



Reese Witherspoon and Mel Robbins Encourage Women to Embrace AI

Description

In mid-April, Reese Witherspoon delivered an unexpected message on Instagram, urging women to embrace artificial intelligence (AI). Speaking from her kitchen, she noted that only three out of ten women in her book club had ventured into AI, despite studies showing that women's jobs are three times more likely to be replaced by this technology. Witherspoon contended that the adoption of AI tools could vastly enhance daily life and career prospects. This perspective marks a notable shift as high-profile women seek to persuade others that utilising AI is essential for professional survival.

Experts within this movement emphasise the urgency of engaging with technology. Mel Robbins, author of *The Let Them Theory*, highlighted the necessity of not falling behind in this evolving landscape. She recently partnered with Microsoft Copilot to promote this message, while Sheryl Sandberg of Lean In announced initiatives aimed at addressing the so-called "AI gender gap." Their campaigns often employ humour, as seen in social media content referencing popular culture, although this approach has faced criticism for seemingly overshadowing the contributions of women already active in AI.

Several female leaders and entrepreneurs advocate for AI as a potential game-changer for women. Erin Grau described it as a 24/7 mentor capable of alleviating feelings of inadequacy and enhancing communication skills. She suggested that AI could act as a great equaliser, offering much-needed support in professional environments where women have historically faced challenges.

While some celebrities readily endorse AI for creative and productive purposes, reaction to this advocacy has been mixed. Critics argue that claims about AI empowerment may distract from the systemic issues of gender inequality and job displacement. Many women express frustration over the notion that technological adoption is the path to success, asserting that it cannot compensate for broader economic disparities.

Moving forward, the conversation around AI and its implications for women's careers continues to evolve, highlighting the need for a balanced approach that recognises both opportunities and challenges.

Vocabulary List:

1. **adoption** //ə'dɒpʃən// (noun): starting to use something new or different
2. **urgency** //ˈɜːdʒənsi// (noun): a feeling that something needs quick attention
3. **advocate** //ˈædvə,keɪt// (verb): to publicly support or recommend something
4. **systemic** //ˌsɪs'tɛmɪk// (adjective): relating to all parts of a whole system
5. **displacement** //dɪs'pleɪsmənt// (noun): when people lose jobs because of change
6. **overshadowing** //ˌoʊvər'ʃædɔʊɪŋ// (verb): making someone or something seem less important



Comprehension Questions

Multiple Choice

1. What percentage of women in Reese Witherspoon's book club ventured into AI?
Option: 10%
Option: 30%
Option: 50%
Option: 70%
2. Who is the author of 'The Let Them Theory'?
Option: Reese Witherspoon
Option: Sheryl Sandberg
Option: Mel Robbins
Option: Erin Grau
3. Which organization did Sheryl Sandberg represent when announcing initiatives to address the 'AI gender gap'?
Option: Microsoft
Option: Lean In
Option: Tata Group
Option: A Book Club
4. What did Erin Grau describe AI as?
Option: A job replacement
Option: A broadcast tool
Option: A 24/7 mentor
Option: A gender gap
5. What is one criticism regarding the advocacy for AI?
Option: It underplays creativity
Option: It overshadows women's contributions
Option: It promotes job creation
Option: It eliminates gender inequalities
6. Which company did Mel Robbins recently partner with to promote engagement with technology?



- Option: Facebook
- Option: Microsoft Copilot
- Option: Google
- Option: Amazon

True-False

7. Reese Witherspoon believes AI can enhance daily life for women.
8. Only one out of ten women in Reese Witherspoon's book club have ventured into AI.
9. Erin Grau believes AI could be a potential game-changer for women.
10. Sheryl Sandberg is promoting the idea of an AI gender gap.
11. Critics universally support the integration of AI in women's careers.
12. There is consensus among experts that engaging with technology is crucial for women.

