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# The newest trend among millennials: Quiet getaways as a rebellion against in-person work

## Description

Employees are getting creative with their remote work arrangements, as a new report reveals that many are taking time off without informing their supervisors. The Harris Poll's Out of Office Culture Report surveyed 1,170 employed U.S. adults, with 37% of millennial workers admitting to secret time off.

Libby Rodney, the chief strategy officer at The Harris Poll, described this trend as "quiet vacationing," where employees are balancing their work and personal lives without their bosses' knowledge. Millennials, who make up a significant portion of the workforce, have resorted to tactics like moving their mouse to appear active online and sending emails outside of work hours to create the illusion of working overtime.

Despite attempts to maintain the facade of productivity, many employees experience feelings of guilt and stress due to societal pressures around taking time off. The report suggests that while employees are generally satisfied with their allotted paid time off, cultural stigmas and workplace dynamics contribute to their reluctance to request time off.

This trend highlights a growing divide between younger workers seeking work-life balance and older managers clinging to traditional office culture. CEOs have been resistant to remote work, citing concerns about oversight and control. However, employees are increasingly pushing back, with many expressing discontent with toxic workplace environments and outdated management practices.

As companies navigate these shifting dynamics, there is a growing recognition of the need for flexibility and accommodation. Many organizations are embracing hybrid work models, reflecting a broader shift towards prioritizing employee well-being and work-life balance.

With Gen Z poised to enter the workforce in larger numbers, companies are facing pressure to adapt to the evolving demands of younger employees. Rodney predicts a future talent war, where companies that prioritize work-life balance and meet the expectations of younger generations will attract top talent.

Overall, the changing landscape of work and employee preferences calls for a reevaluation of traditional workplace norms to create a more sustainable and accommodating environment for all.

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## Vocabulary List:

1. **Vacationing** // (noun): The act of taking a vacation or time off for rest and relaxation.
  2. **Facade** // (noun): An outward appearance that is maintained to conceal the true nature of a situation.
  3. **Reluctance** // (noun): Unwillingness or hesitation to do something.
  4. **Stigmas** // (noun): Preconceived negative views or stereotypes about a particular group or thing.
  5. **Toxic** // (adjective): Harmful, unpleasant or negative in a pervasive way.
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6. **Accommodation** // (noun): Adjusting or adapting to meet someone's needs or preferences.

## Vocabulary quizzes

### Multiple Choice ( Select the Correct answer for each question. )

1. What is the inner desire or drive to achieve success and fulfill one's potential called?  
Option: Presence  
Option: Ambition  
Option: Challenges  
Option: Therapy
2. What term is used to describe a risky or daring journey or undertaking?  
Option: Breakthrough  
Option: Ventured  
Option: Rallying  
Option: Venture
3. Which word means harmful poisonous or damaging?  
Option: Indispensable  
Option: Vacationing  
Option: Facade  
Option: Toxic
4. What term refers to the money or benefits received as payment for work or services rendered?  
Option: Innovation  
Option: Stigmas  
Option: Tech-enabled  
Option: Compensation
5. In medical terms what describes cancer that has spread from its original site to several distant areas of the body?  
Option: Transitioned  
Option: Advanced  
Option: Extensive-Stage  
Option: Confirmatory
6. Which term is used to describe the action of unlawfully hunting or catching game or fish on someone else's property?  
Option: Ambition  
Option: Poaching



- Option: Hyperlocal  
Option: Entrepreneur

7. What term means coming together for a common purpose or to provide support or encouragement?

- Option: Underperformance  
Option: Rallying  
Option: Indispensable  
Option: Stigmas

8. What term refers to the introduction of new ideas methods or products in any field?

- Option: Tech-enabled  
Option: Indispensable  
Option: Innovation  
Option: Challenges

9. Who are the individuals or entities that own shares in a company?

- Option: Shareholders  
Option: Venture  
Option: Compensation  
Option: Therapy

10. Which term refers to an outward appearance that is maintained to conceal a less pleasant or credible reality?

- Option: Facing  
Option: Accommodation  
Option: Facade  
Option: Underperformance

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

11. Despite facing numerous obstacles she remained \_\_\_\_\_ in achieving her goals.

12. The new app focuses on providing users with \_\_\_\_\_ information relevant to their immediate surroundings.

13. Starting a new business is always a risky \_\_\_\_\_ but also full of potential rewards.

14. Persistent \_\_\_\_\_ in the department led to a thorough review of processes and personnel.



15. Her journey from a small-town girl to a successful entrepreneur is truly \_\_\_\_\_ .
16. The hotel provided excellent \_\_\_\_\_ for the guests during their stay.
17. Society's \_\_\_\_\_ surrounding mental health often prevent individuals from seeking help.
18. The company's growth \_\_\_\_\_ after implementing the new marketing strategy.
19. The tests \_\_\_\_\_ the initial diagnosis of the rare disease.
20. After the accident he underwent physical \_\_\_\_\_ to help with his recovery.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

21. Her in the meeting was a calming influence on the attendees.
22. The scientists celebrated the in cancer research that could save many lives.
23. The young founded a successful tech startup from his college dorm room.
24. The company invested in a solution to streamline its operations.
25. With unwavering focus and drive she remained to overcome all obstacles.
26. The team culture became due to constant internal conflicts and lack of trust.
27. The demand for the product following a viral marketing campaign.
28. Additional tests were done for purposes to validate the initial findings.
29. After years in the corporate world he to a more fulfilling career in social work.
30. Companies often face legal consequences for employee from competitors.

## Answer

**Multiple Choice:** 1. Ambition 2. Venture 3. Toxic 4. Compensation 5. Extensive-Stage 6. Poaching 7. Rallying 8. Innovation 9. Shareholders 10. Facade

**Gap-Fill:** 11. determined 12. hyperlocal 13. venture 14. underperformance 15. remarkable 16. accommodation



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17. stigmas 18. accelerated 19. confirmed 20. therapy

**Matching sentence:** 1. presence 2. breakthrough 3. entrepreneur 4. tech-enabled 5. determined 6. toxic  
7. accelerated 8. confirmatory 9. transitioned 10. poaching

## CATEGORY

1. Business - LEVEL5

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