



# James Van Der Beek's Stage 3 Colon Cancer Shock

## Description

James Van Der Beek is bravely battling stage 3 colorectal cancer and staying positive during his journey. The actor from "Dawson's Creek" shared his struggles with the disease, emphasizing that he didn't expect to face cancer due to his healthy lifestyle. Despite lacking a family history of cancer, the 47-year-old actor maintained his fitness and healthy diet for most of his life.

Van Der Beek opened up about the challenges he faced upon receiving his diagnosis, expressing his concern about the uncertainties that come with cancer treatment. He highlighted the importance of staying informed and seeking medical advice promptly. Following his diagnosis, Van Der Beek underwent a colonoscopy to confirm his condition.

Since learning about his cancer, Van Der Beek has taken a proactive approach to his health. He has changed his diet, focusing on natural and organic foods, and emphasized the importance of reducing processed foods. The actor also shared his journey towards healing, emphasizing the significance of mind, body, and spirit alignment.

Despite the difficulties he faces, Van Der Beek remains optimistic about his future. He emphasized the importance of making positive life changes and expressed gratitude for the lessons he has learned through his health battle..waitKey for next updates on his progress.

## Vocabulary List:

1. **Diagnosis** /ˌdaɪ.əɡˈnoʊ.sɪs/ (noun): The identification of the nature of an illness or condition.
2. **Proactive** /prəʊˈæktɪv/ (adjective): Creating or controlling a situation rather than just responding to it after it has happened.
3. **Emphasized** /ˈem.fə.saɪzd/ (verb): To give special importance or prominence to something in speaking or writing.
4. **Struggles** /ˈstrʌɡ.əlz/ (noun): Efforts to overcome difficulties or challenges.
5. **Nutrition** /njuːˈtrɪʃ.ən/ (noun): The process of providing or obtaining the food necessary for health and growth.
6. **Alignment** /əˈlaɪn.mənt/ (noun): Arrangement in a straight line or in correct relative positions often used in a metaphoric sense for harmony.

## Vocabulary quizzes

**Multiple Choice ( Select the Correct answer for each question. )**



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1. What is the term for the identification of a disease or condition by means of a patient's symptoms?  
Option: Treatment  
Option: Diagnosed  
Option: Prevention  
Option: Recovery
  2. What term refers to the ability to recover quickly from difficulties?  
Option: Depression  
Option: Resilience  
Option: Weakness  
Option: Sensitivity
  3. What term describes the partial or complete disappearance of signs and symptoms of a disease?  
Option: Progression  
Option: Remission  
Option: Exacerbation  
Option: Relapse
  4. In an award ceremony who are the individuals selected as candidates for an award?  
Option: Audience  
Option: Nominees  
Option: Winners  
Option: Judges
  5. What term describes the process of providing or obtaining the food necessary for health and growth?  
Option: Fitness  
Option: Nutrition  
Option: Medication  
Option: Hygiene
  6. What is the identification of the nature of an illness or other problem by examination of the symptoms?  
Option: Treatment  
Option: Prevention  
Option: Diagnosis  
Option: Recovery
  7. Which term refers to a group of people living in the same place or having a particular characteristic in common?  
Option: Society  
Option: Community  
Option: Assembly  
Option: Population



8. What term refers to a prolonged public dispute or debate often concerning a matter of opinion?

- Option: Compromise
- Option: Conformity
- Option: Contentment
- Option: Controversy

9. Which term describes the way in which one acts or conducts oneself especially toward others?

- Option: Character
- Option: Behavior
- Option: Personality
- Option: Attitude

10. What term is used to describe something that is widely recognized and well-established?

- Option: Modern
- Option: Iconic
- Option: Common
- Option: Unusual

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

11. \_\_\_\_\_ is a common treatment for cancer that uses drugs to destroy cancer cells.

12. In order to achieve success it is important for your actions to be in \_\_\_\_\_ with your goals.

13. The elected official will act as the \_\_\_\_\_ of the people in the upcoming negotiations.

14. The author decided to write a \_\_\_\_\_ to share personal experiences and memories with readers.

15. After his passing his entire \_\_\_\_\_ was left to his only son.

16. The doctor emphasized the \_\_\_\_\_ of the patient's condition and the need for immediate treatment.

17. She \_\_\_\_\_ her gratitude to everyone who supported her during the difficult times.



18. With his exceptional skills and determination he emerged as a strong \_\_\_\_\_  
for the championship title.

19. Despite facing numerous \_\_\_\_\_ she never gave up on her dreams and eventually  
succeeded.

20. The company \_\_\_\_\_ its financial reports to provide transparency to its investors.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

21. Taking a approach can help in preventing potential issues before they arise.
22. The movie many young artists to pursue their passion for filmmaking.
23. The art gallery will the works of various local artists next month.
24. Traveling allows us to different cultures and traditions.
25. The new policy was widely by the opposition party.
26. His rude behavior towards the elders was seen as highly .
27. The artist classic artworks in a modern and abstract style.
28. Their relationship went through a period before finding stability.
29. Chemists study how different elements combine to form with unique properties.
30. The teacher the importance of revising for the upcoming exam.

## Answer

**Multiple Choice:** 1. Diagnosed 2. Resilience 3. Remission 4. Nominees 5. Nutrition 6. Diagnosis 7. Community  
8. Controversy 9. Behavior 10. Iconic

**Gap-Fill:** 11. Chemotherapy 12. Alignment 13. Representative 14. Memoir 15. Estate 16. Seriousness  
17. Expressed 18. Contender 19. Struggles 20. Disclosed

**Matching sentence:** 1. proactive 2. inspired 3. showcase 4. explore 5. criticized 6. disrespectful 7. reimagines  
8. tumultuous 9. compounds 10. emphasized



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## CATEGORY

1. Entertainment - LEVEL3

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