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## Millennials are choosing 'quiet vacations' over in-person work as the latest form of rebellion

### Description

Employees are finding new ways to balance work and leisure, leaving some bosses in the dark about their time off. A recent report revealed that 37% of millennial workers have taken time off without informing their superiors. Many are using remote work as an opportunity to indulge in a "quiet vacation" without official approval.

Some tactics include pretending to be online by moving their mouse or sending emails outside of work hours to create the illusion of overtime. This behavior highlights a cultural issue rather than a policy one, with many workers feeling anxious about taking time off. The pressure to always be available and guilt about leaving tasks unfinished contribute to this trend.

This desire for a quiet vacation reflects a new form of worker anxiety, exacerbated by the pandemic. While CEOs push for a return to traditional office settings, employees are advocating for flexibility and work-life balance. Companies that adapt to these changing priorities, especially as Gen Z enters the workforce, are likely to attract top talent in the future.

In the midst of this workplace divide, the need for understanding and accommodating changing work norms is becoming increasingly apparent. The shift towards hybrid work arrangements and a focus on employee well-being signal a new era in workplace culture.

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## Vocabulary List:

1. **Balance** // (noun): The state of having two sides or parts that are equal or steady.
2. **Leisure** // (noun): Time when you are not working or are not busy.
3. **Indulge** // (verb): To allow yourself or someone else to have something enjoyable.
4. **Approval** // (noun): Permission or agreement.
5. **Tactics** // (noun): Planned actions for a particular purpose.
6. **Anxiety** // (noun): An uncomfortable feeling of nervousness or worry about something.

## Vocabulary quizzes

### Multiple Choice ( Select the Correct answer for each question. )

1. Which word means sudden and unexpected?  
Option: Abrupt  
Option: Resilience  
Option: Equity  
Option: Produce
2. Which word refers to the powerful effect something has on a situation or person?  
Option: Impact  
Option: Stockpiles  
Option: Tactics  
Option: Balance
3. What term is used to describe the feeling of surprise or shock at the high price of something?  
Option: Tactics  
Option: Sticker shock  
Option: Drop  
Option: Approval
4. Which term refers to signals or signs that show the state or existence of something?  
Option: Indicators  
Option: Yields



Option: Resilience

Option: Leisure

5. Which word means a sudden or significant decrease?

Option: Yields

Option: Drop

Option: Bullish

Option: Volatility

6. Which term describes a feeling of worry nervousness or unease?

Option: Hefty

Option: Anxiety

Option: Livelihoods

Option: Frustration

7. What word means important and famous?

Option: Prominent

Option: Airdrop

Option: Equity

Option: Researching

8. Which term refers to investigating studying or examining thoroughly?

Option: Earnings

Option: Researching

Option: Interior

Option: Frustration

9. Which word describes the tendency of something to change unpredictably?

Option: Volatility

Option: Uncertainty

Option: Resilience

Option: Balance

10. What word means to allow oneself to enjoy the pleasure of something?

Option: Tactics

Option: Indulge

Option: Approval

Option: Drop

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**



11. \_\_\_\_\_ refers to the money that a person makes from their job or investment.
12. \_\_\_\_\_ is the value of an asset after deducting any liabilities.
13. \_\_\_\_\_ brings about doubt and a lack of sureness in various situations.
14. \_\_\_\_\_ refer to the income generated by an investment or other financial asset over a specific period.
15. \_\_\_\_\_ is the ability to recover quickly from difficulties or toughness.
16. The \_\_\_\_\_ of an area includes all the visible features of an area of land.
17. A \_\_\_\_\_ amount or price is quite large or substantial.
18. People depend on their \_\_\_\_\_ for the resources necessary to live.
19. The \_\_\_\_\_ of a building refers to the inside or inner part of it.
20. A \_\_\_\_\_ is a person who purchases goods and services for personal use.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

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| 21. After reviewing the proposal he gave his for the project to proceed.                     |
| 22. The sudden in the stock price shocked investors.   |
| 23. The humanitarian organization performed an of supplies to the remote village.            |
| 24. Investors are feeling about the company's prospects after the positive financial report. |
| 25. His continuous technical issues caused immense among the team.                           |
| 26. The new policy had a significant on the local economy.                                   |
| 27. During his day off he decided to spend his time on various activities.                   |
| 28. Her successful investments led to a substantial increase in her .                        |
| 29. The company decided to build up of raw materials in anticipation of the supply shortage. |



30. The marketing team developed new to attract a younger demographic.

## Answer

**Multiple Choice:** 1. Abrupt 2. Impact 3. Sticker shock 4. Indicators 5. Drop 6. Anxiety 7. Prominent 8. Researching 9. Volatility 10. Indulge

**Gap-Fill:** 11. Earnings 12. Equity 13. Uncertainty 14. Yields 15. Resilience 16. Landscape 17. Hefty 18. Livelihoods 19. Interior 20. Consumer

**Matching sentence:** 1. Approval 2. Drop 3. Airdrop 4. Bullish 5. Frustration 6. Impact 7. Leisure 8. Earnings 9. Stockpiles 10. Tactics

## CATEGORY

1. Business - LEVEL3

### Date Created

2024/05/24

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