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# I had symptoms I thought were from a brain tumour for 10 years before I found out the truth

## Description

Here's a picture of Joyce in a historical costume. She has red hair and is smiling. Joyce talks about feeling different from others and having trouble making friends. She also struggled with sensory issues. She read about brain tumor symptoms and felt scared. Despite her fears, she didn't tell her parents. Eventually, she moved to the UK for university and learned about autism. She realized that the symptoms described her. In China, there's stigma around autism, so she didn't consider it at first. But in the UK, she sought a diagnosis and got support from her tutor. She finally received her diagnosis and feels more confident. She wishes she could reassure her younger self that being different is okay. She encourages others to seek help if they relate to her story.

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## Vocabulary List:

1. **historical** // (adjective): Related to the past, especially to the history of a place, group, or subject.



2. **sensory** // (adjective): Relating to the senses or sensation.
3. **symptoms** // (noun): Physical or mental features that indicate a condition of disease.
4. **stigma** // (noun): A mark of disgrace or infamy; a stain or reproach.
5. **diagnosis** // (noun): The identification of the nature of an illness or other problem by examining the symptoms.
6. **confidence** // (noun): The feeling or belief that one can rely on someone or something; firm trust.

## Vocabulary quizzes

### Multiple Choice ( Select the Correct answer for each question. )

1. What term is used to describe organized action by workers to achieve specific demands?

- Option: Mitigations
- Option: Tumour
- Option: Industrial action
- Option: Junior doctors

2. Which substance is also known as vitamin B3?

- Option: Inflammation
- Option: Niacin
- Option: Substance
- Option: Supplements

3. What is often associated with incidents involving harm or injury?

- Option: Confidence
- Option: Violence
- Option: Funding
- Option: Homelessness

4. What medical condition involves an abnormal mass of tissue?

- Option: Bowel cancer
- Option: Life-saving
- Option: Tumour
- Option: Excessive

5. What process involves the uptake of substances into the body?

- Option: Substances
- Option: Combination
- Option: Absorption
- Option: Harm

6. What is the identification of a disease or medical condition called?



- Option: Stigma
- Option: Diagnosis
- Option: Confidence
- Option: Mental health services

7. What term describes an amount or level that is more than necessary?

- Option: Inflammation
- Option: Excessive
- Option: Bleeding
- Option: Compete

8. What is often required to support mental health services and research programs?

- Option: ER
- Option: Homelessness
- Option: Violent incidents
- Option: Funding

9. What are the indicators of a particular disease or medical condition called?

- Option: Historical
- Option: Sensory
- Option: Symptoms
- Option: Stigma

10. What can be a barrier to seeking help or diagnosis for certain conditions due to societal attitudes?

- Option: Confidence
- Option: Stigma
- Option: Diagnosis
- Option: Mental health services

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

11. \_\_\_\_\_ transport blood throughout the body helping with the circulation of nutrients and oxygen.

12. The \_\_\_\_\_ of nutrients provides guidance on the amount of specific nutrients needed for good health.

13. Access to quality \_\_\_\_\_ is essential for individuals dealing with psychological



challenges.

14. Patients in critical condition often require immediate attention in the \_\_\_\_\_ .
15. Many factors such as job loss or economic downturn can contribute to a rise in \_\_\_\_\_ .
16. Injuries can result in various complications including excessive \_\_\_\_\_ .
17. When two substances \_\_\_\_\_ for the same binding sites it can affect their absorption.
18. Chronic \_\_\_\_\_ can have detrimental effects on the body and may lead to various diseases.
19. The nervous system includes components responsible for processing \_\_\_\_\_ information.
20. Understanding the \_\_\_\_\_ context of certain medical practices can provide insights into their development.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

21. Immediate medical intervention can be especially in emergency situations.
22. play a crucial role in providing care and learning within healthcare settings.
23. A(n) is defined as matter that has distinct existence and properties.
24. Some individuals may need dietary to meet their nutritional requirements.
25. Certain drugs work better when used in to enhance their efficacy.
26. Efficient nutrient is vital for the body to utilize essential vitamins and minerals.
27. Deliberate actions that cause to oneself or others require intervention and support.
28. Early and accurate of diseases can lead to better treatment outcomes.



29. Building self- is important for individuals to navigate challenges and achieve goals.

30. Preventing requires collaboration between communities and law enforcement agencies.

## Answer

**Multiple Choice:** 1. Industrial action 2. Niacin 3. Violence 4. Tumour 5. Absorption 6. Diagnosis 7. Excessive 8. Funding 9. Symptoms 10. Stigma

**Gap-Fill:** 11. Blood vessels 12. Recommended daily allowance 13. Mental health services 14. ER 15. Homelessness 16. Bleeding 17. Compete 18. Inflammation 19. Sensory 20. Historical

**Matching sentence:** 1. Life-saving 2. Junior doctors 3. Substance 4. Supplements 5. Combinations 6. Absorption 7. Harm 8. Diagnosis 9. Confidence 10. Violent incidents

## CATEGORY

1. Health - LEVEL1

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