



# Millennials Embrace Quiet Vacations as a Form of Rebellion Against Traditional Work Practices

## Description

Employees need to ensure that their Zoom backgrounds are sufficiently blurred, as the secret of "quiet vacationing" is no longer under wraps. A recent report has revealed that employees, particularly millennials, are pushing the boundaries of remote work. Rather than informing their supervisors about taking time off, workers are opting to play hooky or go on vacation while pretending to work remotely.

The Harris Poll's Out of Office Culture Report from May surveyed 1,170 employed U.S. adults and discovered that 37% of millennial workers admitted to taking time off without notifying their superiors. Libby Rodney, the chief strategy officer at The Harris Poll, described this phenomenon as "quiet vacationing" in an interview with CNBC.

Millennials, who constitute almost 40% of the workforce, have resorted to extraordinary measures to maintain the facade of working, as indicated by the report. Many have confessed to moving their mouse cursor to simulate online activity and sending emails outside of work hours to give the impression of working overtime.

However, this surreptitious behavior comes at a cost of guilt and stress for many employees. The report highlights that while most employees are content with their paid time off allocation, a significant percentage feel anxious about requesting time off due to pressure to always be available for work inquiries and the guilt of burdening colleagues with unfinished tasks.

This new trend of "quiet vacations" underscores a growing source of worker anxiety stemming from the pandemic. There is a disconnect between the ideal company culture young workers desire and the traditional values enforced by their older managers.

In a workplace divided between employee demand for flexibility and CEO resistance to change, companies are gradually adapting to accommodate the evolving workforce. While this transition may be challenging, embracing hybrid work models and prioritizing work-life balance will be crucial in attracting and retaining talent in the future.

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## Vocabulary List:

1. **Sufficiently** // (adverb): To an extent that meets the requirements or expectations.
2. **Boundaries** // (noun): Limits that define how something can be done or what is possible.
3. **Facade** // (noun): An outward appearance that is maintained to conceal a less pleasant or creditable reality.
4. **Surreptitious** // (adjective): Kept secret or done in a way that avoids being noticed secretive.
5. **Burdening** // (verb): To load or oppress with a heavy load duty obligation or responsibility.
6. **Disconnect** // (noun): A lack of connection or communication a break or interruption in the relationship.

## Vocabulary quizzes

### Multiple Choice ( Select the Correct answer for each question. )

1. What is the term for something happening suddenly or unexpectedly?

- Option: Attribute
- Option: Price Movements
- Option: Operators
- Option: Abruptly

2. What word is used to describe the means of earning a living or making a livelihood?

- Option: Social Dominance
- Option: Livelihood
- Option: Cryptocurrencies
- Option: Transparency

3. Which term refers to the ability of an individual or group to influence or control the behavior of others



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within social contexts?

- Option: Operators
- Option: Social Dominance
- Option: Price Movements
- Option: Commission

4. What term is used to indicate someone being removed from their job or position?

- Option: Escalated
- Option: Dismissed
- Option: Social Media Buzz
- Option: Deboarding

5. What concept pertains to being open honest and easily understood in actions and decision-making processes?

- Option: Facade
- Option: Authorization
- Option: Transparency
- Option: Surreptitious

6. What are digital or virtual currencies that use cryptography for security?

- Option: Social Media Buzz
- Option: Cryptocurrencies
- Option: Positive Social Metrics
- Option: Comply

7. Which term describes a situation or conflict that has intensified or increased in severity?

- Option: Escalated
- Option: Abruptly
- Option: Expertise
- Option: Inflation

8. What term refers to a high level of skill or knowledge in a particular area?

- Option: Expertise
- Option: Rigorously
- Option: Disconnect
- Option: Commission

9. Which word is associated with a fee paid to someone for facilitating a transaction or providing a service?

- Option: Commission
- Option: Boundaries
- Option: Dismissed
- Option: Authorization



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10. What term refers to a false or superficial appearance that hides the true nature of something?

- Option: Viral
- Option: Facade
- Option: Sufficiently
- Option: Disobedient

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

11. \_\_\_\_\_ in the cryptocurrency market are often volatile and influenced by various factors.
12. Understanding the \_\_\_\_\_ of a decentralized finance project can provide insights into its popularity and success.
13. Passengers were requested to remain seated until the aircraft came to a complete stop for \_\_\_\_\_.
14. Failure to \_\_\_\_\_ with regulations could result in penalties for the company.
15. The students were reprimanded for being \_\_\_\_\_ during the assembly.
16. It is important to set clear \_\_\_\_\_ in any relationship to maintain respect and understanding.
17. The data was \_\_\_\_\_ analyzed by the research team to ensure accuracy.
18. Only employees with proper \_\_\_\_\_ are allowed access to sensitive information.
19. The project team was unable to complete the task \_\_\_\_\_ within the given timeframe.
20. Constantly \_\_\_\_\_ employees with additional tasks can lead to burnout and decreased productivity.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**



21. The new product release created a lot of excitement and discussion on various online platforms.
22. Despite several warnings the employee was terminated from his job due to repeated violations of company policies.
23. The student remained in refusing to follow the teacher's instructions.
24. The video clip quickly went reaching millions of views within hours.
25. The effect of small actions can lead to significant changes over time.
26. Failure to with safety regulations may result in fines for the company.
27. The research data was analyzed to ensure accuracy and reliability of the results.
28. The spy used methods to gather confidential information without being detected.
29. There seems to be a between what the management promises and what actually happens in the organization.
30. The company prides itself on its commitment to maintaining high standards of in all business dealings.

## Answer

**Multiple Choice:** 1. Abruptly 2. Livelihood 3. Social Dominance 4. Dismissed 5. Transparency  
6. Cryptocurrencies 7. Escalated 8. Expertise 9. Commission 10. Facade

**Gap-Fill:** 11. Price Movements 12. Total Value Locked (TVL) 13. Deboarding 14. Comply 15. Disobedient  
16. Boundaries 17. Rigorously 18. Authorization 19. Sufficiently 20. Burdening

**Matching sentence:** 1. social media buzz 2. dismissed 3. defiant 4. viral 5. cumulative 6. comply 7. rigorously  
8. surreptitious 9. disconnect 10. ethics

## CATEGORY

1. Business - LEVEL6

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### Author

aimeeyoung99