



San Bernardino Man Claims Cats Killed by Bird Flu in Raw Milk

Description

A new study shows that pets, like dogs and cats, can help people feel less lonely and happier. Researchers asked 600 people about their pets and how they felt. Most of them said that having a pet made them feel better, especially during difficult times like the pandemic.

The study found that pets can make people feel more relaxed and provide comfort. When people pet their dogs or cats, their bodies release hormones that reduce stress. These hormones can also make people feel happier and more connected. This is why many people who live alone love having pets around. They feel like their pets are their friends or family members.

Pets also encourage their owners to be more active. For example, dog owners often go for walks in the park or around their neighborhood. This helps them get some exercise and fresh air, which is good for their health. It also gives them a chance to meet and talk to other pet owners, reducing feelings of loneliness.

However, having a pet also means responsibility. Pets need food, water, and regular visits to the vet to stay healthy. Sometimes they get sick and need special care. Owners have to make sure their pets are well taken care of, just like taking care of a family member.

In conclusion, having a pet can bring joy and companionship to people's lives. Pets offer comfort, friendship, and motivation to stay active, but owners should be ready to take good care of their furry friends. This study reminds us how special the bond between humans and animals can be.

Vocabulary List:

1. **Researchers** /rɪ'sɜːr.tʃərz/ (noun): People who conduct scientific studies to discover facts or principles.
2. **Hormones** /'hɔːr.məʊnz/ (noun): Chemical substances produced in the body that regulate various functions.
3. **Companionship** /kəm'pæn.jən.ʃɪp/ (noun): The feeling of fellowship or friendship with someone.
4. **Responsibility** /rɪ.spɒn.sɪ'bɪl.ɪ.ti/ (noun): The state or fact of having a duty to deal with something or having control over someone.
5. **Comfort** /'kʌm.fərt/ (noun): A state of physical ease and freedom from pain or constraint.
6. **Motivation** /,mɒʊ.tɪ'veɪ.jən/ (noun): The reason or reasons one has for acting or behaving in a particular way.

Comprehension Questions



Multiple Choice

1. What did researchers find regarding the impact of pets on people's feelings in the study?

- Option: Pets can make people feel more relaxed and provide comfort
- Option: Pets can make people feel more stressed and anxious
- Option: Pets have no impact on people's feelings
- Option: Pets can make people feel angry

2. How do pet owners feel about having pets during difficult times like the pandemic?

- Option: Neutral
- Option: Worse
- Option: Better
- Option: No Change

3. What do the hormones released when petting dogs or cats do?

- Option: Increase stress levels
- Option: Have no effect
- Option: Reduce stress and make people happier and more connected
- Option: Make people feel lonely

4. What is one way pets encourage their owners to be more active?

- Option: By sleeping all day
- Option: By encouraging unhealthy habits
- Option: By going for walks
- Option: By being lazy

5. What is one aspect of responsibility that comes with having a pet?

- Option: Providing them with unlimited treats
- Option: Ignoring their health needs
- Option: Regular visits to the vet
- Option: Leaving them alone for extended periods

6. What should owners be ready to do to take care of their pets according to the study?

- Option: Ignore their needs
- Option: Feed them irregularly
- Option: Take good care of them
- Option: Leave them alone for long periods



True-False

7. Having a pet can make people feel more relaxed and provide comfort.
8. Owning a pet never requires any responsibility.
9. Pets can encourage their owners to be more active by being inactive themselves.
10. Pets need food, water, and regular visits to the vet to stay healthy.
11. People who live alone usually do not enjoy having pets around.
12. Having a pet is not associated with feelings of loneliness reduction according to the study.

Gap-Fill

13. Pets can make people feel more _____ and provide comfort.
14. People who live alone feel like their pets are their friends or _____ members.
15. Pet owners need to be ready to take _____ care of their furry friends.
16. Pets need food, water, and regular visits to the vet to stay _____.
17. Pets offer comfort, friendship, and motivation to stay _____.
18. The study reminds us how special the bond between _____ and animals can be.

