollution 3. B. Diversity 4. C. Recycling 5. C. Amenities 6. B. Celebration
7. A. Pollution



8. C. Enhance 9. D. Activities 10. C. Locals

Gap-Fill: 11. Environment 12. Community 13. Delicious 14. Announced 15. Bacteria 16. Residents 17. Attractive 18. Excitement 19. Variety 20. Activities

Matching sentence: 1. Decompose 2. Welcoming 3. Celebration 4. Natural 5. Upgrade 6. Introduce 7. Collection 8. Community 9. Experience 10. Environmentally

CATEGORY

1. Health - LEVEL3

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