

Filming Post-Miscarriage: Uncomfortable Encounters on Set

Description

Kate Beckinsale recently disseminated a poignant video on Instagram wherein she recounted several harrowing experiences of harassment and abuse encountered during various film productions. The "Underworld" actress articulated her dismay in response to Blake Lively's recent allegations of sexual harassment against her director and co-star, Justin Baldoni, in "It Ends With Us." Beckinsale expressed her profound gratitude to Lively for bringing to light the stark reality that this pervasive issue remains a contemporary concern rather than an anachronism from the past.

Beckinsale recollected a particular filming environment where she was disparaged as "that cunt" after bravely confronting a male co-star who was under the influence of alcohol on set. "He was navigating personal struggles, and I empathize with that; however, my colleagues and I endured six-hour delays awaiting his sobriety and preparedness," she noted. "This meant sacrificing precious time with my daughter for the duration of the shoot. In response, the studio provided me with a bicycle to traverse the lot—an insult at best—while I endured constant belittlement, including being labelled a 'stupid bitch' during takes."

She further revealed the psychological toll of working on two separate film sets, where she was subjected to an extreme regimen of diet and exercise that caused her to lose her menstrual cycle entirely.

On one occasion, during the filming of an action sequence, she was physically harmed by a male co-star. Subsequently, when she disclosed her injury, she faced ostracism from her fellow cast members.

"Certain actors derive a perverse satisfaction from being legally permitted to inflict harm on female counterparts during staged combat," Beckinsale elucidated. "I sustained injuries that were substantiated by MRIs, yet I was gaslit—rendered the villain in the narrative—for merely articulating my pain, leading to my exclusion from social gatherings with the cast."

She recounted a distressing episode in which she was coerced by a publicist to participate in a photoshoot the day following a miscarriage, despite her insistence on her physical state. "I expressed my inability to engage, yet the response was stark: comply or face litigation."

"Such occurrences are ubiquitous and have plagued the industry for far too long," Beckinsale lamented, reflecting on her numerous similar narratives. "At the age of 18, I experienced an unwelcome advance from a trusted crew member, only to be met with disbelief from the very actresses known for championing women's rights."

"The peril of speaking out is profound," she cautioned. "There exists an insidious expectation to remain silent—to endure in silence while feigning camaraderie. This cycle must cease. My appreciation for Blake Lively is immeasurable, for she underscores that this is an ongoing struggle, met with mechanisms designed to obliterate those who dare to speak their truth."

To witness Beckinsale's full discourse, kindly view her video embedded below.



Vocabulary List:

1. **Disseminated** /dɪ'sem.ɪ.neɪ.tɪd/ (verb): Spread or disperse something widely especially information.
2. **Harrowing** /'hær.əʊ.ɪŋ/ (adjective): Extremely distressing or traumatic.
3. **Belittlement** /bɪ'li:t.əl.mənt/ (noun): The action or effect of making someone or something seem less impressive or important.
4. **Psychological** /ˌsaɪ.kə'lɒdʒ.ɪ.kəl/ (adjective): Relating to the mental and emotional state of a person.
5. **Ostracism** /'ɒs.trə.sɪ.zəm/ (noun): Exclusion from a group or society.
6. **Insidious** /ɪn'sɪd.i.əs/ (adjective): Proceeding in a gradual subtle way but with harmful effects.

Comprehension Questions

Multiple Choice

1. Who did Kate Beckinsale express gratitude towards for shedding light on the issue of sexual harassment in the industry?
Option: Justin Baldoni
Option: Blake Lively
Option: Ratan Tata
Option: Brad Pitt
2. What derogatory term was Beckinsale labeled as on set?
Option: Idiot
Option: Stupid Bitch
Option: Unprofessional
Option: Troublemaker
3. What physical toll did the extreme regimen of diet and exercise take on Beckinsale?
Option: Weight loss
Option: Hair loss
Option: Loss of menstrual cycle
Option: Fatigue
4. What consequence did Beckinsale face after disclosing an injury inflicted by a male co-star?
Option: Support from fellow cast members



- Option: Ostracism
- Option: Promotion
- Option: Award

5. How did Beckinsale describe the response to articulating her pain and injuries?

- Option: Reassurance
- Option: Gaslighting
- Option: Apology
- Option: Promotion

6. What ultimatum did Beckinsale receive from a publicist following a miscarriage?

- Option: Comply or quit
- Option: Comply or face litigation
- Option: Take time off
- Option: Ignore the photoshoot

True-False

- 7. Beckinsale appreciates the actresses who believed her when she faced unwelcome advances in the industry.
- 8. Blake Lively accused Justin Baldoni of harassment in the film "It Ends With Us."
- 9. Beckinsale expressed concern over the expectation to remain silent on industry issues.
- 10. Beckinsale lost her menstrual cycle due to a rigorous exercise routine.
- 11. Beckinsale was physically harmed by a female co-star during an action sequence.
- 12. Beckinsale was excluded from social gatherings after articulating her pain from injuries sustained on set.

