

James Van Der Beek's Stage 3 Colon Cancer Shock

Description

James Van Der Beek is bravely battling stage 3 colorectal cancer and staying positive during his journey. The actor from "Dawson's Creek" shared his struggles with the disease, emphasizing that he didn't expect to face cancer due to his healthy lifestyle. Despite lacking a family history of cancer, the 47-year-old actor maintained his fitness and healthy diet for most of his life.

Van Der Beek opened up about the challenges he faced upon receiving his diagnosis, expressing his concern about the uncertainties that come with cancer treatment. He highlighted the importance of staying informed and seeking medical advice promptly. Following his diagnosis, Van Der Beek underwent a colonoscopy to confirm his condition.

Since learning about his cancer, Van Der Beek has taken a proactive approach to his health. He has changed his diet, focusing on natural and organic foods, and emphasized the importance of reducing processed foods. The actor also shared his journey towards healing, emphasizing the significance of mind, body, and spirit alignment.

Despite the difficulties he faces, Van Der Beek remains optimistic about his future. He emphasized the importance of making positive life changes and expressed gratitude for the lessons he has learned through his health battle..waitKey for next updates on his progress.

Vocabulary List:

1. **Diagnosis** /dai.əg'nəsɪs/ (noun): The identification of the nature of an illness or condition.
2. **Proactive** /prəʊ'æktyv/ (adjective): Creating or controlling a situation rather than just responding to it after it has happened.
3. **Emphasized** /'em.fə.səɪzd/ (verb): To give special importance or prominence to something in speaking or writing.
4. **Struggles** /'strʌg.əlz/ (noun): Efforts to overcome difficulties or challenges.
5. **Nutrition** /nju:'trɪʃ.ən/ (noun): The process of providing or obtaining the food necessary for health and growth.
6. **Alignment** /ə'læɪn.mənt/ (noun): Arrangement in a straight line or in correct relative positions often used in a metaphoric sense for harmony.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What is the term for the identification of a disease or condition by means of a patient's symptoms?

- Option: Treatment
- Option: Diagnosed
- Option: Prevention
- Option: Recovery

2. What term refers to the ability to recover quickly from difficulties?

- Option: Depression
- Option: Resilience
- Option: Weakness
- Option: Sensitivity

3. What term describes the partial or complete disappearance of signs and symptoms of a disease?

- Option: Progression
- Option: Remission
- Option: Exacerbation
- Option: Relapse

4. In an award ceremony who are the individuals selected as candidates for an award?

- Option: Audience
- Option: Nominees
- Option: Winners
- Option: Judges

5. What term describes the process of providing or obtaining the food necessary for health and growth?

- Option: Fitness
- Option: Nutrition
- Option: Medication
- Option: Hygiene

6. What is the identification of the nature of an illness or other problem by examination of the symptoms?

- Option: Treatment
- Option: Prevention
- Option: Diagnosis
- Option: Recovery

7. Which term refers to a group of people living in the same place or having a particular characteristic in common?

- Option: Society
- Option: Community
- Option: Assembly
- Option: Population

8. What term refers to a prolonged public dispute or debate often concerning a matter of opinion?

- Option: Compromise
- Option: Conformity
- Option: Contentment
- Option: Controversy

9. Which term describes the way in which one acts or conducts oneself especially toward others?

- Option: Character
- Option: Behavior
- Option: Personality
- Option: Attitude

10. What term is used to describe something that is widely recognized and well-established?

- Option: Modern
- Option: Iconic
- Option: Common
- Option: Unusual

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. _____ is a common treatment for cancer that uses drugs to destroy cancer cells.

12. In order to achieve success it is important for your actions to be in _____ with your goals.

13. The elected official will act as the _____ of the people in the upcoming negotiations.

14. The author decided to write a _____ to share personal experiences and memories with readers.

15. After his passing his entire _____ was left to his only son.

16. The doctor emphasized the _____ of the patient's condition and the need for immediate treatment.

17. She _____ her gratitude to everyone who supported her during the difficult times.

18. With his exceptional skills and determination he emerged as a strong _____ for the championship title.

19. Despite facing numerous _____ she never gave up on her dreams and eventually succeeded.

20. The company _____ its financial reports to provide transparency to its investors.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. Taking a approach can help in preventing potential issues before they arise.

22. The movie many young artists to pursue their passion for filmmaking.

23. The art gallery will the works of various local artists next month.

24. Traveling allows us to different cultures and traditions.

25. The new policy was widely by the opposition party.

26. His rude behavior towards the elders was seen as highly .

27. The artist classic artworks in a modern and abstract style.

28. Their relationship went through a period before finding stability.

29. Chemists study how different elements combine to form with unique properties.

30. The teacher the importance of revising for the upcoming exam.

Answer

Multiple Choice: 1. Diagnosed 2. Resilience 3. Remission 4. Nominees 5. Nutrition 6. Diagnosis 7. Community 8. Controversy 9. Behavior 10. Iconic

Gap-Fill: 11. Chemotherapy 12. Alignment 13. Representative 14. Memoir 15. Estate 16. Seriousness 17. Expressed 18. Contender 19. Struggles 20. Disclosed

Matching sentence: 1. proactive 2. inspired 3. showcase 4. explore 5. criticized 6. disrespectful 7. reimagines 8. tumultuous 9. compounds 10. emphasized



CATEGORY

1. Entertainment - LEVEL3

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