



Man Revives After 24 Minutes, Shares Stunning Experience

Description

A woman named Lauren Canaday stopped breathing for 24 minutes at home. This happened after she had a serious heart attack. Her husband and paramedics tried very hard to bring her back. Finally, they were successful after almost half an hour.

Lauren shared her experience of what she felt during this time. Many people think you see bright lights or a tunnel when you die. But Lauren felt a strong sense of peace instead. She remembered this feeling long after she woke up. It helped her when life became hard.

Now, Lauren thinks about her life in two parts: before her heart attack and after. She does not fear death anymore. She feels different since the event. She described it as waking up to a new life.

Lauren now has a device in her chest that helps her heart. She often remembers how close she came to dying. Even though it was a hard time for her family, Lauren remembers her unconscious state as positive. She had no memory of the week before her heart attack.

Comprehension Questions

Multiple Choice

1. How long did Lauren Canaday stop breathing?

- Option: 10 minutes
- Option: 15 minutes
- Option: 24 minutes
- Option: 30 minutes

2. What helped Lauren when life became hard after waking up?

- Option: The memory of her heart attack
- Option: A strong sense of peace
- Option: Bright lights she saw
- Option: Paramedics' efforts

3. What device does Lauren have in her chest?

- Option: A pacemaker



- Option: A defibrillator
- Option: A heart monitor
- Option: An artificial heart

4. How does Lauren feel about death after her experience?

- Option: She fears it more
- Option: She feels indifferent
- Option: She does not fear it anymore
- Option: She embraces it completely

5. What two parts does Lauren think about her life?

- Option: Before and during the heart attack
- Option: Before and after the heart attack
- Option: During and after the heart attack
- Option: Before and after her recovery

6. What did Lauren have no memory of?

- Option: The week before her heart attack
- Option: Her husband during the incident
- Option: The paramedics' arrival
- Option: Her feelings during the heart attack

True-False

- 7. Lauren Canaday experienced bright lights after she stopped breathing.
- 8. Lauren's husband and paramedics were able to bring her back quickly.
- 9. Lauren remembers her unconscious state as a negative experience.
- 10. Lauren Canaday had a heart attack at home.
- 11. Lauren describes her experience as waking up to a new life.
- 12. Lauren now fears death more than before.

Gap-Fill



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13. Lauren Canaday stopped breathing for _____ minutes.
14. Lauren felt a strong sense of _____ instead of seeing bright lights.
15. Lauren thinks about her life in two parts: before her heart attack and _____ her heart attack.
16. Lauren has a device in her chest that helps her _____
17. Even though it was a hard time for her family, Lauren remembers her unconscious state as _____
18. Lauren had no memory of the week _____ her heart attack.

Answer

Multiple Choice: 1. 24 minutes 2. A strong sense of peace 3. A pacemaker 4. She does not fear it anymore 5. Before and after the heart attack 6. The week before her heart attack

True-False: 7. False 8. False 9. False 10. True 11. True 12. False

Gap-Fill: 13. 24 14. peace 15. after 16. heart 17. positive 18. before

CATEGORY

1. Health - LEVEL1

Date Created

2026/03/02

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