



Top 3 Exercises for Longevity: Boost Health & Lifespan

Description

Thirteen countries in Africa are currently facing severe food shortages. Many people in countries like Ethiopia, Sudan, and South Sudan are struggling to find enough food to eat every day. Wars, climate change, and poor local economies contribute to these food shortages.

In Ethiopia, for example, there has been ongoing conflict for several years, leading to food shortages as farming activities are disrupted. Moreover, drought has made it difficult for crops to grow, which means there is less food available for people.

Sudan is also experiencing a challenging situation. In April, a violent conflict broke out, making it hard for families to access food, water, and other basic needs. The prices of everyday items have gone up, which makes it even harder for people to buy food. Additionally, many families have had to leave their homes to find safety, leaving their farmland behind.

In South Sudan, millions of people are affected by flooding, which destroys crops and homes. The floods, combined with conflict, have led to a serious hunger crisis. Many children are especially vulnerable, and aid organizations are trying to help by providing food and other essentials.

Different organizations, like the United Nations, are working to assist these countries. They are sending food supplies and helping communities to build better farming systems. They also work with local governments to find more sustainable solutions to these ongoing problems.

Despite these efforts, more support is needed. International communities are encouraged to donate and help raise awareness so these countries can overcome their food crises and work toward a brighter future.

Vocabulary List:

1. **Shortages** /'ʃɔ:rtɪdʒɪz/ (noun): Situations where the supply of something is insufficient to meet demand.
2. **Conflict** /'kɒnflɪkt/ (noun): A serious disagreement or argument typically a protracted one.
3. **Drought** /draʊt/ (noun): A prolonged period of abnormally low rainfall leading to a shortage of water.
4. **Vulnerable** /'vʌlnərəbəl/ (adjective): Open to physical or emotional harm; susceptible to injury or attack.
5. **Sustainable** /sə'steɪnəbl/ (adjective): Capable of being continued with minimal long-term effect on the environment.
6. **Essentials** /ɪ'senʃəlz/ (noun): Basic necessary items or resources needed for survival or functioning.

Comprehension Questions



Multiple Choice

1. What are some factors contributing to the food shortages in African countries like Ethiopia, Sudan, and South Sudan?

- Option: Wars
- Option: Climate change
- Option: Poor local economies
- Option: All of the above

2. Which country mentioned in the text has ongoing conflict leading to disrupted farming activities and food shortages?

- Option: Ethiopia
- Option: Sudan
- Option: South Sudan
- Option: Kenya

3. What natural disaster is affecting millions of people in South Sudan, contributing to the hunger crisis?

- Option: Drought
- Option: Hurricanes
- Option: Flooding
- Option: Earthquakes

4. Which international organization is mentioned in the text as working to assist the African countries facing food shortages?

- Option: World Bank
- Option: IMF
- Option: United Nations
- Option: Red Cross

5. What are aid organizations doing to help in South Sudan according to the text?

- Option: Providing shelter
- Option: Offering employment
- Option: Providing food and essentials
- Option: Building schools

6. What is encouraged for international communities to do in order to support the countries facing food crises?

- Option: Economic sanctions



- Option: Military intervention
- Option: Donate and raise awareness
- Option: Close borders

True-False

7. The food shortages in African countries are only caused by climate change.
8. Conflicts in Sudan do not affect families' access to basic needs like food and water.
9. Aid organizations are not focusing on helping vulnerable children in South Sudan.
10. Localized efforts are sufficient to overcome the food crises in the mentioned African countries.
11. The United Nations is not actively involved in providing food supplies to the affected countries.
12. Donating and raising awareness are unnecessary actions to support countries facing food crises.

Gap-Fill

13. Ethiopia has been facing ongoing conflict disrupting farming activities and leading to food shortages for several years due to _____.
14. Sudan experienced a surge in violent conflicts in _____, further exacerbating the access to basic needs for families.
15. The floods in South Sudan have destroyed crops and homes, contributing to a serious hunger crisis affecting millions of people, especially _____.
16. International communities are encouraged to _____ and raise awareness to support the countries facing food crises.



17. The United Nations is actively working with local governments to find more _____ solutions to the ongoing problems in the affected African countries.

18. Aid organizations in South Sudan are trying to help by providing food and other _____ to the affected population.

Answer

Multiple Choice: 1. All of the above 2. Ethiopia 3. Flooding 4. United Nations 5. Providing food and essentials 6. Donate and raise awareness

True-False: 7. False 8. False 9. False 10. False 11. False 12. False

Gap-Fill: 13. Wars 14. April 15. children 16. donate 17. sustainable 18. essentials

CATEGORY

1. Health - LEVEL3

Date Created

2025/02/21

Author

aimeeyoung99

ESL-NEWS.COM