



Post-Christmas Relief: Why It's Better After the Holidays

Description

Happy now?

After Christmas, there's a quiet time when people aren't sure what to do, except maybe shop in the January sales. Did you know that children don't necessarily behave better before Christmas? Their behavior might improve if they participate in Christmas rituals like decorating a tree. However, parents often stress out as Christmas approaches, worrying about presents and family gatherings.

It's common for people to look back on big events like weddings as wonderful experiences, even if they felt anxious at the time. Do you ever do something you dislike, only to later think it was amazing?

Fake fake syndrome

Recently, a fake illness called "kyloren syndrome" appeared on Google due to a science journal sting operation in 2017. The illness, related to a character from the *Star Wars* series, was created to expose predatory journals.

Swiftquakes

Taylor Swift's concerts were not just music events – they caused tiny earthquakes! Geophysicists recorded seismic activity during her performances. The biggest quake was during *Love Story*, proving the impact of her music on fans.

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Vocabulary List:

1. **Rituals** /'ritʃʊəlz/ (noun): A series of actions performed according to a prescribed order often associated with religious or cultural practices.
2. **Seismic** /'saɪz.mɪk/ (adjective): Relating to or denoting geological activity such as earthquakes or the vibrations they cause.
3. **Predatory** /'prɛdətɔːri/ (adjective): Seeking to exploit or take advantage of others.
4. **Anxious** /'æŋkʃəs/ (adjective): Experiencing worry unease or nervousness about something with an uncertain outcome.
5. **Participate** /pɑːr'tɪsɪpeɪt/ (verb): To take part in an activity or event.
6. **Illustrate** /'ɪl.ə.strate/ (verb): To explain or make something clear by using examples charts or pictures.



Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Which appliance is commonly used for cooling food and beverages?
Option: Refrigerators
Option: Microwaves
Option: Blenders
Option: Toasters
2. What term is used to describe the ability to accomplish a task with minimal wasted effort?
Option: Efficiency
Option: Ineffectiveness
Option: Extravagance
Option: Indifference
3. Which term refers to the act of transferring information from one place to another?
Option: Communication
Option: Isolation
Option: Alienation
Option: Concentration
4. Which concept describes openness accountability and honesty in actions and decisions?
Option: Transparency
Option: Opaqueness
Option: Concealment
Option: Ambiguity
5. Which term relates to the heart and blood vessels in the body?
Option: Cardiovascular
Option: Respiratory
Option: Digestive
Option: Skeletal
6. What is the term for the rivalry between businesses seeking to acquire more customers or market share?
Option: Competition
Option: Collaboration
Option: Cooperation
Option: Unity
7. Which term describes a state of disorder and confusion?



- Option: Chaos
- Option: Order
- Option: Harmony
- Option: Clarity

8. What is the term used to describe the collection of microbes living in and on the human body?

- Option: Microbiome
- Option: Biomechanics
- Option: Hematology
- Option: Oncology

9. Which term is related to or caused by earthquakes?

- Option: Seismic
- Option: Volcanic
- Option: Tectonic
- Option: Metamorphic

10. Which term means protecting from harm or damage?

- Option: Safeguarding
- Option: Endangering
- Option: Compromising
- Option: Neglecting

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. Parents play a crucial role in the _____ and development of their children.
12. Some animals have _____ instincts to hunt and catch prey for survival.
13. She felt _____ before taking the exam due to her fear of failure.
14. The project experienced unexpected _____ pushing the deadline further.
15. The thunderstorm _____ the electricity supply in the entire neighborhood.
16. _____ conservation is essential to preserve natural resources and protect ecosystems.
17. Chronic _____ in the body can lead to various health conditions over time.
18. His _____ to the success of the company were recognized in the annual awards



ceremony.

19. Traditional cultural _____ are performed during important ceremonies and events.

20. Setting clear and achievable _____ helps individuals stay focused on their goals.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. Fans and air conditioners are commonly used for lowering temperatures and providing comfort during hot weather.
22. Overcoming obstacles and difficulties often leads to personal growth and development.
23. The department is responsible for promoting and selling products to customers.
24. Students are encouraged to engage in various activities to enhance their learning experience.
25. The event was called off due to unforeseen circumstances resulting in disappointment for attendees.
26. Volunteers their time and effort to support charitable causes in the community.
27. A reduction in pollution levels can lead to an improvement in air quality and public health.
28. Using eco-friendly materials and practices helps in creating a(n) environment for future generations.
29. Visual aids and diagrams are often used to complex concepts in a more understandable manner.
30. Athletes from different countries against each other to win medals in the international sports event.

Answer

Multiple Choice: 1. Refrigerators 2. Efficiency 3. Communication 4. Transparency 5. Cardiovascular
6. Competition 7. Chaos 8. Microbiome 9. Seismic 10. Safeguarding

Gap-Fill: 11. nurture 12. predatory 13. anxious 14. delays 15. disrupted 16. Environmental 17. inflammation
18. contributions 19. rituals 20. targets

Matching sentence: 1. Cooling 2. Challenges 3. Sales 4. Participate 5. Cancellations 6. Contribute 7. Decrease
8. Sustainable 9. Illustrate 10. Compete

CATEGORY

1. Sci/Tech - LEVEL3

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