



Study finds rising rates of colon cancer in younger individuals over recent decades

Description

A new study has found that rates of colorectal cancer have been increasing among individuals under 50, particularly in the age group of 10 to 44, where routine screening is not typically recommended. Dr. Islam Mohamed, a researcher involved in the study, noted that while the exact reasons for this trend are unclear, factors such as lifestyle choices or genetics could be contributing.

The study, which will be presented at an upcoming conference in Washington, D.C., revealed significant increases in colorectal cancer diagnoses among younger age groups, with some seeing jumps of over 300%. Despite the overall low number of cases in individuals under 40, any increase is deemed significant.

Experts like Dr. Folasade May emphasized the importance of early detection, especially given the rise in cases among younger populations. While the reasons behind the increase remain unknown, it is believed to be tied to environmental factors rather than genetics.

The findings underscore the changing landscape of colorectal cancer, with rates decreasing in older age groups while rising in younger individuals. While the study did not advocate for lowering the screening age, it emphasized the importance of increased awareness and timely screenings for all age groups to address this concerning trend.

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Vocabulary List:

1. **Colorectal** // (adjective): Relating to the colon and rectum.
2. **Diagnoses** // (noun): Identification of a disease or condition.
3. **Advocate** // (verb): To support or recommend a particular cause or policy.
4. **Environmental** // (adjective): Relating to the natural world and surroundings.
5. **Awareness** // (noun): Knowledge or perception of a situation or fact.
6. **Timely** // (adjective): Done at the right or most suitable time.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Which type of cancer affects the colon and rectum?
Option: Breast cancer
Option: Lung cancer
Option: Colorectal cancer
Option: Prostate cancer
2. Which term describes a disease that can be spread from one person to another?
Option: Contagious
Option: Genetic
Option: Chronic
Option: Autoimmune
3. What type of cancer treatment boosts the body's natural defenses to fight cancer?
Option: Surgery
Option: Radiation therapy
Option: Immunotherapy
Option: Chemotherapy
4. Which natural compound is found in cannabis and contributes to its aroma and flavor?
Option: Steroid
Option: Terpene
Option: Antioxidant
Option: Beta-carotene



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5. Which term describes the introduction of new ideas or methods?
Option: Traditional
Option: Stagnant
Option: Conservative
Option: Innovative
6. Which term refers to an unfounded or exaggerated distrust of others?
Option: Trust
Option: Skepticism
Option: Paranoia
Option: Empathy
7. What word describes being the first to develop or use new methods or ideas?
Option: Conventional
Option: Pioneering
Option: Derivative
Option: Obsolete
8. Which term refers to the capacity to recover quickly from difficulties?
Option: Vulnerability
Option: Resilience
Option: Fragility
Option: Infirmity
9. Which term means fully aware and attentive?
Option: Distracted
Option: Alert
Option: Nonchalant
Option: Indifferent
10. What word means to change something radically or fundamentally?
Option: Maintain
Option: Revolutionize
Option: Customize
Option: Conserve

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. Early _____ of a disease can lead to better treatment outcomes.
12. The _____ impact of human activities on the planet is a growing concern.



13. The scientist made a _____ discovery that changed the field of physics.
14. The invention of the internet was a _____ development in communication technology.
15. Medication can help to _____ pain and discomfort.
16. Campaigns are held to raise _____ about the importance of mental health.
17. The doctor discussed the expected _____ for the patient's recovery.
18. Ignoring a persistent cough can lead to _____ health complications.
19. Some plants have _____ properties that promote healing.
20. It is important to seek medical attention in a _____ manner when symptoms arise.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The long-term to sunlight can increase the risk of skin cancer.
22. Fever cough and fatigue are common of the flu.
23. She became an for animal rights and welfare.
24. The new technology was hailed as a breakthrough in the industry.
25. Despite medical advancements some diseases remain .
26. Chickenpox is a highly disease that spreads easily among children.
27. Her brave story of overcoming adversity continues to others.
28. Some medical treatments involve the use of compounds derived from .
29. The team's research led to a discovery in the field of medicine.
30. Vaccines work by stimulating the production of specific to fight infections.



Answer

Multiple Choice: 1. Colorectal cancer 2. Contagious 3. Immunotherapy 4. Terpene 5. Innovative 6. Paranoia
7. Pioneering 8. Resilience 9. Alert 10. Revolutionize

Gap-Fill: 11. diagnosis 12. environmental 13. groundbreaking 14. revolutionary 15. alleviate 16. awareness
17. prognosis 18. serious 19. therapeutic 20. timely

Matching sentence: 1. exposure 2. symptoms 3. advocate 4. revolutionary 5. incurable 6. contagious 7.
inspire 8. cannabis 9. groundbreaking 10. antigens

CATEGORY

1. Health - LEVEL6

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