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# Mystery Bird Flu Case in Missouri Raises Concerns

## Description

A person in Missouri has bird flu, but did not get it from animals like cows or poultry. They got better after getting treatment and left the hospital. The virus did not spread to their close contacts. Other cases of bird flu have been found in Texas, Michigan, and Colorado. Many dairy cattle and poultry flocks have been infected across the country. The CDC says there is a low risk to the public. They advise avoiding sick animals and not drinking raw milk. Bird flu has been seen in wild birds before, but not in cattle in Missouri. The CDC says it's safe to drink pasteurized milk. It's important to follow these precautions to stay safe.

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## Vocabulary List:

1. **Influenza** /,ɪn.flu'ɛn.zə/ (noun): A viral infection that affects the respiratory system.
2. **Infected** /ɪn'fɛk.tɪd/ (adjective): Having been contaminated or affected by a virus or disease.
3. **Precautions** /prɪ'kɔːʃənz/ (noun): Actions taken in advance to prevent something dangerous or unpleasant from happening.
4. **Poultry** /'pɒl.tri/ (noun): Domestic fowl raised for meat or eggs.
5. **Virus** /'vaɪ.rəs/ (noun): A small infectious agent that replicates only inside the living cells of an organism.
6. **Pasteurized** /'pæ.s.tʃə.aɪzd/ (adjective): Processed to kill harmful bacteria by heating.

## Comprehension Questions

### Multiple Choice

1. Where was a person diagnosed with bird flu?  
Option: Missouri  
Option: Texas  
Option: Michigan  
Option: Colorado
2. What advice did the CDC give to the public to prevent bird flu?  
Option: Avoid sick animals and raw milk  
Option: Drink unpasteurized milk



Option: Eat poultry products regularly

Option: Stay close to wild birds

3. Which animals were mentioned as being infected by bird flu?

Option: Dairy cattle and poultry flocks

Option: Pigs and sheep

Option: Dogs and cats

Option: Wild animals only

4. Where has bird flu been found other than Missouri?

Option: Texas, Michigan, and Colorado

Option: California, Florida, and New York

Option: Ohio, Pennsylvania, and Virginia

Option: Washington, Oregon, and Arizona

5. According to the CDC, what is the risk of bird flu to the public?

Option: Low risk

Option: High risk

Option: Moderate risk

Option: Unknown risk

6. Which type of milk did the CDC say is safe to drink?

Option: Pasteurized milk

Option: Raw milk

Option: Organic milk

Option: Non-fat milk

## Answer

**Multiple Choice:** 1. Missouri 2. Avoid sick animals and raw milk 3. Dairy cattle and poultry flocks 4. Texas, Michigan, and Colorado 5. Low risk 6. Pasteurized milk

## Vocabulary quizzes

**Multiple Choice ( Select the Correct answer for each question. )**

1. Which type of virus causes the flu?

Option: Bacteria



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- Option: Poultry  
Option: Virus  
Option: Fungus
2. What process involves heating food to kill bacteria?  
Option: Fermentation  
Option: Pasteurized  
Option: Freezing  
Option: Dehydration
3. How can individuals protect themselves from certain diseases?  
Option: Eating raw meat  
Option: Vaccinated  
Option: Avoiding sleep  
Option: Drinking unpasteurized milk
4. What term describes having thoughts of ending one's own life?  
Option: Excited  
Option: Happy  
Option: Content  
Option: Suicidal
5. Which hormone is released in response to stress?  
Option: Cortisol  
Option: Insulin  
Option: Melatonin  
Option: Thyroxine
6. Which approach considers the whole person – body mind and spirit?  
Option: Holistic  
Option: Specific  
Option: Isolated  
Option: Partial
7. Which skin condition is characterized by pimples?  
Option: Eczema  
Option: Wrinkles  
Option: Acne  
Option: Rosacea
8. What is the feeling of worry nervousness or unease?  
Option: Calmness  
Option: Enthusiasm



- Option: Anxiety
- Option: Serenity

9. Who are individuals with specialized knowledge in a particular field?

- Option: Beginners
- Option: Learners
- Option: Experts
- Option: Amateurs

10. What is the mental health disorder characterized by persistent sadness?

- Option: Elation
- Option: Optimism
- Option: Depression
- Option: Joy

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

11. Individuals can get sick if they come into contact with \_\_\_\_\_ poultry.

12. In case of an \_\_\_\_\_ please dial 911 for immediate assistance.

13. Severe cases of the flu may require \_\_\_\_\_ for proper treatment.

14. Consult with \_\_\_\_\_ in the field to get accurate information.

15. Practicing \_\_\_\_\_ can reduce feelings of anger and resentment.

16. The study of the brain and nervous system is the focus of a \_\_\_\_\_.

17. Effective time management can enhance \_\_\_\_\_ in the workplace.

18. Chronic \_\_\_\_\_ in the body is linked to various health conditions.

19. Doctors prescribe \_\_\_\_\_ to help manage type 2 diabetes.

20. Wearing a mask can help prevent the spread of the \_\_\_\_\_.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

21. Taking necessary steps to avoid risks or dangers is crucial to staying safe.



22. Sometimes medications can cause unwanted reactions in the body.
23. Medications designed to help alleviate symptoms of depression.
24. Being present and aware of your thoughts and feelings is a key aspect of this practice.
25. Swelling or bloating in certain areas of the body can lead to this condition.
26. One's attitudes and beliefs can shape their overall viewpoint and approach to life.
27. Too much sensory input can overwhelm the brain and lead to this state.
28. Certain medications aim to reduce feelings of hunger and promote weight loss.
29. Ensuring that information is current and accurate is important in various fields.
30. Considering all aspects of a person's well-being not just physical symptoms.

## Answer

**Multiple Choice:** 1. Virus 2. Pasteurized 3. Vaccinated 4. Suicidal 5. Cortisol 6. Holistic 7. Acne 8. Anxiety 9. Experts 10. Depression

**Gap-Fill:** 11. Infected 12. Emergency 13. Hospitalizations 14. Experts 15. Forgiveness 16. Neuroscientist 17. Productivity 18. Inflammation 19. Semaglutide 20. Virus

**Matching sentence:** 1. Precautions 2. Side effects 3. Antidepressants 4. Mindfulness 5. Puffiness 6. Mindset 7. Overstimulate 8. Appetite-suppressing 9. Updated 10. Holistic

## CATEGORY

1. Health - LEVEL1

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