Gap-Fill

- 13. Beckinsale was subjected to an extreme regimen of diet and exercise that caused her to lose her menstrual cycle entirely on _____ film sets.
- 15. Beckinsale faced disbelief from fellow actresses despite experiencing an unwelcome advance from a



trusted crew member at the age of _____.

16. Beckinsale expressed her inability to engage in a photoshoot following a miscarriage, leading to an ultimatum of comply or face _____.

17. Beckinsale cautioned that there is an insidious expectation to remain silent and endure in silence while feigning _____.

18. Beckinsale expressed her appreciation for Blake Lively for highlighting the ongoing struggle in the industry, met with mechanisms designed to _____ those who speak their truth.

Answer

Multiple Choice: 1. Blake Lively 2. Stupid Bitch 3. Loss of menstrual cycle 4. Ostracism 5. Gaslighting 6. Comply or face litigation

True-False: 7. False 8. False 9. True 10. True 11. False 12. True

Gap-Fill: 13. two 15. 18 16. litigation 17. camaraderie 18. obliterate

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Which word means a feeling of contempt or scorn?

Option: Disdain

Option: Vilification

Option: Heinous

Option: Indignation

2. What term refers to the act of speaking ill of someone?

Option: Commend

Option: Belittlement

Option: Harrowing

Option: Vilification

3. Which word best fits the situation of being found guilty of a crime?

Option: Spectators



- Option: Belittlement
- Option: Convicted
- Option: Heralding

4. What term describes expressing ideas clearly and briefly?

- Option: Vibrancy
- Option: Succinct
- Option: Intriguing
- Option: Exuberantly

5. Which word means to act in response to an injury or insult?

- Option: Harrowing
- Option: Retaliatory
- Option: Orchestrated
- Option: Denunciation

6. What term means the exclusion of someone from a society or group?

- Option: Insidious
- Option: Delineates
- Option: Disseminated
- Option: Ostracism

7. What term refers to a claim or assertion that someone has done something wrong or illegal?

- Option: Allegations
- Option: Exacerbated
- Option: Prospect
- Option: Commenced

8. Which word pertains to the mind and behavior?

- Option: Psychological
- Option: Intriguing
- Option: Indignation
- Option: Heinous

9. Which word means anger or annoyance provoked by unfair treatment?

- Option: Climactic
- Option: Indignation
- Option: Vibrancy
- Option: Spectators

10. What term means to begin or start?

- Option: Glimpse
- Option: Commenced



Option: Delineates

Option: Heraldin

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. The smell from the garbage was absolutely _____.
12. The consequences of his actions were completely _____.
13. She sang _____ during the celebration.
14. The official issued a strong _____ of the dictator's actions.
15. The stadium was filled with excited _____ cheering for their team.
16. She caught a _____ of the famous actor at the restaurant.
17. There is a promising _____ of new job opportunities in the city.
18. The painting was full of color and _____.
19. The criminal committed a _____ act that shocked the community.
20. The survivors of the accident recounted the _____ experience.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The movie had a thrilling and intense ending that left the audience in awe.
22. The act of can have detrimental effects on a person's reputation and well-being.
23. The event with a grand opening ceremony that captivated everyone present.
24. The artist expertly the intricate details of the landscape in his painting.
25. The information was across various platforms to reach a wider audience.
26. The continuous of his efforts made him doubt his own abilities.
27. The lack of communication only the existing tensions between the two parties.



28. The new discovery was seen as a breakthrough in medical science.

29. The nature of the virus made it challenging to detect and control.

30. The legal team refuted the made against their client.

Answer

Multiple Choice: 1. Disdain 2. Vilification 3. Convicted 4. Succinct 5. Retaliatory 6. Ostracism 7. Allegations 8. Psychological 9. Indignation 10. Commenced

Gap-Fill: 11. repugnant 12. unintended 13. exuberantly 14. denunciation 15. spectators 16. glimpse 17. prospect 18. vibrancy 19. heinous 20. harrowing

Matching sentence: 1. climactic 2. vilification 3. commenced 4. delineates 5. disseminated 6. belittlement 7. exacerbated 8. heralding 9. insidious 10. allegation

CATEGORY

1. Entertainment - LEVEL6

Date Created

2024/12/31

Author

aimeeyoung99

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