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Is the 'Godzilla' weight loss injection truly the top choice? MailOnline's comparison chart reveals how it stacks up against competitors Ozempic and Mounjaro.

## Description

A new weight loss injection called 'Godzilla' has been making waves in the health world, with promising results suggesting it could be the most effective one yet. Known as retatrutide, this jab has been found to help individuals lose a significant amount of weight in a short period of time. Unlike other weight loss injections, retatrutide not only curbs appetite but also boosts metabolism. Trials have shown that people can shed up to 24% of their body weight in just under a year with this new injection. To see how it compares to other weight loss drugs, check out an informative graphic on MailOnline. With potential health benefits beyond weight loss, retatrutide is creating quite a buzz in the medical community. Stay tuned for more updates on this groundbreaking treatment.

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## Vocabulary List:

1. **Injection** // (noun): The act of putting a liquid especially a drug into a person's body using a needle.
2. **Retatrutide** // (noun): A specific weight loss drug.
3. **Metabolism** // (noun): The chemical processes in the body that convert food and other substances into energy.
4. **Trials** // (noun): Experiments involving the testing of new treatments or drugs.
5. **Appetite** // (noun): A natural desire for food.
6. **Buz** // (noun): Excitement or interest surrounding a particular topic or event.

## Vocabulary quizzes

### Multiple Choice ( Select the Correct answer for each question. )

1. What term is used to describe a group of symptoms that consistently occur together?  
Option: Antioxidants  
Option: Hypertension  
Option: Syndrome  
Option: Metabolism
2. Which term describes food that is beneficial for health and growth?  
Option: Injection  
Option: Nutritious  
Option: Glycemic Index  
Option: Hydrating
3. What is the term used to describe the desire to eat food?  
Option: Trials  
Option: Appetite  
Option: Obesity  
Option: Allergy
4. Which mineral is important for muscle function and heart health?  
Option: Fiber  
Option: Antioxidants  
Option: Potassium  
Option: Essential
5. What method involves administering a substance into the body using a needle or syringe?  
Option: Injection



- Option: Criteria
- Option: Inspiration
- Option: Variety

6. What term is used to describe experiments or investigations?

- Option: Exacerbated
- Option: Alleviate
- Option: Trials
- Option: Allergist

7. What term refers to a low sound like that of a bee?

- Option: Buz
- Option: Incorporate
- Option: Retatrutide
- Option: Glycemic Index

8. Which term describes a damaging immune response to a substance?

- Option: Exacerbated
- Option: Allergy
- Option: Hydrating
- Option: Obesity

9. What is the name of the medication under investigation in clinical trials?

- Option: Nutritious
- Option: Retatrutide
- Option: Incorporate
- Option: Antioxidants

10. What term refers to a publication distributed regularly containing news and updates?

- Option: Newsletter
- Option: Metabolism
- Option: Incorporate
- Option: Criteria

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

11. \_\_\_\_\_ is a condition in which the force of the blood against the artery walls is too high.

12. Lack of sleep \_\_\_\_\_ his existing health problems making them worse.

13. It is important to \_\_\_\_\_ a variety of fruits and vegetables into your diet for optimal



nutrition.

14. Regular exercise can help boost your \_\_\_\_\_ and aid in weight management.
15. Foods rich in \_\_\_\_\_ can help reduce oxidative stress in the body.
16. Drinking herbal tea may help to \_\_\_\_\_ symptoms of indigestion.
17. Including a \_\_\_\_\_ of foods in your meals ensures you get a range of nutrients.
18. Proper \_\_\_\_\_ is essential for overall health and well-being.
19. The \_\_\_\_\_ for selecting participants in the study were very strict.
20. His journey to recovery was an \_\_\_\_\_ to many others facing similar challenges.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

21. Including sufficient in your diet can promote healthy digestion and prevent constipation.
22. Choosing foods with a low can help regulate blood sugar levels.
23. It is important to consume a diet to support overall health and well-being.
24. An specializes in the diagnosis and treatment of allergies.
25. Bananas are a good source of which is essential for muscle function.
26. Drinking an adequate amount of water is important for the body.
27. is a condition characterized by excessive body weight and fat accumulation.
28. Omega-3 fatty acids are nutrients that the body needs but cannot produce on its own.
29. Trying to more physical activity into your daily routine can improve your fitness levels.
30. Common of allergies include sneezing itching and nasal congestion.

**Answer**

**Multiple Choice:** 1. Syndrome 2. Nutritious 3. Appetite 4. Potassium 5. Injection 6. Trials 7. Buz 8. Allergy 9. Retatrutide



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10. Newsletter

**Gap-Fill:** 11. Hypertension 12. exacerbated 13. incorporate 14. metabolism 15. antioxidants 16. alleviate  
17. variety 18. hydration 19. criteria 20. inspiration

**Matching sentence:** 1. fiber 2. glycemic index 3. nutritious 4. allergist 5. potassium 6. hydrating 7. obesity  
8. essential 9. incorporate 10. symptoms

## CATEGORY

1. Health - LEVEL1

### Date Created

2024/05/15

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