Gap-Fill

13. Reese Witherspoon spoke about the importance of AI in _____.
14. Mel Robbins highlighted the necessity of not _____ in the evolving landscape.
15. The reaction to AI advocacy among celebrities has been _____.
16. Many women feel that the notion of technological adoption cannot compensate for broader economic _____.
17. Experts emphasize the urgency of engaging with _____.
18. Erin Grau suggested that AI could act as a great _____ for women.

Answer

- Multiple Choice:** 1. 30% 2. Mel Robbins 3. Lean In 4. A 24/7 mentor 5. It overshadows women's contributions
6. Microsoft Copilot
True-False: 7. True



8. False 9. True 10. True 11. False 12. True

Gap-Fill: 13. mid-April 14. falling behind 15. mixed 16. disparities 17. technology 18. equaliser

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What is typically measured by the Consumer Price Index?

- Option: Deflation
- Option: Inflation
- Option: Recession
- Option: Stagnation

2. Which word best describes a stock market that frequently changes values?

- Option: Stable
- Option: Predictable
- Option: Volatile
- Option: Consistent

3. In economics, what does 'core inflation' exclude?

- Option: Essentials
- Option: Food and Energy
- Option: Services
- Option: Durable Goods

4. What quality allows a person or economy to recover quickly from difficulties?

- Option: Fragile
- Option: Weak
- Option: Resilient
- Option: Vulnerable

5. What term is used to describe the acceptance of new technology or methods?

- Option: Abandonment
- Option: Rejection
- Option: Adoption
- Option: Resistance

6. What is the feeling that requires immediate action called?

- Option: Complacency
- Option: Indifference
- Option: Urgency



Option: Patience

7. What is a person who publicly supports a cause known as?

Option: Opponent

Option: Critic

Option: Advocate

Option: Neutral

8. What term refers to something that affects a system as a whole?

Option: Isolated

Option: Systemic

Option: Local

Option: Minor

9. What is the term for the forced movement of people from their homes?

Option: Settlement

Option: Displacement

Option: Retention

Option: Integration

10. What term describes the act of forbidding something, such as alcohol in the 1920s?

Option: Permission

Option: Prohibition

Option: Regulation

Option: Authorization

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. The prices of certain goods fluctuate _____, affecting the cost of living.

12. The company's layoffs were supposed to be _____ but turned into longer-term unemployment.

13. The government introduced a new _____ on imported goods to protect local industries.

14. The plant is running at maximum _____ to meet increasing demand.

15. The company ensured full _____ with all regulatory requirements.

16. The travel agent provided a detailed _____ for the trip including all activities and



accommodations.

17. The policy changes have unforeseen _____ that could affect several sectors.
18. The constant neglect led to the _____ of the building over several years.
19. The school organized several educational _____ for the students this semester.
20. Frequent _____ in the power supply disrupted daily activities across the city.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The discovery of penicillin was a pivotal moment in the history of medicine.
22. The new policy aims to alleviate poverty in urban areas.
23. The manager reassured the team that their jobs were secure despite the economic downturn.
24. Stock prices plummeted after the negative earnings report was released.
25. The crisis is overshadowing the accomplishments of the previous year.
26. The heavy rains precipitated a series of landslides in the area.
27. The board decided to suspend the project until further notice.
28. In recent years, the demand for electric vehicles outpaces supply.
29. The partnership between the two companies has led to innovative solutions.
30. The electoral reforms were designed to increase participation in the voting process.

Answer

Multiple Choice: 1. Inflation 2. Volatile 3. Food and Energy 4. Resilient 5. Adoption 6. Urgency 7. Advocate 8. Systemic 9. Displacement 10. Prohibition

Gap-Fill: 11. seasonally 12. temporary 13. tariff 14. capacity 15. compliance 16. itinerary 17. repercussions 18. deterioration 19. excursions 20. outages

Matching sentence: 1. pivotal 2. alleviate 3. reassured 4. plummeted 5. overshadowing 6. precipitated 7. suspend 8. outpaces 9. partnership 10. electoral



CATEGORY

1. Business - LEVEL6

POST TAG

1. AI
2. ESL learning
3. esl news
4. Level 6
5. Mel Robbins
6. Reese Witherspoon
7. women empowerment

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