



Mumbai Doctor's Daily Running: 42kg Lost and PCOS Reversed

Description

Hundreds of people have gathered in the city center to celebrate the annual Spring Festival. This festival is important to the community and has been a tradition for over 50 years. It usually starts at the beginning of May when the weather is warm and flowers start to bloom everywhere.

This year, the festival includes many exciting activities. There are colorful parades with dancers and musicians playing lively tunes. Children especially enjoy watching the performers in their bright costumes. Many local artists set up stalls to sell their handmade crafts and paintings, adding a vibrant touch to the event.

Food is another big part of the festival. There are many food stalls offering delicious local specialties, such as homemade pies, fresh pastries, and different kinds of cheeses. Visitors can also taste international dishes, giving them a chance to try something new. This variety of food options always attracts a big crowd, eager to enjoy the flavors.

For sports enthusiasts, there are friendly competitions like sack races and community games. These activities bring people together, encouraging teamwork and fun.

The festival also focuses on the environment. Organizers have arranged workshops to teach people about recycling and how to protect nature. These workshops are interesting for both children and adults and help spread important messages about taking care of our planet.

At the end of the day, a wonderful fireworks display lights up the night sky, closing the festival with a spectacular show. Everyone leaves with smiles, looking forward to returning next year. With its mix of culture, food, and fun activities, the Spring Festival is a cherished event in the local community.

Vocabulary List:

1. **Festival** /'festəvəl/ (noun): A special occasion for celebration often featuring various activities performances and food.
2. **Tradition** /trə'dɪʃən/ (noun): A long-established custom or practice that is passed down through generations.
3. **Vibrant** /'vaɪbrənt/ (adjective): Full of energy and life; bright and striking.
4. **Specialties** /'speʃjəltiz/ (noun): Distinctive features or offerings especially in terms of food or local goods.
5. **Community** /kə'mjuniti/ (noun): A group of people living in the same place or having a particular characteristic in common.
6. **Environment** /ɪn'vaɪrənmənt/ (noun): The natural world including the land water and air which is affected by human activity.



Comprehension Questions

Multiple Choice

1. When does the Spring Festival usually start?
 - Option: Beginning of May
 - Option: End of June
 - Option: Mid-September
 - Option: Early February
2. What type of activities are included in the festival?
 - Option: Colorful parades
 - Option: Science exhibitions
 - Option: Car racing
 - Option: Ice skating competitions
3. What is a significant part of the festival for children?
 - Option: Watching performers in bright costumes
 - Option: Attending business workshops
 - Option: Going on nature hikes
 - Option: Solving math puzzles
4. What do many local artists sell in the festival stalls?
 - Option: Handmade crafts and paintings
 - Option: Electronics
 - Option: Pet accessories
 - Option: Construction equipment
5. What is a big part of the festival that attracts a large crowd?
 - Option: Food stalls with local specialties
 - Option: Clothing stores
 - Option: Toy shops
 - Option: Bookstores
6. What type of workshops are arranged at the festival?
 - Option: Recycling and nature protection



- Option: Car maintenance
- Option: Dance lessons
- Option: Financial planning

True-False

7. The Spring Festival has been a tradition for over 100 years.
8. The festival includes only cultural activities and no sports events.
9. The organizers focus on spreading awareness about protecting nature.
10. The Spring Festival ends with a grand fireworks display.
11. The food stalls at the festival offer a limited variety of dishes.
12. Children are not interested in the workshops at the festival.

Gap-Fill

13. The Spring Festival is important to the community and has been a tradition for over _____ years.
14. The festival usually starts at the beginning of May when the weather is _____.
15. Many local artists set up stalls to sell their handmade crafts and _____.
16. The festival also focuses on arranging workshops to teach people about recycling and how to protect _____.
17. At the end of the day, a wonderful _____ display lights up the night sky.
18. Visitors can taste international dishes, giving them a chance to try something _____.

Answer

- Multiple Choice:** 1. Beginning of May 2. Colorful parades 3. Watching performers in bright costumes
4. Handmade crafts and paintings



5. Food stalls with local specialties 6. Recycling and nature protection

True-False: 7. False 8. False 9. True 10. True 11. False 12. False

Gap-Fill: 13. 50 14. warm 15. paintings 16. nature 17. fireworks 18. new

CATEGORY

1. Health - LEVEL3

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