

# Rising COVID Cases Surge Among Mississippi Doctors

### **Description**

Mississippi is seeing more COVID cases recently. Some patients have a new variation of the virus with different symptoms. Takea Gilbert thought she had a cold in 2022, but this time she had a bad headache. She didn't realize it was COVID until she got checked. Many people have mistaken COVID for allergies because of symptoms like sneezing and itchy throat. The virus can cause chills and nasal congestion, but a sore throat is a key sign of this new variant. Gabriel Ibarra, a physician assistant, treated 90 patients with COVID last weekend. He advises people with symptoms like body aches and headaches to get tested. Ignoring the virus could lead to more serious problems like bronchitis or pneumonia. Ibarra suggests wearing a mask and staying home if you feel sick to stop the virus from spreading. It's important to take care of yourself and others during this time.

# **Vocabulary List:**

- Congestion /kən'dʒɛs.tʃən/ (noun): The state of being overcrowded or blocked especially in relation to bodily functions.
- 2. Symptoms /'sɪmp.təmz/ (noun): Physical or mental features that indicate a condition or disease.
- 3. Variant /'ver.i.ənt/ (noun): A form or version of something that differs in some respect from other forms.
- 4. Chills /tʃɪlz/ (noun): A feeling of coldness accompanied by shivering often associated with fever or illness.
- 5. **Nasal** /'neɪ.zəl/ (adjective): Relating to the nose.
- 6. Ignoring /ig'no:r.in/ (verb): Refusing to acknowledge or take notice of something.

# **Comprehension Questions**

#### **Multiple Choice**

1. What is a key sign of the new variant of COVID described in the text?

Option: Chills
Option: Sneezing
Option: Sore throat
Option: Itchy throat



2. Who is mentioned as treating 90 COVID patients last weekend in the text?

Option: Gabriel Ibarra
Option: Takea Gilbert
Option: Ratan Naval Tata
Option: None of the above

3. What advice does Gabriel Ibarra give to people with symptoms like body aches and headaches?

Option: Go for a run Option: Wear a mask Option: Get tested

Option: Take a day off work

4. What is a potential consequence of ignoring the virus according to the text?

Option: Flu-like symptoms

Option: Bronchitis or pneumonia

Option: Improved health

Option: Reduced sense of taste

5. What does Ibarra recommend people do to stop the virus from spreading?

Option: Wash hands frequently

Option: Stay up late Option: Attend events

Option: Wear a mask and stay home if sick

6. What symptom was highlighted that made Takea Gilbert realize she had COVID in the text?

Option: Runny nose Option: High fever Option: Bad headache

Option: Cough

### Answer

**Multiple Choice:** 1. Sore throat 2. Gabriel Ibarra 3. Get tested 4. Bronchitis or pneumonia 5. Wear a mask and stay home if sick 6. Bad headache

# Vocabulary quizzes



### Multiple Choice ( Select the Correct answer for each question. )

1. What is a sudden interruption in the blood supply to the brain called?

Option: Heart attack

Option: Stroke Option: Aneurysm Option: Hypertension

2. What is the treatment intended to relieve or heal a disorder called?

Option: Counseling Option: Therapy Option: Surgery Option: Medication

3. Which term refers to the condition of being grossly overweight?

Option: Anemia Option: Obesity Option: Malnutrition Option: Starvation

vs.com 4. What bodily reaction causes shivering and feeling cold?

Option: Chills Option: Fever Option: Sweating Option: Hot flashes

5. What is the fear of vomiting known as?

Option: Emetophobia Option: Agoraphobia Option: Arachnophobia Option: Claustrophobia

6. What unit of energy is used to measure the energy content of food?

Option: Gallons Option: Miles Option: Calories Option: Pounds

7. What type of treatment involves working on emotional issues with a trained professional?

**Option: Surgery** Option: Therapy Option: Pharmacy



Option: Rehabilitation 8. Which term describes the feeling of worry nervousness or unease? Option: Peace Option: Anxiety Option: Joy Option: Contentment 9. What are harmful substances in the environment known as? **Option: Nutrients** Option: Pollutants Option: Antioxidants **Option: Toxins** 10. What is the blockage or accumulation of fluid in a bodily tube or duct? Option: Fascination Option: Congestion Option: Desolation Option: Contradiction Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.) 11. A person who has lived through a life-threatening event is called a \_\_\_\_\_\_ 12. A different form or version of something is known as a \_\_\_\_\_\_. 13. Choosing not to notice or acknowledge something is the act of \_\_\_\_\_\_. 14. The process of transferring an organ from one person to another is called a \_\_\_\_\_\_ 15. To discover or identify the presence of something is to \_\_\_\_\_\_ it. 16. A deliberate action taken to modify a situation is an \_\_\_\_\_ 17. The systematic investigation into and study of materials and sources in order to establish facts and reach new conclusions is known as \_\_\_\_\_

18. Expelling air from the lungs with a sudden sharp sound is called \_\_\_\_\_\_



19. The mental state achieved by focusing one's awareness on the present moment is termed .
20. The relationship or association between two or more things is known as a  Matching Sentences ( Match each definition to the correct word from the vocabulary list. )
21. Indications of a particular disease or condition as experienced by a patient.
22. Individuals who take part in a particular activity or study.
23. Material with particular physical characteristics.
24. A link or relationship between two or more concepts or entities.
25. Systematic investigation and collection of information for analysis.
26. Causing weakness or impairment in someone.
27. A form or version of something that differs in some way.
28. Treatment intended to relieve or heal a disorder.
29. Harmful substances that contaminate the environment.
30. Paying attention to the present moment purposefully and without judgment.

### **Answer**

**Multiple Choice:** 1. Stroke 2. Therapy 3. Obesity 4. Chills 5. Emetophobia 6. Calories 7. Therapy 8. Anxiety 9. Pollutants 10. Congestion

**Gap-Fill:** 11. Survivor 12. Variant 13. Ignoring 14. Transplant 15. Detect 16. Intervention 17. Research 18. Coughing 19. Mindfulness 20. Connection

**Matching sentence:** 1. Symptoms 2. Participants 3. Substances 4. Connection 5. Research 6. Debilitating 7. Variant 8. Therapy 9. Pollutants 10. Mindfulness

### **CATEGORY**

1. Health - LEVEL2

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