

# Safer Pregnancy Epilepsy Drug with Rapamycin

## **Description**

#### **Sodium valproate and Pregnancy**

A medicine called rapamycin might help prevent sodium valproate, a drug for epilepsy, from causing problems during pregnancy.

Sodium valproate is used for epilepsy and bipolar disorder, but it can harm babies if taken during pregnancy, causing birth defects and learning issues.

Scientists made mini spinal cords in the lab to study why sodium valproate is harmful. They found that the drug makes cells age quickly, which can lead to problems in babies.

Rapamycin, another drug, can stop this aging process in cells. When given with sodium valproate in tests with fish and cells, the harmful effects were reduced.

Instead of stopping sodium valproate for pregnant people with epilepsy, combining it with rapamycin could protect the baby. More research is needed before this can be recommended.

This discovery may help restore the importance of sodium valproate as an effective treatment for seizures. Further studies will determine its impact.

# **Vocabulary List:**

- 1. Sodium valproate /'soʊ.di.əm 'væl.prə.eɪt/ (noun): A medication used to treat epilepsy and bipolar disorder.
- 2. Epilepsy /'ɛp.ɪ.lep.si/ (noun): A neurological disorder characterized by recurrent seizures.
- 3. Harmful /'ha:rm.fəl/ (adjective): Causing or capable of causing damage or injury.
- 4. **Defects** /'di:.fɛkts/ (noun): Imperfections or abnormalities that affect quality or function.
- 5. **Research** /'ri:.ss:rt[/ (noun): Systematic investigation to establish facts or principles.
- 6. **Discovery** /dɪs'kʌv.ər.i/ (noun): The act of finding or learning something for the first time.

# **Comprehension Questions**

### **Multiple Choice**



1. What is the potential role of rapamycin in relation to sodium valproate and pregnancy?

Option: Enhancing birth defects Option: Reducing harmful effects Option: Increasing learning issues

Option: Inducing epilepsy

2. Which conditions is sodium valproate commonly used to treat?

Option: Hypertension Option: Epilepsy Option: Diabetes Option: Asthma

3. What effect can sodium valproate have on babies if taken during pregnancy?

Option: Enhancing cognitive abilities

Option: Causing birth defects and learning issues

Option: Improving motor skills Option: Boosting immunity

4. According to the text, what did scientists find about the aging of cells caused by sodium valproate?

Option: Cells become younger
Option: Cells age quickly
Option: Cells remain unchanged
Option: Cells multiply rapidly

5. What could be a potential implication of combining sodium valproate with rapamycin for pregnant individuals with epilepsy?

Option: Increased harm to the baby Option: Decreased risk of seizures

Option: Protecting the baby Option: Elevated learning issues

6. What impact could the discovery related to sodium valproate and rapamycin have on the effectiveness of sodium valproate as a treatment for seizures?

Option: No impact

Option: Popularizing sodium valproate

Option: Restoring importance
Option: Decreasing effectiveness



#### **True-False**

- 7. Sodium valproate is primarily used to treat hypertension.
- 8. Rapamycin was found to have no impact on the aging process of cells caused by sodium valproate.
- 9. Stopping sodium valproate for pregnant people with epilepsy is recommended according to the text.
- 10. The harmful effects of sodium valproate were increased when tested with fish and cells.
- 11. Further research is needed before recommending the combination of sodium valproate and rapamycin for pregnant individuals with epilepsy.
- 12. The potential of restoring the importance of sodium valproate as an effective treatment for seizures may depend on future studies.

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16. Combining sodium valproate with	could protect the baby, a	s per the text.
17. More research is required before recommending the use of		and rapamycin for
pregnant individuals with epilepsy.		
18. The impact of the discovery on the importance of sodium v	alproate for seizures will b	e determined by

### **Answer**

**Multiple Choice:** 1. Reducing harmful effects 2. Epilepsy 3. Causing birth defects and learning issues 4. Cells age quickly 5. Protecting the baby 6. Restoring importance

**True-False:** 7. False 8. False 9. False 10. False 11. True 12. True **Gap-Fill:** 16. rapamycin 17. sodium valproate 18. further studies

# Vocabulary quizzes



#### Multiple Choice ( Select the Correct answer for each question. )

1. Which medication is commonly used to treat epilepsy?

Option: Sodium valproate

Option: Ibuprofen Option: Amoxicillin Option: Aspirin

2. What prefix is commonly used to refer to things related to the internet or technology?

Option: Cyber Option: Geo Option: Bio Option: Aero

3. Which term refers to measures taken to ensure safety and protection?

Option: Security
Option: Hospitality
Option: Flexibility
Option: Transparency

4. What are preserved remains or traces of ancient organisms called?

Option: Fossils Option: Crystals Option: Artifacts Option: Inventions

5. What are the cells that transmit information in the nervous system?

Option: Neurons Option: Platelets Option: Fibroblasts Option: Tendons

6. What term is used to describe an animal that is hunted and eaten by another?

Option: Prey Option: Predator Option: Herbivore Option: Omnivore

7. What process converts information into a code to prevent unauthorized access?

Option: Encryption
Option: Decryption
Option: Transcription



Option: Translation

8. Which branch of science studies the structure of organisms and their parts?

Option: Anatomy Option: Ecology Option: Botany Option: Astronomy

9. Which birds are known for their red breasts?

Option: Robins
Option: Crows
Option: Eagles
Option: Sparrows

10. What characteristic refers to the ability to walk on two legs?

Option: Bipedality

Option: Quadrupedality

Option: Flight

Option: Swimming

### Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. The company issued a product _	due to safety concerns.	
12. She was	to succeed in her career despite facing challenges.	
13. The documentary	the harsh realities of the industry.	
14. The new system proved to be mo	re than the old one.	
15. The decision to close the factory	was highly among the employees.	
16. The student was	for cheating on the exam.	
17. She was deeply	in the local community activities.	
18. The trade embargo was officially	by the government.	
19. Smoking has been proven to have	e effects on health.	
20. The painting was a beautiful land	scape a scene from the countryside	



#### Matching Sentences (Match each definition to the correct word from the vocabulary list.)

- 21. The of a new species in the rainforest excited the scientific community.
- 22. The system allows us to experience the world through touch taste and smell.
- 23. Despite his success he remained humble and in his values.
- 24. The new manufacturing process was more and cost-effective.
- 25. Over time humans into the dominant species on the planet.
- 26. The product was recalled due to manufacturing that could pose a safety risk.
- 27. Customer is important for improving products and services.
- 28. Individuals have the right to protect their and personal information.
- 29. is a neurological disorder characterized by recurrent seizures.
- 30. Scientific is essential for advancing medical knowledge and treatments.

### **Answer**

**Multiple Choice:** 1. Sodium valproate 2. Cyber 3. Security 4. Fossils 5. Neurons 6. Prey 7. Encryption 8. Anatomy 9. Robins 10. Bipedality

**Gap-Fill:** 11. recall 12. determined 13. exposed 14. efficient 15. controversial 16. punished 17. involved 18. sanctioned 19. harmful 20. resembling

**Matching sentence:** 1. discovery 2. sensory 3. grounded 4. efficient 5. evolved 6. defects 7. feedback 8. privacy 9. Epilepsy 10. research

#### **CATEGORY**

1. Sci/Tech - LEVEL2

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