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# Josh Duhamel's Off-Grid Family Life: Inside His Doomsday Prepper Journey

## Description

Josh Duhamel's secluded retreat amidst the Minnesota wilderness has seamlessly evolved into a dual-purpose residence—both a tranquil abode and a fortified sanctuary for exigent circumstances.

In a revealing [interview with Parade](#) published on Thursday, the star of "Ransom Canyon" elaborated on his off-the-grid domicile, characterizing it as a "vast playground."

"It has truly rejuvenated my spirit," he remarked. "There exists a profound sense of fulfillment that resonates with one's inner being."

Duhamel further elucidated that this rustic retreat, painstakingly constructed by him over a span of 15 years, represents his personal paradise, distanced from both the frenetic pace of Hollywood and the proximity of urban life.

"One of the primary motivations behind building my sanctuary in Minnesota, nestled deep within the woods, was the desire for seclusion," he revealed. "The nearest commercial establishment is a daunting 40 miles away. Once we arrive, the focus shifts to nurturing one another—creating cherished memories and reveling in familial bonds."

"In such remote surroundings, the essence of existence revolves around joy—ensuring warmth, sustenance, and hydration for all," he continued.

Duhamel noted that this secluded haven has also significantly fostered familial connections. As a father of two—Axl Jack, aged 11, from his previous marriage to Fergie, and 15-month-old Shepherd, with his current wife, Audra Mari—he observed, "My son will possess enduring memories of this retreat. Engaging with him in outdoor activities brings irreplaceable joy."

"I aspire for this place to become a legacy, enabling my children to impart its significance to future generations," he underscored, emphasizing that familial ties supersede materialistic pursuits.

Moreover, he shared that his interactions with his own parents have deepened significantly due to this refuge, thus transforming it into an essential hub for familial gatherings. The self-proclaimed "doomsday prepper" previously articulated his intent to create a safe haven for his family in case of societal disruptions. He expressed an ardent desire to cultivate self-sustainability through agriculture, hunting, and fishing, adorned with modern amenities like a Starlink internet connection and a custom water filtration system.

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## Vocabulary List:



1. **Sanctuary** /'sæŋk.tʃu:.er.i/ (noun): A place of refuge or safety.
2. **Exigent** /'ek.sɪ.dʒənt/ (adjective): Requiring immediate action or attention.
3. **Rejuvenated** /rɪ'dʒu:.və.neɪ.tɪd/ (verb): Restored to a more youthful or fresh condition.
4. **Frenetic** /frə'nɛt.ɪk/ (adjective): Fast and energetic in a rather wild and uncontrolled way.
5. **Cherished** /'tʃer.ɪʃt/ (adjective): Highly valued and held dear.
6. **Self-sustainability** /sɛlf sə'steɪ.nə'bɪl.ɪ.ti/ (noun): The ability to maintain oneself without external assistance.

## Vocabulary quizzes

### Multiple Choice ( Select the Correct answer for each question. )

1. What is the act of honoring and remembering an event or a person?  
Option: Celebrating  
Option: Condemning  
Option: Denying  
Option: Disregarding
2. Which word describes something characterized by fast and energetic activity?  
Option: Sedate  
Option: Tranquil  
Option: Calm  
Option: Frantic
3. What word is used to indicate that something is claimed but not proven?  
Option: Absolutely  
Option: Definitely  
Option: Possibly  
Option: Supposedly
4. Who brings a criminal charge against a defendant in court?  
Option: Defense Attorneys  
Option: Judges  
Option: Jury  
Option: Prosecutors
5. Which word means to make someone or something look or feel younger fresher or more lively?  
Option: Exhausted  
Option: Depleted  
Option: Revived  
Option: Disheartened



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6. What term refers to the ability to sustain oneself without external support?
- Option: Dependency
  - Option: Balance
  - Option: Self-sufficiency
  - Option: Interdependence
7. Which word means to hold something dear and deeply loved?
- Option: Rejected
  - Option: Loathed
  - Option: Despised
  - Option: Cherished
8. Which word means to be stubbornly adhering to one's opinion or chosen course of action?
- Option: Flexibly
  - Option: Willingly
  - Option: Firmly
  - Option: Obstinate
9. What term describes a fact or event which can be observed and is remarkable or unusual?
- Option: Commonality
  - Option: Ordinarity
  - Option: Everydayness
  - Option: Phenomenon
10. What is the act of harassing or oppressing someone especially because of their beliefs?
- Option: Protection
  - Option: Validation
  - Option: Approval
  - Option: Persecution

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

11. He found a peaceful \_\_\_\_\_ in the midst of the bustling city.
12. The \_\_\_\_\_ circumstances required immediate action.
13. The police charged him with a minor \_\_\_\_\_ for his actions.
14. The official \_\_\_\_\_ issued by the government clarified the situation.
15. In leadership roles \_\_\_\_\_ is crucial for trust and integrity.



16. The loss affected her \_\_\_\_\_ leaving a lasting impact on her emotions.
17. The company faced serious \_\_\_\_\_ of corruption from multiple sources.
18. The team won the first match and the \_\_\_\_\_ game securing their victory.
19. The evidence presented was deemed \_\_\_\_\_ to support the case.
20. The mayor made a public \_\_\_\_\_ declaring the new city holiday.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

21. The park was frequented by various wildlife and local residents alike.
22. The classic car was considered the example of vintage automotive design.
23. The soldiers developed a strong sense of _____ during their time together in the battlefield.
24. The information was widely _____ to ensure that everyone was informed.
25. The news article was based on _____ information and lacked credibility.
26. The police worked diligently to _____ the suspect in the ongoing investigation.
27. The child was placed in the care of child services and taken into _____.
28. The grand castle displayed a sense of _____ and awe-inspiring beauty.
29. She was _____ when she received the news of her promotion at work.
30. The artist's work impacted the viewers leaving them in deep thought.

## Answer

**Multiple Choice:** 1. Celebrating 2. Frantic 3. Supposedly 4. Prosecutors 5. Revived 6. Self-sufficiency  
7. Cherished 8. Obstinate 9. Phenomenon 10. Persecution

**Gap-Fill:** 11. sanctuary 12. exigent 13. misdemeanor 14. communiqué 15. accountability 16. profoundly  
17. allegations 18. subsequent 19. insufficient 20. proclamation

**Matching sentence:** 1. denizens 2. quintessential 3. camaraderie 4. disseminated 5. fabricated 6. apprehend  
7. custody 8. magnificence 9. elated 10. profoundly



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