



Expert says it's insane for sunbeds to be legal in Northern Ireland due to skin cancer risks

Description

An Australian dermatologist has raised concerns about the safety of tanning parlours in Northern Ireland, stating that they are not safe for people of any age. Jim Muir emphasized the connection between tanning parlours and skin cancer, particularly melanoma. He pointed out that tanning parlours have been banned in Australia for over a decade and that Belfast has been labeled as the "sunbed capital of the UK" with 37% of adults using them.

During his visit to Northern Ireland, Mr. Muir shared his experience working in Australia, known as the "melanoma capital of the world". He emphasized the risks associated with tanning parlours, highlighting how they can lead to premature aging and expose individuals to cancer-causing UV light.

One individual, Lyn Stevenson, a self-described "sun worshipper", shared her experience of developing skin cancer and emphasized the importance of raising awareness about melanoma risks. She highlighted the need for more education and preventative measures to protect individuals from the harmful effects of tanning.

The article also discussed the symptoms of melanoma, factors that increase the risk of skin cancer, and the need for preventive measures such as avoiding sunbeds and using sunscreen. Despite calls for a ban on sunbeds, the Department of Health in Northern Ireland has stated that there are currently no immediate plans for such legislation. However, measures to reduce the incidence of skin cancer, including regulations on sunbeds, have not been ruled out in the future.

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Vocabulary List:

1. **Dermatologist** // (noun): A medical doctor specializing in the treatment of skin.
2. **Parlours** // (noun): A public room or building used for a specified purpose.
3. **Melanoma** // (noun): A type of skin cancer that develops from pigment-containing cells.
4. **Banned** // (verb): Officially or legally prohibited.
5. **Premature** // (adjective): Occurring or done before the usual or proper time.
6. **Incidence** // (noun): The occurrence rate or frequency of a disease, crime, or other undesirable thing.

Comprehension Questions

Multiple Choice

1. Who raised concerns about the safety of tanning parlours in Northern Ireland?
Option: Jim Muir
Option: Lyn Stevenson
Option: Tata Group
Option: Department of Health
2. Which country has banned tanning parlours for over a decade?
Option: Northern Ireland
Option: Australia
Option: UK
Option: USA
3. What percentage of adults in Belfast use sunbeds?
Option: 15%
Option: 27%
Option: 37%
Option: 47%



4. Who described themselves as a

- Option: Jim Muir
- Option: Lyn Stevenson
- Option: Tata Group
- Option: Department of Health

5. Which cancer is particularly associated with tanning parlours?

- Option: Lung cancer
- Option: Breast cancer
- Option: Melanoma
- Option: Prostate cancer

6. What preventive measures were highlighted in the article?

- Option: Using sunbeds regularly
- Option: Avoiding sunscreen
- Option: Wearing protective clothing
- Option: Smoking

Answer

Multiple Choice: 1. Jim Muir 2. Australia 3. 37% 4. Lyn Stevenson 5. Melanoma 6. Wearing protective clothing

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Which type of animals can live both on land and in water?

- Option: A. Fish
- Option: B. Birds
- Option: C. Amphibians
- Option: D. Reptiles

2. What do you call an organism that benefits from another organism without affecting it?

- Option: A. Parasite
- Option: B. Predator
- Option: C. Commensal
- Option: D. Host

3. Which type of cancer affects the skin cells that produce pigment?



- Option: A. Melanoma
- Option: B. Leukemia
- Option: C. Lymphoma
- Option: D. Sarcoma

4. What is the term used to describe people who move from place to place rather than settling in one location?

- Option: A. Nomadic
- Option: B. Sedentary
- Option: C. Urban
- Option: D. Agricultural

5. Which term refers to the ability of a product to produce a desired or intended result?

- Option: A. Utility
- Option: B. Efficacy
- Option: C. Potency
- Option: D. Resilience

6. What term describes something innovative or pioneering?

- Option: A. Standard
- Option: B. Traditional
- Option: C. Groundbreaking
- Option: D. Conventional

7. Which healthcare professional specializes in restoring movement and function?

- Option: A. Dentist
- Option: B. Surgeon
- Option: C. Physiotherapist
- Option: D. Psychiatrist

8. In epidemiology what term is used to describe the frequency of new cases of a disease within a specified period?

- Option: A. Prevalence
- Option: B. Mortality
- Option: C. Incidence
- Option: D. Chronicity

9. Which term represents a state of growing vigorously or being successful?

- Option: A. Declining
- Option: B. Stagnant
- Option: C. Thriving
- Option: D. Floundering



10. Which medical professional specializes in diagnosing and treating skin disorders?

- Option: A. Cardiologist
- Option: B. Gynecologist
- Option: C. Dermatologist
- Option: D. Neurologist

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. _____ birth is when a baby is born before 37 weeks of pregnancy.
12. Patients with psoriasis may experience skin _____ during stressful periods.
13. The new drug has shown to be extremely _____ in treating the illness.
14. The research study found _____ errors in the data analysis that had to be corrected.
15. Performance-enhancing substances are _____ in professional sports.
16. The _____ of diabetes has been steadily increasing in the population over the past decade.
17. The _____ of flu cases usually rises during the winter months.
18. Dr. Smith is an _____ figure in the field of astronomy known for groundbreaking research.
19. Some diseases are linked to _____ inherited mutations.
20. The newly opened restaurant is _____ despite the competitive market.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The genetic variations that result in differing characteristics within a population.
22. A method of fishing using a sharp implement to catch fish underwater.
23. Accurate and exact in measurement or amount.



24. An organism that benefits from a relationship with another without causing harm or benefit.
25. The stage of testing a drug before clinical trials in humans.
26. Places where services like massages beauty treatments and hair styling are offered.
27. Having great depth or seriousness showing intellectual depth.
28. The frequency of occurrence of new cases of a disease in a specific population over a period of time.
29. Having great power influence or effect.
30. A medical professional who specializes in diagnosing and treating skin disorders.

Answer

Multiple Choice: 1. C. Amphibians 2. C. Commensal 3. A. Melanoma 4. A. Nomadic 5. B. Efficacy
6. C. Groundbreaking 7. C. Physiotherapist 8. C. Incidence 9. C. Thriving 10. C. Dermatologist

Gap-Fill: 11. Premature 12. Flare-ups 13. Potent 14. Numerous 15. Banned 16. Prevalence 17. Incidence
18. Esteemed 19. Genetically 20. Thriving

Matching sentence: 1. Mutations 2. Spearfishing 3. Precise 4. Commensal 5. Preclinical 6. Parlours 7. Profound
8. Incidence 9. Potent 10. Dermatologist

CATEGORY

1. Health - LEVEL6

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