

Olivia Munn's aggressive breast cancer and double mastectomy is a wakeup call to all women

Description

Acclaimed actress Olivia Munn has courageously announced her battle with an aggressive form of breast cancer, elucidating details on her diagnosis, treatment, and double mastectomy. Munn's profoundly personal account provides an incisive reminder to all women about the indispensable significance of proactive monitoring and engagement with their health status.

Fortuitously, Munn was willing to take her followers on an intimate and instructive journey through her tribulation, emphasizing the value of informed vigilance. The consummate performer who shares a two-year-old progeny with comedian John Mulaney channelled her formidable determination and courage to shed light on her ordeal, earnestly hoping that it will serve as a clarion call for others navigating the tumultuous terrain of their health journey.

"My hope, by summoning the courage to publicly share my experience, is to offer solace, guidance, and encouragement to others grappling with similar circumstances," she solemnly affirms in the emotionally-charged post.

The thespian voluntarily opted to undergo a genetic test in February 2023, in a bid to be in the driver's seat of her health. While the outcome was promising—her results showed no traces of the 90 cancer genes the test investigated, including the BRCA breast cancer gene—and she had successfully navigated a mammogram in the preceding months, her illusion of safety was soon shattered. "Merely two months hence, I was blindsided by a breast cancer diagnosis," she recounted despondently.

Munn's forward-thinking OB-GYN made the pivotal decision of calculating her Breast Cancer Risk Assessment Score—an amalgamation of various risk-inducing factors such as lifestyle habits, family history, and the age at childbirth—ultimately unveiling her proclivity for developing the grim disease. When Munn's score demystified a daunting 37% probability of encountering cancer, she was hastily directed to undergo an MRI.

Subsequently, a biopsy uncovered the invasion of Luminal B cancer in both her breasts—an aggressive, rapidly metastasizing variant. Within a month of this heart-rending revelation, Munn braved a double mastectomy, a jarring transition from her usual state of robust health.

The silver lining of her ordeal was the early intervention that rendered her a beacon of hope for countless women. "Fortuitously, the timely diagnosis afforded me a spectrum of options. I fervently desire the same for any woman placed in this daunting predicament in the future," she boldly asserted.

Munn's poignant narration shone a spotlight on the predictive capacities of risk assessment tools such as the Gail Model and the Tyrer-Cuzick Risk Assessment Calculator. The detailed, introspective account of her quadruple surgeries, countless bedridden days, and protracted immersion into the complexities of cancer underscored the fortitude required to grapple with such a monumental challenge.



In a poignant flourish, she extended heartfelt gratitude to her tenacious support network – her partner, John Mulaney, and her devoted medical team. Despite her personal strife, Munn has selflessly utilized her platform to promote awareness and advocacy – an inspiring call to arms for women worldwide to be proactive in monitoring their risk for breast cancer, illuminating a path through adversity with strength and resilience.

For further education concerning breast cancer, the American Cancer Society and the Breast Cancer Research Foundation provide extensive informational resources.

Vocabulary List:

1. **elucidating** // (verb): Explaining or clarifying
2. **tribulation** // (noun): A state of great trouble or suffering
3. **clarion** // (noun): A type of medieval trumpet with clear shrill tones
4. **solace** // (noun): Comfort or consolation in a time of distress or sadness
5. **proclivity** // (noun): Natural inclination or tendency
6. **immersion** // (noun): Deep mental involvement or absorption

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Which term best describes the action of taking charge and leading a new project or idea?
Option: Solace
Option: Initiative
Option: Affliction
Option: Nuanced
2. What word means having or showing keen mental discernment and good judgment?
Option: Glittering
Option: Sagacious
Option: Perturbed
Option: Immortalized
3. Which term describes a person showing courage in the face of adversity?



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- Option: Exhilarating
Option: Fortitudinous
Option: Compelling
Option: Indiscriminately
4. What term describes something having a harmful effect especially in a gradual or subtle way?
- Option: Recuperation
Option: Sagacious
Option: Pernicious
Option: Vicissitudes
5. Which term best describes something causing feelings of great happiness and excitement?
- Option: Tribulation
Option: Endearing
Option: Exhilarating
Option: Solace
6. What term relates to the formation or production of new cells or tissues?
- Option: Controversial
Option: Neoplastic
Option: Sympathetically
Option: Inductees
7. Which term is used to describe something evoking interest attention or admiration in a powerfully irresistible way?
- Option: Immortalized
Option: Compelling
Option: Conjecture
Option: Elucidating
8. What term describes a sentimental longing or wistful affection for the past?
- Option: Pernicious
Option: Nostalgia
Option: Initiative
Option: Indiscriminately
9. What is the term used for the adaptation of a story or event into a dramatic form?
- Option: Posthumously
Option: Dramatisation
Option: Proclivity
Option: Endearing
10. Which term means something that causes pain or suffering?



- Option: Sagacious
- Option: Immersion
- Option: Affliction
- Option: Clarion

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. In times of sorrow people seek _____ for comfort and relief.
12. Total _____ in an activity can lead to great discoveries and insights.
13. The character faced many _____ in the novel but emerged stronger in the end.
14. The distribution of resources was done _____ without any regard for fairness.
15. His _____ for art became evident at a very young age.
16. Life is full of _____ from joy to sorrow and back again.
17. The president's speech sounded a _____ call for unity and peace.
18. The debate required a _____ approach to understand the complexities involved.
19. The ballroom was adorned with _____ decorations for the grand event.
20. The puppy's playful antics were always _____ to watch.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. After the surgery the patient needed time for recuperation before returning to work.
22. The professor did an excellent job of elucidating the complex theories to the students.
23. She found solace in the peaceful surroundings of the countryside after a stressful week.
24. The author's final manuscript was published posthumously as she passed away before its completion.
25. The counselor listened sympathetically to her client's problems and offered support.
26. The new policy sparked a controversial debate among the members of the committee.



27. The artist's masterpiece immortalized the beauty of the landscape for generations to come.
28. Her proclivity for adventure led her to explore remote and exotic destinations.
29. The disease was a severe affliction that required long-term treatment.
30. She was perturbed by the unexpected news of her friend's resignation.

Answer

Multiple Choice: 1. Initiative 2. Sagacious 3. Fortitudinous 4. Pernicious 5. Exhilarating 6. Neoplastic 7. Compelling 8. Nostalgia 9. Dramatisation 10. Affliction

Gap-Fill: 11. Solace 12. Immersion 13. Tribulation 14. Indiscriminately 15. Proclivity 16. Vicissitudes 17. Clarion 18. Nuanced 19. Glittering 20. Endearing

Matching sentence: 1. Recuperation 2. Elucidating 3. Solace 4. Posthumously 5. Sympathetically 6. Controversial 7. Immortalized 8. Proclivity 9. Affliction 10. Perturbed

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