



Parent Friends Caught Getting Too Close

Description

A parent is seeking advice on explaining a friendship breakup to their children. This situation involves a group of four families at their synagogue. The children are aged 9 and 11. The group usually had enjoyable and relaxed gatherings.

The trouble began last weekend. After some families left, more drinking occurred. The husband from Family A and the wife from Family B were discovered in a questionable circumstance.

This discovery led to a lot of drama. Now, the children can sense something is wrong and are asking questions. The parent told them that Family A had a big fight and might not be together anymore. The children asked if Family B was involved, and the parent said yes, noting that these families are no longer friends.

The children are confused because the two families were previously very close. The parent doesn't want to mention the affair to avoid angering the children at those involved and to prevent gossip at the synagogue. The parent explained it as "adult stuff," but this did not satisfy the children.

The parent still plans to remain friends with everyone and seeks advice on managing this situation, as the group dynamics will change, affecting the children the most.

Vocabulary List:

1. **Breakup** /'breɪkʌp/ (noun): The ending of a relationship between friends or parties.
2. **Gatherings** /'gæðərɪŋz/ (noun): Social events where people come together for a particular purpose.
3. **Drama** /'drɑ:mə/ (noun): A situation or series of events involving conflict or emotional upheaval.
4. **Circumstance** /'sɜ:rkəmstæns/ (noun): A fact or condition connected with or relevant to an event.
5. **Involved** /ɪn'vɒlvd/ (verb): Being part of or participating in a situation or activity.
6. **Gossip** /'gɒsɪp/ (noun): Casual or unconstrained conversation or reports about other people often involving details that may not be confirmed as true.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What is the main goal of a strengthening program?

Option: To increase flexibility



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- Option: To build muscle mass
Option: To enhance endurance
Option: To improve cardiovascular health
2. Which exercise is best for improving stability?
- Option: Running
Option: Yoga
Option: Weightlifting
Option: Swimming
3. Which activity is primarily focused on enhancing balance?
- Option: Cycling
Option: Dancing
Option: Hiking
Option: Powerlifting
4. What do you call a series of exercises performed in succession?
- Option: Interval training
Option: Circuit training
Option: Aerobic exercise
Option: Strength training
5. What does the term "repetitions" refer to in a workout?
- Option: The total time spent exercising
Option: The number of times an exercise is performed
Option: The amount of weight lifted
Option: The number of sets completed
6. What is a common source of protein for athletes?
- Option: Fruits
Option: Vegetables
Option: Meat and dairy
Option: Grains
7. Which condition is characterized by weak and brittle bones?
- Option: Arthritis
Option: Osteoporosis
Option: Scoliosis
Option: Celiac Disease
8. What typically results from a bone being stressed beyond its limit?
- Option: Sprain
Option: Fracture



- Option: Strain
- Option: Dislocation

9. What is often recommended to manage osteoporosis?

- Option: Increased protein intake
- Option: Regular exercise
- Option: Avoiding dairy products
- Option: High-intensity workouts

10. What type of activity is considered exercise?

- Option: Sleeping
- Option: Reading
- Option: Walking
- Option: Sitting

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. A guardian is someone who provides _____ for another person.
12. A pet often provides _____ to its owner.
13. The venue was deemed _____ for the event due to its small size.
14. The movie was filled with _____ that kept the audience on the edge of their seats.
15. The office _____ led to several misunderstandings among coworkers.
16. Every _____ should be considered before making a decision.
17. Life is often described as a _____ filled with challenges and learning.
18. He signed up for _____ to improve his skills in the field.
19. Her upbringing had several critical _____ on her values and beliefs.
20. She remained _____ during the stressful situation providing support to others.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The child was curious about how the world works and asked many questions.



22. Despite the chaos around her she remained unfazed and focused on her task.
23. Her calm and reassuring presence made everyone feel at ease.
24. The hikers struggled at a high altitude due to the thin air and steep trails.
25. With consistent effort he made remarkable progress in his fitness journey.
26. After the tumultuous breakup he needed time to heal and reflect.
27. Family gatherings are a time for love laughter and connection.
28. She was deeply involved in community service and always looked for ways to help others.
29. The patient received effective treatment for their condition at the specialized clinic.
30. Daily exercise is vital for maintaining good health and wellness.

Answer

Multiple Choice: 1. To build muscle mass 2. Yoga 3. Dancing 4. Circuit training 5. The number of times an exercise is performed 6. Meat and dairy 7. Osteoporosis 8. Fracture 9. Regular exercise 10. Walking

Gap-Fill: 11. protection 12. companionship 13. unsuitable 14. drama 15. gossip 16. circumstance 17. journey 18. training 19. influences 20. calm

Matching sentence: 1. curious 2. unfazed 3. presence 4. altitude 5. progress 6. breakup 7. gatherings 8. involved 9. treatment 10. exercise

CATEGORY

1. Health - LEVEL3

POST TAG

1. B1
2. ESL learning
3. esl news
4. Level 3
5. parent friends
6. tight-knit

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