



## Limited People Will Reach 100 Due to Slowing Life Expectancy

### Description

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Many people wonder if they will live to be 100. Experts say that even though healthcare has improved, it is unlikely for most people. Life expectancy growth in rich countries is slowing down, suggesting there may be a limit to how long we can live.

In the past, people lived much shorter lives. In the 20th century, life expectancy grew by three years per decade in wealthier regions. Some thought that babies born in the 21st century would easily reach 100, but that hasn't happened.

Recent studies show that the rate at which life expectancy is increasing has slowed in many countries, with the US being affected the most by issues like the opioid crisis. However, some experts believe that with proper policies and investments in healthcare, we could see people living longer in the future.

In conclusion, while there may be limits to how long humans can live, it's a positive thing that life expectancy is still going up. Celebrating how long we can live is important.

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## Vocabulary List:

1. **Expectancy** /ɪk'spektənsi/ (noun): The state of expecting or the likelihood of an event occurring often related to the length of life.
2. **Limit** /'lɪmɪt/ (noun): A point or level beyond which something does not or may not extend or pass.
3. **Growth** /groʊθ/ (noun): The process of increasing in physical size number value or significance.
4. **Policies** /'pɒl.ɪ.sɪz/ (noun): A course or principle of action adopted or proposed by an organization or individual.
5. **Investments** /ɪn'vest.mənts/ (noun): The action or process of investing money for profit or material results.
6. **Celebrate** /'sɛl.ə.breɪt/ (verb): To acknowledge a significant or happy day or event with a social gathering or enjoyable activity.

## Comprehension Questions

### Multiple Choice

1. What is a factor contributing to the slowing down of life expectancy growth in rich countries?  
Option: Advancements in healthcare  
Option: Improved living conditions  
Option: Environmental factors  
Option: Overpopulation
2. How much did life expectancy grow by in the 20th century per decade in wealthier regions?



- Option: One year
- Option: Two years
- Option: Three years
- Option: Four years

3. Which country has been most affected by issues like the opioid crisis impacting the slowing increase of life expectancy?

- Option: United Kingdom
- Option: China
- Option: United States
- Option: Germany

4. What do some experts believe could lead to people living longer in the future?

- Option: Dietary changes
- Option: Increased stress levels
- Option: Proper policies and healthcare investments
- Option: Social media influence

5. What is considered a positive aspect regarding life expectancy despite potential limits?

- Option: Faster decline in life expectancy
- Option: Stagnation in life expectancy
- Option: Decrease in quality of life
- Option: Increase in life expectancy

6. Why is celebrating how long we can live deemed important according to the text?

- Option: To flaunt longevity
- Option: To discourage advancements in healthcare
- Option: To raise awareness about life expectancy limits
- Option: To highlight the positive trend in life expectancy

### **True-False**

7. Experts predict that most people will live to be 100 due to advancements in healthcare.

8. Life expectancy growth in rich countries is accelerating.

9. Recent studies suggest that life expectancy is increasing at a faster rate compared to previous decades in all countries.



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10. The opioid crisis has not impacted the life expectancy of the United States.
11. Proper policies and investments in healthcare are believed to have no impact on people living longer in the future.
12. The text concludes that it is not important to celebrate how long we can live.

### Gap-Fill

13. Life expectancy grew by three years per decade in wealthier regions during the 20th century, but some thought babies born in the 21st century would quickly reach 100, which \_\_\_\_\_ not happened.
14. Recent studies indicate that the rate at which life expectancy is increasing has \_\_\_\_\_ in many countries.
15. With proper policies and investments in healthcare, experts believe we could see people living longer in the \_\_\_\_\_.
16. Celebrating how long we can live is deemed important, despite potential limits, as it highlights the positive trend in life expectancy \_\_\_\_\_.
17. Life expectancy growth in rich countries is \_\_\_\_\_ down, suggesting a possible limit to how long humans can live.
18. Some experts believe that with proper policies and investments in healthcare, people could potentially live \_\_\_\_\_ in the future.

