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## Father of Three 'Shocked' by Rare Cancer on Birthday

### Description

Jacob Johnson learned he had the BRCA2 gene in 2013 due to a family history of breast cancer, including his mother and several relatives. He thought he was doing all he could to stay healthy by getting annual mammograms. However, on his 53rd birthday in December 2025, he was diagnosed with invasive micropapillary carcinoma (IMPC), a rare type of breast cancer.

Johnson felt shocked because he never suspected he could have cancer. Even after doctors found a mass and suggested a biopsy, he thought it would be harmless. The BRCA2 gene helps repair DNA, but mutations in it can raise the risk of certain cancers.

After his diagnosis, Johnson had a double mastectomy in January 2026. He is now undergoing chemotherapy, which is helping but also causing other health issues. His wife, Kimberly, says the hardest part for him is the physical changes he experiences.

Male breast cancer is rare and makes up less than 1% of cases in the United States. Most men do not seek treatment because they believe it won't happen to them. Johnson urges men to pay attention to their health and seek regular check-ups, especially if they have a family history of the disease.

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### Vocabulary List:

1. **invasive** //ɪn'veɪsɪv// (adjective): spreads into nearby tissue or organs
2. **carcinoma** //ˌkɑːrsə'nɒʊmə// (noun): a type of cancer in body tissues
3. **mastectomy** //mæs'tektəmi// (noun): surgery to remove one or both breasts
4. **chemotherapy** //ˌki:məʊ'therəpi// (noun): treatment using strong drugs to kill cancer
5. **biopsy** //ˈbaɪəpsi// (noun): medical test removing tissue to check disease
6. **mutations** //mju:'teɪʃənz// (noun): changes in genes that may cause problems

### Comprehension Questions

#### Multiple Choice

1. What year did Jacob Johnson learn he had the BRCA2 gene?  
Option: 2010



- Option: 2013
- Option: 2015
- Option: 2018

2. What type of cancer was Jacob Johnson diagnosed with?

- Option: Lung cancer
- Option: Invasive micropapillary carcinoma
- Option: Prostate cancer
- Option: Skin cancer

3. When was Jacob Johnson diagnosed with cancer?

- Option: December 2024
- Option: December 2025
- Option: January 2026
- Option: February 2026

4. What procedure did Jacob Johnson undergo in January 2026?

- Option: Radiation therapy
- Option: Double mastectomy
- Option: Lumpectomy
- Option: Chemotherapy

5. What is the percentage of male breast cancer cases in the United States?

- Option: Less than 1%
- Option: 5%
- Option: 10%
- Option: 15%

6. Who is Jacob Johnson's wife?

- Option: Alice
- Option: Kimberly
- Option: Jennifer
- Option: Rachel

### True-False

7. Jacob Johnson was diagnosed with breast cancer on his 50th birthday.



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8. The BRCA2 gene helps repair DNA.
  9. Most men seeking treatment for breast cancer is common.
  10. Jacob Johnson believes men should pay attention to their health.
  11. Invasive micropapillary carcinoma is a common type of breast cancer.
  12. Jacob Johnson felt confident about his health before his diagnosis.

### Gap-Fill

13. Jacob Johnson learned he had the BRCA2 gene in 2013 due to a family history of breast cancer, including his mother and several relatives. He thought he was doing all he could to stay healthy by getting annual mammograms. However, on his 53rd birthday in December 2025, he was diagnosed with invasive micropapillary carcinoma (IMPC), a rare type of breast cancer. The BRCA2 gene helps repair DNA, but mutations in it can raise the risk of certain cancers. Johnson had a double mastectomy in January 2026 to \_\_\_\_\_ his cancer.
14. Jacob Johnson is now undergoing chemotherapy, which is helping but also causing other \_\_\_\_\_ issues.
15. Male breast cancer is rare and makes up less than 1% of \_\_\_\_\_ in the United States.
16. Most men do not seek treatment because they believe it won't happen to \_\_\_\_\_.
17. The hardest part for Jacob Johnson is the physical \_\_\_\_\_ he experiences.
18. Jacob Johnson urges men to pay attention to their health and seek regular \_\_\_\_\_, especially if they have a family history of the disease.



