



Golden Retriever Struggles to Stay Awake on Flight

Description

Airplane cabins are not usually relaxing places, with tight seats and noise. But Merlot, a dog with a special passport, travels comfortably. This Golden Retriever enjoys flying by taking naps, making the journey look easy.

Not everyone likes having dogs in the cabin, but Merlot shows that he is a quiet and calm traveller. In a recent video, he is seen resting peacefully. He is used to flying and seems unfazed by the background noise.

The video shows him asleep in the footwell next to his owner's leg. He occasionally opens his eyes to check on his owner before going back to sleep. This isn't his first flight. He has even travelled in business class before.

Merlot's owner says he is "quiet, trained, asleep," demonstrating how well-behaved Golden Retrievers can be on planes. They love being near people, even at altitudes of 30,000 feet. The video has over 2,600 likes, with many people enjoying his calm presence. Some viewers would love to sit next to such a friendly dog.

The owner jokes about how people worry about a quiet, sleeping pup on a plane. A viewer called him a "perfect angel," appreciating his peaceful nature, unaffected by the altitude or small space.

Vocabulary List:

1. **Calm** /kɑ:m/ (adjective): Not showing or feeling nervousness anger or other emotions; peaceful.
2. **Journey** /'dʒɜ:ni/ (noun): The act of traveling from one place to another.
3. **Trained** /treɪnd/ (adjective): Having been taught a particular skill or behavior.
4. **Unfazed** /ʌn'feɪzd/ (adjective): Not disconcerted or perturbed; not bothered by something.
5. **Presence** /'prezəns/ (noun): The state or fact of existing occurring or being present; the influence of a person.
6. **Altitude** /'æɪ.tɪ.tju:d/ (noun): The height of an object or point in relation to sea level or ground level.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What is the main goal of a strengthening program?

Option: To increase flexibility

Option: To build muscle mass



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- Option: To enhance endurance
Option: To improve cardiovascular health
2. Which exercise is best for improving stability?
Option: Running
Option: Yoga
Option: Weightlifting
Option: Swimming
3. Which activity is primarily focused on enhancing balance?
Option: Cycling
Option: Dancing
Option: Hiking
Option: Powerlifting
4. What do you call a series of exercises performed in succession?
Option: Interval training
Option: Circuit training
Option: Aerobic exercise
Option: Strength training
5. What does the term "repetitions" refer to in a workout?
Option: The total time spent exercising
Option: The number of times an exercise is performed
Option: The amount of weight lifted
Option: The number of sets completed
6. What is a common source of protein for athletes?
Option: Fruits
Option: Vegetables
Option: Meat and dairy
Option: Grains
7. Which condition is characterized by weak and brittle bones?
Option: Arthritis
Option: Osteoporosis
Option: Scoliosis
Option: Celiac Disease
8. What typically results from a bone being stressed beyond its limit?
Option: Sprain
Option: Fracture
Option: Strain



Option: Dislocation

9. What is often recommended to manage osteoporosis?

Option: Increased protein intake

Option: Regular exercise

Option: Avoiding dairy products

Option: High-intensity workouts

10. What type of activity is considered exercise?

Option: Sleeping

Option: Reading

Option: Walking

Option: Sitting

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. A guardian is someone who provides _____ for another person.

12. A pet often provides _____ to its owner.

13. The venue was deemed _____ for the event due to its small size.

14. The movie was filled with _____ that kept the audience on the edge of their seats.

15. The office _____ led to several misunderstandings among coworkers.

16. Every _____ should be considered before making a decision.

17. Life is often described as a _____ filled with challenges and learning.

18. He signed up for _____ to improve his skills in the field.

19. Her upbringing had several critical _____ on her values and beliefs.

20. She remained _____ during the stressful situation providing support to others.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The child was curious about how the world works and asked many questions.

22. Despite the chaos around her she remained unfazed and focused on her task.



23. Her calm and reassuring presence made everyone feel at ease.
24. The hikers struggled at a high altitude due to the thin air and steep trails.
25. With consistent effort he made remarkable progress in his fitness journey.
26. After the tumultuous breakup he needed time to heal and reflect.
27. Family gatherings are a time for love laughter and connection.
28. She was deeply involved in community service and always looked for ways to help others.
29. The patient received effective treatment for their condition at the specialized clinic.
30. Daily exercise is vital for maintaining good health and wellness.

Answer

Multiple Choice: 1. To build muscle mass 2. Yoga 3. Dancing 4. Circuit training 5. The number of times an exercise is performed 6. Meat and dairy 7. Osteoporosis 8. Fracture 9. Regular exercise 10. Walking

Gap-Fill: 11. protection 12. companionship 13. unsuitable 14. drama 15. gossip 16. circumstance 17. journey 18. training 19. influences 20. calm

Matching sentence: 1. curious 2. unfazed 3. presence 4. altitude 5. progress 6. breakup 7. gatherings 8. involved 9. treatment 10. exercise

CATEGORY

1. Health - LEVEL3

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1. B1
2. ESL learning
3. esl news
4. Flying
5. Golden Retriever
6. Level 3

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Author

aimeeyoung99

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