

Missed Sending a Gift? Psychologists Offer Hope!

Description

Are you worried about giving gifts on time? Many people feel this way. In fact, more than half of Americans feel [stressed about gift-giving](#).

People often worry about shipping deadlines. If a gift is late, they fear the person will think they do not care. However, [most gift receivers don't mind if a gift arrives late](#).

In a study, we found that people think late gifts are worse than they really are. Most people are okay with receiving a gift, even if it comes a bit late. It shows you were thinking of them, which is what matters.

Before Mother's Day, many people chose cheaper gifts that arrived on time instead of better gifts that were late. This choice was because of their worry about timing.

Remember, it is better to send a late gift than to send nothing at all. People would rather have something even if it arrives late.

So don't worry too much! A late gift can still make someone happy.

Vocabulary List:

- Stressed** /strest/ (adjective): Feeling anxious or worried about something.
- Worry** /'wɔ:r.i/ (verb): To feel anxious or concerned about something.
- Deadline** /'dɛd.lain/ (noun): The latest time or date by which something should be completed.
- Thinking** /'θɪŋ.kɪŋ/ (noun): The process of using one's mind to produce thoughts.
- Cheaper** /'tʃi:.pər/ (adjective): Lower in price; more affordable.
- Receiver** /rɪ'si:.vər/ (noun): A person who receives something.

Comprehension Questions

Multiple Choice

- What percentage of Americans feel stressed about gift-giving?

Option: 25%

Option: 50%

Option: 75%

Option: 95%

2. Why do people worry about shipping deadlines according to the text?

Option: To save money

Option: To show care

Option: To avoid late gifts

Option: To reduce gift recipients

3. What do most gift receivers feel about late arriving gifts?

Option: They are disappointed

Option: They don't mind

Option: They feel neglected

Option: They expect refunds

4. What was the main reason people chose cheaper gifts before Mother's Day?

Option: To save money

Option: To be practical

Option: To avoid late delivery

Option: To show more care

5. What does the text suggest is better than sending nothing at all?

Option: Sending an early gift

Option: Sending a late gift

Option: Sending a more expensive gift

Option: Not sending anything

6. According to the text, what do late gifts show about the sender?

Option: Forgetfulness

Option: Carelessness

Option: Thoughtfulness

Option: Indifference

True-False

7. Most gift receivers get upset if a gift arrives late.

8. It is rare for people to worry about gift-giving deadlines.

9. People would prefer to receive nothing over a late gift.
10. Late gifts are commonly perceived as worse than they really are.
11. Cheaper gifts are often chosen over better gifts due to concerns about timing.
12. Sending a late gift may still bring happiness to the recipient according to the text.

Gap-Fill

13. More than half of Americans feel stressed about _____.
14. Most people are okay with receiving a gift, even if it comes a bit _____.
15. People would rather have something even if it arrives _____.
16. It is better to send a late gift than to send _____ at all.
17. Before Mother's Day, many people chose cheaper gifts to avoid _____ delivery.
18. A late gift can still make someone _____.

Answer

Multiple Choice: 1. 50% 2. To show care 3. They don't mind 4. To avoid late delivery 5. Sending a late gift 6. Thoughtfulness

True-False: 7. False 8. False 9. False 10. True 11. True 12. True

Gap-Fill: 13. gift-giving 14. late 16. nothing 18. happy

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What type of facility is used to observe celestial events?

Option: Hospital
Option: Library
Option: Observatory
Option: School

2. Which branch of physics deals with subatomic particles?

Option: Classical
Option: Quantum
Option: Thermodynamics
Option: Astrophysics

3. What is the treatment method that aims at healing or recovering from an injury?

Option: Surgery
Option: Therapy
Option: Medication
Option: Exercise

4. Which method is used to test a hypothesis?

Option: Guessing
Option: Reflection
Option: Experiment
Option: Assumption

5. Who conducts scientific investigations and studies?

Option: Teachers
Option: Students
Option: Researchers
Option: Politicians

6. What is the mental action or process of acquiring knowledge and understanding through thought experience and the senses?

Option: Navigation
Option: Cognition
Option: Respiration
Option: Digestion

7. What describes linking two or more things together?

Option: Isolation
Option: Distraction
Option: Connection
Option: Separation

8. What term refers to the options or potential outcomes of a situation?

Option: Limitations
Option: Impossibilities
Option: Possibilities
Option: Certainties

9. What is the final time or date before which something must be completed?

Option: Beginning
Option: Middle
Option: Deadline
Option: End

10. How does one typically feel when under a lot of pressure or worry?

Option: Relaxed
Option: Content
Option: Stressed
Option: Happy

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. After the surgery the patient needed time to _____.

12. A heart _____ can save a person's life.

13. Clear _____ is essential for problem-solving.

14. The new smartphone features a revolutionary AI-powered _____.

15. _____ are heart muscle cells responsible for contraction.

16. Buying in bulk is usually _____ than buying individually.

17. Earthquakes are measured on the Richter scale in terms of _____.

18. The radio _____ picked up signals from far away stations.

19. Fiber is essential for a healthy digestive system and regular _____.

20. Exploring new paths opens up endless _____ for growth.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. Studying stars and galaxies falls under the field of astronomy.
22. Architects design buildings bridges and other structures.
23. The process of recovery from an illness or injury is crucial for healing.
24. Chemical reactions occur due to molecular interactions.
25. Competing in swimming cycling and running is part of a triathlon event.
26. The Stroop test assesses the ability to focus attention and cognitive flexibility.
27. Excessive concern or anxiety about a situation may lead to worry.
28. The state of things as they exist is considered reality.
29. The study of forces and motion is a part of mechanics in physics.
30. A smartphone is an example of a handheld electronic device.

Answer

Multiple Choice: 1. Observatory 2. Quantum 3. Therapy 4. Experiment 5. Researchers 6. Cognition
7. Connection 8. Possibilities 9. Deadline 10. Stressed

Gap-Fill: 11. recover 12. transplant 13. thinking 14. device 15. Cardiomyocytes 16. cheaper 17. magnitudes
18. receiver 19. bowels 20. possibilities

Matching sentence: 1. Astronomical 2. Structures 3. Healing 4. Interactions 5. Triathlon 6. Stroop test 7. Worry
8. Reality 9. Mechanics 10. Device

CATEGORY

1. Health - LEVEL1

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Author

aimeeyoung99