## Answer

**Multiple Choice:** 1. 2013 2. Invasive micropapillary carcinoma 3. December 2025 4. Double mastectomy 5. Less than 1% 6. Kimberly

**True-False:** 7. False 8. True 9. False 10. True 11. False 12. True

**Gap-Fill:** 13. treat 14. health 15. cases 16. them 17. changes 18. check-ups

## Vocabulary quizzes

### Multiple Choice ( Select the Correct answer for each question. )

1. What type of cancer is characterized as a carcinoma?

- Option: Lung cancer
- Option: Skin cancer
- Option: Breast cancer
- Option: All of the above

2. What is the primary purpose of chemotherapy?

- Option: To relieve pain
- Option: To remove tissue
- Option: To kill cancer cells
- Option: To diagnose disease

3. What does a biopsy involve?

- Option: Taking a tissue sample
- Option: Imaging tests
- Option: Monitoring symptoms
- Option: Blood tests

4. What can genetic mutations lead to?

- Option: Development of hair
- Option: Increased energy
- Option: Cancer
- Option: Weight loss

5. What is a common symptom of periodontitis?



- Option: Tooth decay
- Option: Swelling of the gums
- Option: Cavities
- Option: Broken teeth

6. What role do bacteria play in the mouth?

- Option: Only harmful
- Option: Only beneficial
- Option: Both harmful and beneficial
- Option: No role at all

7. What is gingivitis?

- Option: A severe form of tooth decay
- Option: Swelling of the gums
- Option: Breaking of teeth
- Option: Nerve pain

8. What is the purpose of therapy in a medical context?

- Option: To treat disease
- Option: To educate patients
- Option: To conduct research
- Option: To administer medication

9. What does non-invasive mean?

- Option: Involving surgery
- Option: Not causing harm or damage
- Option: Using sharp instruments
- Option: Involves significant risk

10. What does 'endurance' refer to in physical activity?

- Option: Strength
- Option: Speed
- Option: Stamina
- Option: Flexibility

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

11. A mastectomy is a surgical procedure to remove one or both \_\_\_\_\_ of the breasts.

12. Regular exercise can improve your overall \_\_\_\_\_ and flexibility.

13. Gingivitis often results in \_\_\_\_\_ of the gums and may lead to more serious dental



issues.

14. The \_\_\_\_\_ fluid surrounds the brain and spinal cord, providing protection.
15. Practicing mindfulness can help you \_\_\_\_\_ and reduce stress levels.
16. Nerve \_\_\_\_\_ can promote healing in injured tissues.
17. Lifting weights can help build your \_\_\_\_\_ and improve muscle tone.
18. The therapy session was a \_\_\_\_\_ experience for all the participants.
19. \_\_\_\_\_ exercises involve contracting muscles without changing their length.
20. Staying in a mountain \_\_\_\_\_ can be a great way to disconnect and rejuvenate.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

21. To relax effectively, it's important to create a peaceful environment.
22. Swelling can often indicate infection or injury in the body.
23. A mastectomy is commonly performed to treat breast cancer.
24. Movement is essential for maintaining physical health and mobility.
25. Chemotherapy is a widely used treatment option for various types of cancer.
26. Bacteria can be both harmful and beneficial to human health.
27. Periodontitis typically results in gum inflammation and can affect overall oral health.
28. Isometric exercises are effective for building muscular strength without joint movement.
29. Cerebrospinal fluid plays a crucial role in protecting the brain and spinal cord.
30. Endurance training builds stamina and increases physical performance over time.

## Answer

**Multiple Choice:** 1. All of the above 2. To kill cancer cells 3. Taking a tissue sample 4. Cancer 5. Swelling of the gums



6. Both harmful and beneficial 7. Swelling of the gums 8. To treat disease 9. Not causing harm or damage  
10. Stamina

**Gap-Fill:** 11. breasts 12. movement 13. swelling 14. cerebrospinal 15. relax 16. stimulation 17. strength  
18. pleasant 19. Isometric 20. cabin

**Matching sentence:** 1. relax 2. swelling 3. mastectomy 4. movement 5. chemotherapy 6. bacteria  
7. periodontitis 8. isometric 9. cerebrospinal 10. endurance

## CATEGORY

1. Health - LEVEL2

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