



New 988 Dashboard helps with mental health research in the state

Description

The Wisconsin Department of Health Services has a new Crisis Line Data Dashboard on their website. They are collecting data to see who is calling the crisis line and track their resources. The 988 Suicide and Crisis Lifeline offers free confidential support for people in crisis. Calls and texts have been increasing each month, with texts going up by over 1000%. The dashboard shows how many calls they receive, who is calling, and what type of calls they are getting. North Central Health Care helps people in Marathon, Langlade, and Lincoln counties. They are seeing more people reaching out for help, which they believe is a positive sign that stigma around mental health and substance use may be reducing. The dashboard will be updated monthly, and you can find more information on the Wisconsin DHS website. If you need help, you can call or text a crisis counselor at 988.

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Vocabulary List:

1. **Crisis** // (noun): A time of intense difficulty or danger that requires immediate action.



2. **Dashboard** // (noun): A visual display of information used to monitor and analyze data.
3. **Confidential** // (adjective): Kept secret or private.
4. **Resources** // (noun): Materials or services that can be used to help with a task.
5. **Stigma** // (noun): A mark of shame or disgrace that leads to negative perceptions.
6. **Counselor** // (noun): A person trained to provide guidance and support in times of need.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What is a formal decision made between two or more parties?
Option: Hostages
Option: Disparities
Option: Agreement
Option: Racism
2. What term is used to describe a global outbreak of a disease?
Option: Community
Option: Pandemic
Option: Research
Option: Innovation
3. What is a mark of disgrace associated with a particular circumstance or person?
Option: Mindfulness
Option: Stigma
Option: Counselor
Option: Programs
4. Which medical condition is characterized by high blood sugar levels?
Option: Diabetes
Option: Access
Option: Racism
Option: Institute
5. What term refers to the introduction of something new or making changes in anything established?
Option: Resources
Option: Rural
Option: Innovation
Option: Supplies
6. What term describes the actions or reactions of a person in response to external or internal stimuli?



- Option: Behavior
- Option: Serious
- Option: Hunger
- Option: Reached

7. Which type of therapy focuses on helping individuals develop healthier thinking patterns?

- Option: Hormone Replacement Therapy (HRT)
- Option: Cognitive Therapy
- Option: Menopause
- Option: Symptoms

8. Which term describes areas located outside cities and towns?

- Option: Dashboard
- Option: Diabetes
- Option: Rural
- Option: Crisis

9. What is the natural biological process that marks the end of menstruation in women?

- Option: Menopause
- Option: Counselor
- Option: Supplies
- Option: Remote

10. What systematic investigation is done to establish facts and reach new conclusions?

- Option: Communities
- Option: Pandemic
- Option: Research
- Option: Programs

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. During the negotiation the terrorists demanded the release of three _____ in exchange for the hostages.

12. The organization urgently needs to replenish its medical _____ to assist the disaster-stricken region.

13. After hours of hiking the climbers finally _____ the mountain peak and were



rewarded with a breathtaking view.

14. The university offers a wide range of extracurricular _____ to enhance students' skills and interests.

15. The medical records are strictly _____ and can only be accessed by authorized personnel.

16. The local _____ rallied together to clean up the park and make it a safer place for children to play.

17. The school _____ provided guidance and support to students experiencing emotional difficulties.

18. The research _____ is dedicated to advancing scientific knowledge and innovation in various fields.

19. The government declared a national _____ in response to the escalating environmental disaster.

20. The company allocated additional _____ to address the growing demand for its products.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. Widespread famine in the region led to severe among the population.
22. There are significant in access to healthcare between urban and rural areas.
23. The global required coordinated efforts from all countries to control the spread of the virus.
24. Efforts to combat in society have become a focal point in many social justice movements.
25. Due to the pandemic many employees were required to work from home.



26. Equal to education is essential for ensuring opportunities for all individuals.
27. The project manager used a digital to track the progress of key performance indicators.
28. The non-profit organization provides valuable to support underprivileged communities.
29. Mental health advocates work to eliminate the surrounding seeking help for psychological issues.
30. The company prides itself on fostering a culture of and creativity to drive product development.

Answer

Multiple Choice: 1. Agreement 2. Pandemic 3. Stigma 4. Diabetes 5. Innovation 6. Behavior 7. Cognitive Therapy 8. Rural 9. Menopause 10. Research

Gap-Fill: 11. hostages 12. supplies 13. reached 14. programs 15. confidential 16. community 17. counselor 18. institute 19. crisis 20. resources

Matching sentence: 1. hunger 2. disparities 3. pandemic 4. racism 5. remotely 6. access 7. dashboard 8. resources 9. stigma 10. innovation

CATEGORY

1. Health - LEVEL1

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