

Mumbai Doctor's Daily Running: 42kg Lost and PCOS Reversed

Description

Hundreds of people have gathered in the city center to celebrate the annual Spring Festival. This festival is important to the community and has been a tradition for over 50 years. It usually starts at the beginning of May when the weather is warm and flowers start to bloom everywhere.

This year, the festival includes many exciting activities. There are colorful parades with dancers and musicians playing lively tunes. Children especially enjoy watching the performers in their bright costumes. Many local artists set up stalls to sell their handmade crafts and paintings, adding a vibrant touch to the event.

Food is another big part of the festival. There are many food stalls offering delicious local specialties, such as homemade pies, fresh pastries, and different kinds of cheeses. Visitors can also taste international dishes, giving them a chance to try something new. This variety of food options always attracts a big crowd, eager to enjoy the flavors.

For sports enthusiasts, there are friendly competitions like sack races and community games. These activities bring people together, encouraging teamwork and fun.

The festival also focuses on the environment. Organizers have arranged workshops to teach people about recycling and how to protect nature. These workshops are interesting for both children and adults and help spread important messages about taking care of our planet.

At the end of the day, a wonderful fireworks display lights up the night sky, closing the festival with a spectacular show. Everyone leaves with smiles, looking forward to returning next year. With its mix of culture, food, and fun activities, the Spring Festival is a cherished event in the local community.

Vocabulary List:

- 1. **Festival** /'fɛstəvəl/ (noun): A special occasion for celebration often featuring various activities performances and food.
- 2. **Tradition** /trəˈdɪʃən/ (noun): A long-established custom or practice that is passed down through generations.
- 3. Vibrant /'vaɪbrənt/ (adjective): Full of energy and life; bright and striking.
- 4. **Specialties** /'spɛʃəltiz/ (noun): Distinctive features or offerings especially in terms of food or local goods.
- 5. **Community** /kəˈmjunɪti/ (noun): A group of people living in the same place or having a particular characteristic in common.
- 6. **Environment** /In'vairənmənt/ (noun): The natural world including the land water and air which is affected by human activity.



Comprehension Questions

Multiple Choice

1. When does the Spring Festival usually start?

Option: Beginning of May

Option: End of June Option: Mid-September Option: Early February

2. What type of activities are included in the festival?

Option: Colorful parades Option: Science exhibitions

Option: Car racing

3. What is a significant part of the festival for children?

Option: Watching performers in bright
Option: Att

Option: Attending business workshops

Option: Going on nature hikes Option: Solving math puzzles

4. What do many local artists sell in the festival stalls?

Option: Handmade crafts and paintings

Option: Electronics Option: Pet accessories

Option: Construction equipment

5. What is a big part of the festival that attracts a large crowd?

Option: Food stalls with local specialties

Option: Clothing stores Option: Toy shops Option: Bookstores

6. What type of workshops are arranged at the festival?

Option: Recycling and nature protection



Option: Car maintenance Option: Dance lessons Option: Financial planning

True-False

- 7. The Spring Festival has been a tradition for over 100 years.
- 8. The festival includes only cultural activities and no sports events.
- 9. The organizers focus on spreading awareness about protecting nature.
- 10. The Spring Festival ends with a grand fireworks display.
- 11. The food stalls at the festival offer a limited variety of dishes.
- 12. Children are not interested in the workshops at the festival. ESL-NEWS

Gap-Fill

13. The Spring Festival is important to the community and	has been a tradition for over
years.	
14. The festival usually starts at the beginning of May wher	n the weather is
15. Many local artists set up stalls to sell their handmade c	rafts and
16. The festival also focuses on arranging workshops to tea	ach people about recycling and how to protect
·	
17. At the end of the day, a wonderful	display lights up the night sky.
18. Visitors can taste international dishes, giving them a ch	nance to try something

Answer

Multiple Choice: 1. Beginning of May 2. Colorful parades 3. Watching performers in bright costumes 4. Handmade crafts and paintings



5. Food stalls with local specialties 6. Recycling and nature protection

True-False: 7. False 8. False 9. True 10. True 11. False 12. False

Gap-Fill: 13. 50 14. warm 15. paintings 16. nature 17. fireworks 18. new

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Who typically helps with community events and projects without being paid?

Option: Residents Option: Specialties Option: Vulnerable Option: Festival

2. What environmental issue causes a prolonged period of dry weather?

Option: Outages Option: Backup Option: Conflict Option: Drought

NEWS.COM 3. Which term describes practices that are environmentally friendly and can be maintained over time?

Option: Improved Option: Vibrant Option: Sustainable **Option: Services**

4. What type of device is responsible for executing computer programs?

Option: Temporary Option: Dedication Option: Processor **Option: Options**

5. What term refers to new plans or strategies undertaken to solve a problem?

Option: Improve Option: Efficiently Option: Initiatives Option: Accomplished

6. What encompasses the surroundings in which plants animals and humans live?

Option: Options Option: Community



Option: Conflict Option: Environment		
7. What occurs when suppli	es of goods or resources are insuff	icient?
Option: Outages	3	
Option: Improved		
Option: Conflict		
Option: Shortages		
8. What term is used to des	cribe the interruption of services li	ke electricity or water?
Option: Sustainable		
Option: Outages		
Option: Vibrant		
Option: Function		
9. Who is a group of people	living in the same place or having	a particular characteristic in common?
Option: Options		
Option: Vulnerable		
Option: Community		
Option: Festival		g information or assistance?
10. What are actions intend	ed to help others such as providing	g information or assistance?
Option: Processor		
Option: Services		
Option: Restore		
Option: Options		
Gap-Fill(Fill in the blan	ks with the correct word from	the vocabulary list.)
11. After the event voluntee	ers helped with the	to ensure the area was spotless.
12. Despite the	shortages the comm	nunity came together to support each other.
13. Temporary	were set up to assist	those affected by the natural disaster.
14. The new software updat	e aims to improve the	of the existing programs.
15. Efforts to	the damaged ecosyste	em are ongoing to protect wildlife.
16. Through dedication and	hard work the team	their productivity by 20%.



17. During times of conflict civilians are often the most to harm.		
18. By utilizing the latest technology the organization was able to operate more		
than before.		
19. The annual festival is a long-standing that brings the community together.		
20. Residents were presented with various to address the ongoing issues in the		
neighborhood.		
Matching Sentences (Match each definition to the correct word from the vocabulary list.)		
21. The of the small town were known for their generosity and close-knit community.		
22. The ongoing between the two groups led to disruptions in the region.		
23. Every summer the town hosts a vibrant to celebrate its cultural heritage.		
24. The restaurant is known for its delicious seafood and unique culinary .		
25. The team's to the project ensured its successful completion ahead of schedule.		
26. During the storm it is crucial to have such as food water and flashlights.		
27. The city's art scene is incredibly with galleries and street art installations.		
28. The team their goal of planting 1000 trees in the community park.		
29. Efforts to the historic building after the fire were met with local support.		
30. The hikers were as they navigated the rocky terrain to avoid injuries.		

Answer

Multiple Choice: 1. Volunteers 2. Drought 3. Sustainable 4. Processor 5. Initiatives 6. Environment 7.

Shortages 8. Outages 9. Community 10. Services

Gap-Fill: 11. Cleanup 12. Anticipated 13. Services 14. Function 15. Restore 16. Improved 17. Vulnerable

18. Efficiently 19. Tradition 20. Options

Matching sentence: 1. Residents 2. Conflict 3. Festival 4. Specialties 5. Dedication 6. Essentials 7. Vibrant

8. Accomplished



9. Restore 10. Cautious

CATEGORY

1. Health - LEVEL3

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