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## UAMS starts new program for helping rural health differences in places that need more support

### Description

The University of Arkansas for Medical Sciences (UAMS) has started a new institute called the UAMS Institute for Community Health Innovation. The institute will help improve health in rural areas of Arkansas. They will work with different communities to do research and create programs to make people healthier. The institute has 170 workers and offices in different cities in Arkansas. The director of the institute is Pearl McElfish. She has a lot of experience in helping communities stay healthy. The institute aims to find new ways to help people in Arkansas live better. They want to work with different groups to make sure everyone in the state is healthy. This is a big step for the UAMS and their mission to help everyone in Arkansas be healthier.

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### Vocabulary List:

1. **Institute** // (noun): An organization or establishment for a particular purpose, especially a place of education.
2. **Community** // (noun): A group of people living in the same place or having a particular characteristic in common.



3. **Innovation** // (noun): The introduction of new things, ideas, or ways of doing something.
4. **Rural** // (adjective): Relating to the countryside rather than the town.
5. **Research** // (noun): The detailed study of a subject, especially in order to discover new information or reach a new understanding.
6. **Programs** // (noun): A planned series of future events or performances.

## Vocabulary quizzes

### Multiple Choice ( Select the Correct answer for each question. )

1. What is a formal decision made between two or more parties?  
Option: Hostages  
Option: Disparities  
Option: Agreement  
Option: Racism
2. What term is used to describe a global outbreak of a disease?  
Option: Community  
Option: Pandemic  
Option: Research  
Option: Innovation
3. What is a mark of disgrace associated with a particular circumstance or person?  
Option: Mindfulness  
Option: Stigma  
Option: Counselor  
Option: Programs
4. Which medical condition is characterized by high blood sugar levels?  
Option: Diabetes  
Option: Access  
Option: Racism  
Option: Institute
5. What term refers to the introduction of something new or making changes in anything established?  
Option: Resources  
Option: Rural  
Option: Innovation  
Option: Supplies
6. What term describes the actions or reactions of a person in response to external or internal stimuli?



- Option: Behavior
- Option: Serious
- Option: Hunger
- Option: Reached

7. Which type of therapy focuses on helping individuals develop healthier thinking patterns?

- Option: Hormone Replacement Therapy (HRT)
- Option: Cognitive Therapy
- Option: Menopause
- Option: Symptoms

8. Which term describes areas located outside cities and towns?

- Option: Dashboard
- Option: Diabetes
- Option: Rural
- Option: Crisis

9. What is the natural biological process that marks the end of menstruation in women?

- Option: Menopause
- Option: Counselor
- Option: Supplies
- Option: Remote

10. What systematic investigation is done to establish facts and reach new conclusions?

- Option: Communities
- Option: Pandemic
- Option: Research
- Option: Programs

**Gap-Fill ( Fill in the blanks with the correct word from the vocabulary list. )**

11. During the negotiation the terrorists demanded the release of three \_\_\_\_\_ in exchange for the hostages.

12. The organization urgently needs to replenish its medical \_\_\_\_\_ to assist the disaster-stricken region.

13. After hours of hiking the climbers finally \_\_\_\_\_ the mountain peak and were



rewarded with a breathtaking view.

14. The university offers a wide range of extracurricular \_\_\_\_\_ to enhance students' skills and interests.

15. The medical records are strictly \_\_\_\_\_ and can only be accessed by authorized personnel.

16. The local \_\_\_\_\_ rallied together to clean up the park and make it a safer place for children to play.

17. The school \_\_\_\_\_ provided guidance and support to students experiencing emotional difficulties.

18. The research \_\_\_\_\_ is dedicated to advancing scientific knowledge and innovation in various fields.

19. The government declared a national \_\_\_\_\_ in response to the escalating environmental disaster.

20. The company allocated additional \_\_\_\_\_ to address the growing demand for its products.

**Matching Sentences ( Match each definition to the correct word from the vocabulary list. )**

|                                                                                                    |
|----------------------------------------------------------------------------------------------------|
| 21. Widespread famine in the region led to severe among the population.                            |
| 22. There are significant in access to healthcare between urban and rural areas.                   |
| 23. The global required coordinated efforts from all countries to control the spread of the virus. |
| 24. Efforts to combat in society have become a focal point in many social justice movements.       |
| 25. Due to the pandemic many employees were required to work from home.                            |



|                                                                                                      |
|------------------------------------------------------------------------------------------------------|
| 26. Equal to education is essential for ensuring opportunities for all individuals.                  |
| 27. The project manager used a digital to track the progress of key performance indicators.          |
| 28. The non-profit organization provides valuable to support underprivileged communities.            |
| 29. Mental health advocates work to eliminate the surrounding seeking help for psychological issues. |
| 30. The company prides itself on fostering a culture of and creativity to drive product development. |

## Answer

**Multiple Choice:** 1. Agreement 2. Pandemic 3. Stigma 4. Diabetes 5. Innovation 6. Behavior 7. Cognitive Therapy 8. Rural 9. Menopause 10. Research

**Gap-Fill:** 11. hostages 12. supplies 13. reached 14. programs 15. confidential 16. community 17. counselor 18. institute 19. crisis 20. resources

**Matching sentence:** 1. hunger 2. disparities 3. pandemic 4. racism 5. remotely 6. access 7. dashboard 8. resources 9. stigma 10. innovation

## CATEGORY

1. Health - LEVEL1

## Date Created

2024/02/28

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