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## States Affected by Listeria Outbreak linked to Deli Meat

### Description

Two people in the United States have tragically lost their lives in connection with a listeria outbreak linked to meat sliced at deli counters, according to the latest report from the Centers for Disease Control and Prevention (CDC). As of Friday, a total of 28 cases have been reported in 12 states since the end of May.

The CDC has warned that the actual number of cases may be higher than reported, as some individuals may recover without seeking medical attention or getting tested for listeria. The outbreak has been identified in states including New York, Maryland, Virginia, New Jersey, and Massachusetts, with a median age of 75 among those affected.

Authorities are still investigating the specific products that may be contaminated, with turkey, liverwurst, and ham being among the most commonly consumed meats reported by affected individuals. Samples collected between May 29 and July 5 suggest that the outbreak may extend beyond the known states.

Listeria is a rare but potentially deadly infection caused by consuming food contaminated with the *Listeria monocytogenes* bacterium. Pregnant women, older adults, newborns, and individuals with weakened immune systems are particularly at risk of severe illness from listeriosis.

Symptoms of listeria infection include diarrhea and vomiting, with more severe cases leading to fever, flu-like symptoms, and other serious complications. Invasive listeriosis is particularly dangerous, with about 1 in 6 affected individuals who are not pregnant succumbing to the illness.

The CDC advises anyone experiencing symptoms to seek medical attention, with specific recommendations for high-risk individuals to avoid consuming sliced deli meats unless thoroughly reheated. Additionally, precautions such as cleaning refrigerated items and following Agriculture Department guidelines can help prevent the spread of listeria in delicatessens. Stay informed and stay safe.

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### Vocabulary List:

1. **Listeria** /lɪˈstɪəriə/ (noun): A genus of bacteria that can cause foodborne illness.
2. **Outbreak** /ˈaʊt.breɪk/ (noun): A sudden occurrence of a disease in a specific area.
3. **Contaminated** /kənˈtæmɪneɪtɪd/ (adjective): Made impure or unclean by the introduction of harmful substances.
4. **Reheated** /riːˈhi:tɪd/ (verb): Heated again after having been previously cooked.
5. **Symptoms** /ˈsɪmptəmz/ (noun): Physical or mental features indicating a condition of disease.
6. **Precautions** /prɪˈkɔːʃənz/ (noun): Measures taken in advance to prevent harm or ensure safety.

### Vocabulary quizzes



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**Multiple Choice ( Select the Correct answer for each question. )**

1. Which term refers to the interaction between two or more elements?

- Option: Superficial
- Option: Interplay
- Option: Listeria
- Option: Facilitate

2. Which word describes a region bordered by Europe Asia and Africa?

- Option: Nutritional
- Option: Mediterranean
- Option: Cognitive
- Option: Moderation

3. Which term indicates the ability to produce a desired effect?

- Option: Substantial
- Option: Efficacy
- Option: Nuanced
- Option: Compromised

4. What do you call the indications of a particular disease or condition?

- Option: Precautions
- Option: Reheated
- Option: Symptoms
- Option: Outbreak

5. Which term refers to the launching or introduction of something new?

- Option: Significant
- Option: Sustainable
- Option: Eradicating
- Option: Rollout

6. What are new plans or strategies called?

- Option: Brimming
- Option: Initiatives
- Option: Compromised
- Option: Milestone

7. Which term refers to something being polluted or infected?

- Option: Contaminated
- Option: Reheated
- Option: Outbreak



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Option: Listeria

8. What measures are taken to prevent harm or danger?

Option: Eradicating

Option: Precautions

Option: Compromised

Option: Substantial

9. Which term means filled to the point of overflowing?

Option: Mediterranean

Option: Brimming

Option: Cognitive

Option: Nuanced

10. Which term refers to the avoidance of excess or extremes?

Option: Sustainable

Option: Significant

Option: Moderation

Option: Superficial

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

11. The security of the system was \_\_\_\_\_ after the data breach.

12. Health authorities focused on \_\_\_\_\_ the disease from the region.

13. The patient displayed severe flu-like \_\_\_\_\_ after exposure to the virus.

14. The discovery of a new species in the forest was a \_\_\_\_\_ milestone for the researchers.

15. The company aims to implement \_\_\_\_\_ practices to protect the environment.

16. It is important to take necessary \_\_\_\_\_ when handling hazardous materials.

17. His understanding of the topic was only \_\_\_\_\_ and lacked depth.

18. The recent food poisoning outbreak was linked to the presence of \_\_\_\_\_ in the products.

19. The author's writing style was highly \_\_\_\_\_ with layers of meaning in every



sentence.

20. Graduating from college was a \_\_\_\_\_ achievement for her.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

21. The new software is designed to streamline and simplify processes.
22. The psychologist studied the effects of aging on mental processes.
23. Health officials declared a state of emergency following the sudden spike in cases.
24. The picnic basket was filled with an assortment of delectable treats.
25. The data breach resulted in the exposure of sensitive information.
26. The city council launched several programs to improve community welfare.
27. The financial investment yielded significant returns for the company.
28. Leftover pizza should be properly heated before consumption.
29. The clinical trial confirmed the drug's effectiveness in treating the condition.
30. Maintaining a balanced diet and exercise routine is essential for good health.

**Answer**

**Multiple Choice:** 1. Interplay 2. Mediterranean 3. Efficacy 4. Symptoms 5. Rollout 6. Initiatives 7. Contaminated 8. Precautions 9. Brimming 10. Moderation

**Gap-Fill:** 11. Compromised 12. Eradicating 13. Symptoms 14. Significant 15. Sustainable 16. Precautions 17. Superficial 18. Listeria 19. Nuanced 20. Milestone

**Matching sentence:** 1. Facilitate 2. Cognitive 3. Outbreak 4. Brimming 5. Compromised 6. Initiatives 7. Substantial 8. Reheated 9. Efficacy 10. Moderation

**CATEGORY**

- 1. Health - LEVEL6

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