Answer

Multiple Choice: 1. Pets can make people feel more relaxed and provide comfort 2. Better 3. Reduce stress and make people happier and more connected 4. By going for walks 5. Regular visits to the vet 6. Take good care of them

True-False: 7. True 8. False 9. False 10. True 11. False 12. False

Gap-Fill: 13. relaxed 14. family 15. good 16. healthy 17. active 18. humans

Vocabulary quizzes



Multiple Choice (Select the Correct answer for each question.)

1. Which natural disaster can significantly impact an ecosystem?
Option: Droughts
Option: Earthquakes
Option: Tornadoes
Option: Floods
2. Who conducts scientific studies and experiments to make new discoveries?
Option: Doctors
Option: Researchers
Option: Engineers
Option: Teachers
3. What is the instinctual drive to stay alive in challenging situations called?
Option: Relaxation
Option: Excitement
Option: Survival
Option: Adaptation
4. Which substance acts as a chemical messenger in the body?
Option: Vitamin
Option: Mineral
Option: Hormone
Option: Antibody
5. What is the obligation to take care of something or someone known as?
Option: Leisure
Option: Freedom
Option: Responsibility
Option: Carelessness
6. Where are well-equipped places or services provided for a particular purpose?
Option: Streets
Option: Homes
Option: Parks
Option: Facilities
7. What term is used to describe finding or learning something new?
Option: Loss
Option: Discovery
Option: Forgetfulness



Option: Mistake

8. What encourages an individual to take action or work towards a goal?

Option: Procrastination

Option: Motivation

Option: Rejection

Option: Demotivation

9. What is the bond or friendship between individuals or animals called?

Option: Loneliness

Option: Isolation

Option: Companionship

Option: Rivalry

10. What term describes a disease that spreads over a large geographic area?

Option: Epidemic

Option: Outbreak

Option: Pandemic

Option: Endemic

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. Understanding the _____ nature of the human brain requires extensive research.

12. It is essential to take breaks to _____ one's energy and focus.

13. Always ensure that your sources of information are credible and _____.

14. Success is often the result of consistent hard work and determined _____.

15. Not achieving your goals can leave you feeling _____ and demotivated.

16. The team was well _____ to handle any challenges that came their way.

17. After the long weekend the company had a significant _____ of work to catch up on.

18. Proper communication is _____ in maintaining healthy relationships.

19. The couple strolled through the park at a _____ pace enjoying the sunshine.

20. Regular exercise and a balanced diet are essential for overall health and _____.



Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The immune system uses antibodies to protect the body from harmful invaders.
22. Scientists conduct controlled tests to study the effects of different variables.
23. Despite facing adversity the community showed remarkable strength and adaptability.
24. Individuals who volunteered for the research study were considered the participants.
25. The cozy blanket provided warmth and a sense of security during the cold night.
26. The pep talk from the coach inspired the team to give their best performance.
27. The interdependent relationships of plants animals and the environment form an ecosystem.
28. The state-of-the-art gymnasium offers top-notch facilities for fitness enthusiasts.
29. Endocrine glands secrete hormones that regulate various bodily functions.
30. Taking care of a pet comes with the responsibility of providing food shelter and love.

Answer

Multiple Choice: 1. Droughts 2. Researchers 3. Survival 4. Hormone 5. Responsibility 6. Facilities 7. Discovery 8. Motivation 9. Companionship 10. Pandemic

Gap-Fill: 11. complex 12. renew 13. valid 14. efforts 15. frustrated 16. equipped 17. backlog 18. crucial 19. leisurely 20. well-being

Matching sentence: 1. Defenses 2. Experiments 3. Resilient 4. Participants 5. Comfort 6. Motivation 7. Ecosystem 8. Facilities 9. Hormones 10. Responsibility

CATEGORY

1. Health - LEVEL3

Date Created

2025/01/04

Author

aimeeyoung99