



Pediatricians' Group: Moms with HIV Can Breastfeed With Effective Treatment and Undetectable Virus

Description

CNN News — LaTonya, a mother living with HIV in Colorado, cherishes framed photos of herself breastfeeding her baby son for the first time. The American Academy of Pediatrics has updated its guidelines to allow people with HIV to breastfeed with very low risk if they meet specific criteria. This change marks a significant shift from previous recommendations against breastfeeding for individuals with HIV. LaTonya, who has been living with HIV for two decades, decided to breastfeed her son due to the health benefits associated with breastfeeding. With support from her medical team and adherence to antiretroviral treatment, LaTonya was able to safely breastfeed her infant. Experts now emphasize the importance of providing counseling and support to women with HIV who wish to breastfeed, while also recommending routine testing and linkage to treatment for pregnant individuals living with HIV. The new guidelines aim to empower women with HIV to make informed decisions regarding infant feeding and destigmatize HIV by promoting education and understanding of the virus.

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Vocabulary List:

1. **Cherishes** // (verb): To hold dear and treasure something sentimental.
2. **Antiretroviral** // (adjective): Relating to drugs used to treat retroviruses such as HIV.
3. **Adherence** // (noun): Act of following a rule or guideline or staying loyal to something or someone.
4. **Stigmatize** // (verb): To characterize or brand someone or something in a negative way often leading to discrimination.
5. **Empower** // (verb): To give someone the authority or power to do something.
6. **Destigmatize** // (verb): To remove the negative associations or perceptions surrounding something.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Which term is used to signify the deep appreciation or love for something?
Option: Antiretroviral
Option: Cherishes
Option: Empower
Option: Mutation
2. The body's ability to resist infection and disease is known as:
Option: Variant
Option: Immunity
Option: Monitoring
Option: Nutrients
3. Which type of cancer affects the colon and rectum?
Option: Steadily
Option: Predisposition
Option: Anemia
Option: Colorectal
4. The process of giving power and authority to someone is known as:
Option: Empowerment
Option: Innovative
Option: Strains
Option: Evolve
5. Which term relates to mental processes like thinking understanding and remembering?



- Option: Longevity
- Option: Biomarkers
- Option: Neurodegenerative
- Option: Cognitive

6. Which term describes the act of following guidelines or rules?

- Option: Adherence
- Option: Stigmatize
- Option: Monitoring
- Option: Nutrients

7. A change in the genetic material of an organism is referred to as a:

- Option: Incidence
- Option: Variant
- Option: Mutation
- Option: Predisposition

8. The action or state of keeping careful watch for potential dangers or difficulties is called:

- Option: Anemia
- Option: Vigilance
- Option: Remission
- Option: Anemia

9. To remove the association of shame and disgrace from a particular condition is to:

- Option: Comprehensive
- Option: Variant
- Option: Destigmatize
- Option: Transcend

10. Which term describes the introduction of new ideas or methods?

- Option: Innovative
- Option: Empower
- Option: Steadily
- Option: Evolve

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. A balanced diet should provide essential _____ for overall health.



12. Advancements in medicine and healthcare have increased the average human _____ .
13. The _____ of the disease has been steadily increasing over the past decade.
14. Genetic factors may create a _____ to certain medical conditions.
15. After undergoing treatment the cancer went into _____ .
16. The healthcare plan included a _____ range of services to address various needs.
17. The virus showed multiple _____ which made treatment challenging.
18. Organisms constantly _____ to adapt to their environment.
19. Blood tests can detect specific _____ that indicate the presence of a disease.
20. Alzheimer's disease is a type of _____ disorder that affects the brain.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)



21. Regularly observing and checking a patient's condition and progress.
22. To give someone the authority or power to do something.
23. To go beyond the usual limits or boundaries.
24. To treat someone as unworthy or disgraceful because of a particular characteristic.
25. The process of enabling individuals to have control over their lives.
26. A form or version of something that differs from the standard.
27. Keeping track of a process or activity over time to ensure proper functioning.
28. A genetic alteration or change resulting in a different characteristic.
29. Introducing new methods or ideas to improve existing practices.
30. The act of following a set of guidelines or instructions consistently.

Answer

Multiple Choice: 1. Cherishes 2. Immunity 3. Colorectal 4. Empowerment 5. Cognitive 6. Adherence 7. Mutation 8. Vigilance 9. Destigmatize 10. Innovative

Gap-Fill: 11. Nutrients 12. Longevity 13. Incidence 14. Predisposition 15. Remission 16. Comprehensive 17. Strains 18. Evolve 19. Biomarkers 20. Neurodegenerative

Matching sentence: 1. Monitoring 2. Empower 3. Transcend 4. Stigmatize 5. Empowerment 6. Variant 7. Monitoring 8. Mutation 9. Innovative 10. Adherence

CATEGORY

1. Health - LEVEL4

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