



Study Reveals: Women Out-Talk Men By a Wide Margin

Description

Do women talk more than men? A new study found that women tend to talk more between the ages of 25 and 64. They average 3,275 more words per day than men during this time.

The study involved 2,197 participants from four countries over 14 years. Researchers used recording devices to collect conversations at random times. They found that women talked more during early to middle adulthood.

One reason for this could be that women often take care of children and talk to them more. The study didn't show if hormones or societal changes were the main factors in the talking difference.

The study revealed that people are talking less over time, possibly due to more screen time. However, the results still have some uncertainty. Future studies will look at how chatting habits affect our health.

Researchers say socializing is important for health, just like physical activity and sleep. This study was published in the Journal of Personality and Social Psychology.

CATEGORY

1. Health - LEVEL2

Date Created

2025/03/02

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