



Reducing Preventable Premature Deaths from Top Five Causes of Death in Rural and Urban Areas of the United States, 2010–2022

Description

New Study Highlights Disparities in Preventable Premature Deaths Across Rural and Urban Areas

A recent study found that rural residents, especially those in noncore counties, experienced high rates of preventable premature deaths. These disparities were not just limited to where people lived, but also included other demographic factors like race and ethnicity. For instance, rural counties with a majority of Black, African American, American Indian, or Alaska Native populations had the highest rates of premature deaths.

The study emphasized the need for interventions and health care policies to address these disparities. In particular, data on cause-specific premature deaths, especially in the five leading causes, by rural-urban county category, race, and ethnicity are essential for informing effective strategies.

The research also highlighted improvements in preventable premature deaths from cancer, which were most significant in urban areas. Factors such as increased screening rates and access to preventive services were attributed to this decline. However, challenges still exist in reducing premature deaths in rural areas, especially in micropolitan and noncore counties.

Overall, the study underscores the importance of addressing disparities in preventable premature deaths to improve the health outcomes of all communities.

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Vocabulary List:

1. **Disparities** // (noun): Inequalities or differences especially in outcomes or treatment.
2. **Premature** // (adjective): Occurring too early before the usual time.
3. **Interventions** // (noun): Actions taken to improve a situation or prevent further harm.
4. **Demographic** // (adjective): Related to the characteristics of a population such as age and gender.
5. **Effective** // (adjective): Producing the intended or desired result.
6. **Micropolitan** // (adjective): Relating to small towns or urban areas with populations between 10,000 to 50,000.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What is the term for being admitted to a hospital for medical treatment?
Option: Surgery
Option: Check-up
Option: Hospitalization
Option: Home care
2. What term refers to the mental action or process of acquiring knowledge and understanding?
Option: Intuition
Option: Cognition
Option: Reaction
Option: Sensation
3. What word describes the changing of the structure of a gene resulting in a variant form?
Option: Evolution
Option: Emphasis
Option: Mutation
Option: Adaptation
4. Which term is related to or concerning birds?
Option: Aquatic
Option: Reptilian



Option: Mammalian

Option: Avian

5. Which nutrient is commonly found in seafood and is essential for brain health?

Option: Vitamin D

Option: Protein

Option: Omega-3

Option: Iron

6. What term describes the ability to produce a desired or intended result?

Option: Probable

Option: Functioning

Option: Effective

Option: Difficulty

7. Which word means to give special importance or prominence to something in speaking or writing?

Option: Ignore

Option: Downplay

Option: Emphasize

Option: Mimic

8. What term refers to the action or process of recognizing or being recognized?

Option: Confusion

Option: Denial

Option: Recognition

Option: Oblivion

9. Which term describes the state of being separated from other people or things?

Option: Inclusion

Option: Integration

Option: Isolation

Option: Cooperation

10. Which word means to eat drink or ingest?

Option: Preserve

Option: Discard

Option: Consume

Option: Neglect

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)



11. Overcoming _____ in life can lead to personal growth and development.
12. The _____ nature of the virus led to widespread illness.
13. Addressing the economic _____ in society is essential for achieving equality.
14. A _____ area has a population of 10,000 to 50,000 people.
15. The baby was born _____ and required special care in the neonatal unit.
16. It is _____ to eat a balanced diet for overall health.
17. The team's performance was good but it was just _____ of winning the championship.
18. Vitamins and minerals are _____ for the body to function properly.
19. Lack of sleep _____ cognitive function and decision-making abilities.
20. Medical _____ are required to treat the patient's condition.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The student showed talent in mathematics far surpassing his peers.
22. The doctor the patient with a rare autoimmune disorder.
23. The marine biologist studied the behavior of species such as dolphins and whales.
24. are a type of brain cell that produce myelin protecting nerve fibers.
25. The rapid of the virus necessitated strict containment measures.
26. Exploring new career can lead to unexpected opportunities.
27. The research results showed potential for future applications in medicine.
28. His expertise in the field was widely by his colleagues.
29. The accident left him with an ability to walk unaided.



30. Excessive alcohol can have serious health consequences.

Answer

Multiple Choice: 1. Hospitalization 2. Cognition 3. Mutation 4. Avian 5. Omega-3 6. Effective 7. Emphasize
8. Recognition 9. Isolation 10. Consume

Gap-Fill: 11. Challenges 12. Pathogenic 13. Disparities 14. Micropolitan 15. Premature 16. Recommended
17. Falling short 18. Essential 19. Impairs 20. Interventions

Matching sentence: 1. Exceptional 2. Diagnosed 3. Cetacean 4. Oligodendrocytes 5. Transmission 6. Avenues
7. Promising 8. Recognized 9. Impaired 10. Consumption

CATEGORY

1. Health - LEVEL2

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