### Answer

**Multiple Choice:** 1. Advancements in healthcare 2. Three years 3. United States 4. Proper policies and healthcare investments 5. Increase in life expectancy 6. To highlight the positive trend in life expectancy

**True-False:** 7. False 8. False 9. False 10. False 11. False 12. False

**Gap-Fill:** 13. has



14. slowed 15. future 16. increase 17. slowing 18. longer

## Vocabulary quizzes

### Multiple Choice ( Select the Correct answer for each question. )

1. Who presides over a court of law?

- Option: Doctors
- Option: Bakers
- Option: Judges
- Option: Carpenters

2. What medical condition involves tissue similar to the lining of the uterus growing outside the uterus?

- Option: Endometriosis
- Option: Appendicitis
- Option: Arthritis
- Option: Malaria

3. What refers to the results or effects of a particular action or situation?

- Option: Consequences
- Option: Origins
- Option: Solutions
- Option: Hypotheses

4. What describes the rationale of how an organization creates delivers and captures value?

- Option: Business model
- Option: Employee handbook
- Option: Cookbook
- Option: Atlas

5. What are the guidelines or rules set by an organization to achieve its goals?

- Option: Menus
- Option: Scripts
- Option: Schedules
- Option: Policies

6. What are microscopic organisms that exist in various forms?



- Option: Bacteria
- Option: Astronauts
- Option: Giraffes
- Option: Robots

7. What are assets acquired with the goal of generating income or appreciation?

- Option: Lessons
- Option: Gifts
- Option: Investments
- Option: Jokes

8. What refers to facts statistics or information collected for analysis?

- Option: Emotions
- Option: Data
- Option: Gestures
- Option: Proverbs

9. What are expressions of dissatisfaction or annoyance about a product or service?

- Option: Compliments
- Option: Complaints
- Option: Suggestions
- Option: Praise

10. What are limitations or conditions that constrain or control something?

- Option: Recipes
- Option: Contracts
- Option: Restrictions
- Option: Journals

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

- 11. \_\_\_\_\_ plays a crucial role in shaping the modern world.
- 12. The company focuses on meeting the needs and demands of the \_\_\_\_\_ market.
- 13. The advertisement \_\_\_\_\_ specific demographics to maximize effectiveness.
- 14. Personal development often involves continuous learning and \_\_\_\_\_.
- 15. The defendant vehemently denied the allegations made by the \_\_\_\_\_.



16. Training programs aim at \_\_\_\_\_ the skill sets of employees.
17. The storm caused \_\_\_\_\_ damage to the coastal areas.
18. The project team is \_\_\_\_\_ the workload among its members for better efficiency.
19. The average life \_\_\_\_\_ has significantly increased over the years.
20. Anniversaries are often a time to \_\_\_\_\_ milestones and achievements.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

21. Regular exercise is to overall health and well-being.
22. The new research results show possibilities for future treatments.
23. The automobile has seen significant technological advancements in recent years.
24. An accurate is crucial for determining the appropriate medical treatment.
25. In a market companies strive to gain an edge over their rivals.
26. Carbon is a key in many organic compounds.
27. Some individuals have skin that requires special care.
28. Water is a simple composed of hydrogen and oxygen atoms.
29. in court evaluate evidence and deliver verdicts based on the law.
30. The new policy imposes certain on travel expenses.

## Answer

**Multiple Choice:** 1. Judges 2. Endometriosis 3. Consequences 4. Business model 5. Policies 6. Bacteria  
7. Investments 8. Data 9. Complaints 10. Restrictions

**Gap-Fill:** 11. Technology 12. Consumer 13. targets 14. growth 15. accuser 16. enhancing 17. severe 18.  
splitting 19. expectancy 20. celebrate

**Matching sentence:** 1. Beneficial 2. Promising 3. Industry 4. Diagnosis 5. Competitive 6. Element 7. Sensitive  
8. Compound 9. Judges 10. Restrictions





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## CATEGORY

1. Sci/Tech - LEVEL2

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### **Author**

aimeeyoung99

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