



TV and Streaming Picks for Wednesday, 4 March 2026

Description

Every day, TVLine's "What to Watch" column highlights new and returning English-language shows and selected movies that are premiering or airing fresh episodes. This information is organised by release time and arranged alphabetically.

On Wednesday, new titles include "Young Sherlock" on Prime Video, "Hijack" concluding its second season, and a three-part crossover event for #OneChicago on NBC.

At 3:00 AM ET, Netflix will release "Blue Therapy," where seven couples seek help from a therapist to address their relationship issues. Meanwhile, Prime Video's "Cross" features a character named Cross who is coping with a recent attack. The season finale of "Hijack" will also air on Apple TV, with Sam risking his life to save Marsha during a critical handover. Netflix's "Love Is Blind" will reveal which couples choose to marry and which do not, as its tenth season comes to an end.

At 8:00 PM ET, the #OneChicago crossover event begins, sending the Firehouse 51 team to an airfield after a passenger jet goes silent mid-air, creating a complex mystery. Other highlights include a tribute to the late Ozzy Osbourne on "The Masked Singer," and dilemmas faced by the characters on "Scrubs."

New episodes will continue throughout the night, including the series finale of "The Beauty" at 9:00 PM ET. The series, which examines the cost of beauty, concludes its first season. Following that, "America's Culinary Cup" premieres on CBS, featuring talented chefs in a competitive cooking arena.

Vocabulary List:

1. **Premiering** /prɪˈmɪər.i.ɪŋ/ (verb): First showing of a movie or show.
2. **Episodes** /ˈɛp.ɪ.səʊdz/ (noun): Parts of a series or show.
3. **Returning** /rɪˈtɜrn.ɪŋ/ (verb): Coming back to show again.
4. **Crossover** /ˈkrɒs,ʊv.vər/ (noun): Two shows joining together in one story.
5. **Concluding** /kənˈkluː.dɪŋ/ (verb): Bringing something to an end.
6. **Relationship** /rɪˈleɪʃənʃɪp/ (noun): Connection between two or more people.

Comprehension Questions



Multiple Choice

1. What time will Netflix release 'Blue Therapy'?
 - Option: 3:00 AM ET
 - Option: 8:00 PM ET
 - Option: 9:00 PM ET
 - Option: 10:00 PM ET
2. Which network is airing the #OneChicago crossover event?
 - Option: CBS
 - Option: NBC
 - Option: ABC
 - Option: FOX
3. What show features couples discussing their relationship issues?
 - Option: Love Is Blind
 - Option: Blue Therapy
 - Option: Young Sherlock
 - Option: The Beauty
4. What is the main theme of 'The Beauty' series?
 - Option: Cooking competitions
 - Option: Relationship dilemmas
 - Option: The cost of beauty
 - Option: Mysteries in aviation
5. Which character is coping with a recent attack in 'Cross'?
 - Option: Sam
 - Option: Marsha
 - Option: Cross
 - Option: Ozzy
6. What cooking competition show premieres after 'The Beauty'?
 - Option: America's Culinary Cup
 - Option: Top Chef
 - Option: Hell's Kitchen
 - Option: MasterChef



True-False

7. 'Blue Therapy' is a movie premiering on Netflix.
8. 'Hijack' is concluding its first season.
9. The #OneChicago event will send the Firehouse 51 team to an airfield.
10. 'America's Culinary Cup' is a new episode airing on CBS.
11. 'The Masked Singer' is a tribute to the late Ozzy Osbourne.
12. 'Scrubs' is a cooking competition show.

Gap-Fill

13. 'Blue Therapy' is released on Netflix at _____ AM ET.
14. 'Hijack' will conclude its second season on _____ TV.
15. The series finale of 'The Beauty' airs at _____ PM ET.
16. The #OneChicago crossover event begins at _____ PM ET.
17. The show 'Love Is Blind' reveals the couples' decisions at the end of its _____ season.
18. 'Young Sherlock' is available on _____ Video.

Answer

Multiple Choice: 1. 3:00 AM ET 2. NBC 3. Blue Therapy 4. The cost of beauty 5. Cross 6. America's Culinary Cup

True-False: 7. False 8. False 9. True 10. True 11. True 12. False

Gap-Fill: 13. 3:00 14. Apple 15. 9:00 16. 8:00 17. tenth 18. Prime

Vocabulary quizzes



Multiple Choice (Select the Correct answer for each question.)

1. What is a common synonym for the word 'illusion'?
 - Option: reality
 - Option: deception
 - Option: truth
 - Option: clarity

2. What does the term 'distort' most closely mean?
 - Option: to clarify
 - Option: to change the shape or sound of
 - Option: to reinforce
 - Option: to heal

3. What are 'commitments' often associated with?
 - Option: flexibility
 - Option: promises
 - Option: uncertainty
 - Option: doubt

4. To 'assess' something means to do what?
 - Option: to ignore
 - Option: to evaluate or estimate
 - Option: to create
 - Option: to announce

5. What might someone rely on when making a decision based on feelings rather than facts?
 - Option: analysis
 - Option: intuition
 - Option: statistics
 - Option: history

6. What is the purpose of 'alignment' in a project?
 - Option: disagreement
 - Option: coordination
 - Option: confusion
 - Option: randomization

7. What do antitrust laws aim to prevent?
 - Option: competitor collaboration
 - Option: government control
 - Option: monopolies



Option: price reductions

8. In legal terms, what is a 'settlement'?

Option: a disagreement

Option: an agreement reached between parties

Option: a trial outcome

Option: a court sentence

9. What is 'overcharging' commonly referred to as?

Option: discounting

Option: price gouging

Option: selling

Option: bargaining

10. What does 'exclusive' imply when referring to a club?

Option: open to everyone

Option: limited access

Option: free membership

Option: government-owned

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. Many magicians create an _____ to entertain their audience.

12. High volumes can _____ sound waves, affecting audio quality.

13. She had several _____ to fulfill before the end of the month.

14. The teacher will _____ the students' progress at the end of the term.

15. Sometimes, relying on your _____ can lead to the best decisions.

16. Proper _____ of the wheels can improve a car's handling.

17. The company was investigated for potential _____ violations.

18. The parties reached a _____ before the case went to trial.

19. Consumers reported issues of _____ by the service provider.

20. They launched an _____ line of products only available to VIP customers.



Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The movie created an illusion that transported viewers to another world.
22. The photographer used editing techniques to distort the original image.
23. His commitments kept him busy throughout the week.
24. Professionals often assess risks before making important decisions.
25. Her intuition told her that something was off about the situation.
26. The alignment of the planets created a stunning visual in the night sky.
27. Antitrust laws are designed to promote competition and prevent monopoly practices.
28. The settlement resolved the lawsuit, allowing both parties to move forward.
29. The company's overcharging practices led to a public relations nightmare.
30. An exclusive interview with the celebrity drew in millions of viewers.

Answer

Multiple Choice: 1. deception 2. to change the shape or sound of 3. promises 4. to evaluate or estimate 5. intuition 6. coordination 7. monopolies 8. an agreement reached between parties 9. price gouging 10. limited access

Gap-Fill: 11. illusion 12. distort 13. commitments 14. assess 15. intuition 16. alignment 17. antitrust 18. settlement 19. overcharging 20. exclusive

Matching sentence: 1. illusion 2. distort 3. commitments 4. assess 5. intuition 6. alignment 7. antitrust 8. settlement 9. overcharging 10. exclusive

CATEGORY

1. Entertainment - LEVEL4

POST TAG

1. 2026
2. ESL learning
3. esl news
4. Level 4
5. March 4



6. streaming
7. tv

Tags

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